

Sanction #: HS 40C-26



- Meet:** 2025 – 2026 SPC Championships
- Meet Date:** Friday February 13<sup>th</sup> and Saturday February 14<sup>th</sup>  
Schedule to Follow
- Venue:** St. Mark’s School of Texas  
10600 Preston Road  
Dallas Texas, 75230
- Entry Deadline:** Tuesday February 10<sup>th</sup>, 2026
- Entry Email:** Meet Director  
Sarah Stallkamp [stallkamp.sarah@gmail.com](mailto:stallkamp.sarah@gmail.com)
- Entry Fee’s:** N/A
- Invited Teams:** 3A: List of Awty, John Cooper, St. Andrews, ESD, Trinity Valley, Cistercian, Ft. Worth Country Day, Oakridge  
  
4A: List of SM, Hock, St. Johns, St. Stephens, Greenhill, EHS, Duchesne, Kinkaid, Houston Christian
- Qualifying Times:** See SPC Manuel for applicable times.
- Entries:** Each athlete is allowed to swim a maximum of 2 individuals and 2 relays. Each Team is allowed maximum of 4 entries per event and 1 entry per relay.
- Entry Procedure:** Entries will be do February 10<sup>th</sup> by 12:00 PM. The only acceptable mode of entry is via Hy-Tek Meet Entry File. A hard copy (PDF) MUST

accompany as well. Please email entries to the Meet Director Sarah Stallkamp [stallkamp.sarahe@gmail.com](mailto:stallkamp.sarahe@gmail.com).

- Note:** This meet will be “Approved for Observation” by USA Swimming for NTV purposes. Only times achieved by swimmers who are currently registered and in good standing with USA Swimming, have an accurate and complete USA Swimming Number and birthdate in the Meet Manager Database and conform to the Technical Rules and be loaded in the SWIMS database. Please make sure your athletes correct USA Swimming ID number is included though meet manger.
- Parking:** Security team will help direct all busses. Please provide the number of busses or vans you will be using when submitting Meet Files.
- Attendance:** Please provide number of athletes and coaches your team will be bringing to event. In an effort to make sure each team has appropriate amount of seating during the meet.
- Facility:** St. Mark’s is a 30 meter by 25-yard indoor pool with a minimum depth of 7 feet. We will use a Colorado Gen 7 timing system with touchpads. The competition pool will be set up as 8, 25 yard lanes. The remaining 4 lanes will be available to all teams for warm up/down use. All times will be recorded and input into Meet Manager.
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- Timers:** Timers and runners will be provided by the attending teams. There will be a timer meeting 15 minutes prior to the start of the meet.
- Scoring:** NFHS Standard Scoring for individual and relay events. Individual: 9-7-6-5-4-3-2-1. Relays 18-14-12-10-8-6-4-2.
- Awards:** There will be a 10 minute awards break after two (2) events.

## Warm Up

### Schedule:

Warm-up times and lanes will be assigned once entries are submitted; Each team will have an hour for warm-up; Each team is responsible for One-2ay Dive sprints during their warm-up time. Lanes 9-12 will remain open throughout the meet for general warm-up/cool down. Please prioritize lanes 10-12 first before flowing into lane 9. Feet first entry only.

### Order of Events Friday

Event	Gender	Number Event	Gender	Event
3	Women	200 Yard Free	Men	4
5	Women	200 Yard IM	Men	6
7	Women	50 Yard Free	Men	8
-	-	<b>10 Minute Break</b>	-	-
9	Women	100 Yard Fly	Men	10
11	Women	100 Yard Freestyle	Men	12
13	Women	500 Yard Free ( <b>3A, Time Finals</b> )	Men	14
-	-	<b>10 Minute Break</b>	-	-
15	Women	100 Yard Back	Men	16
17	Women	100 Yard Breast	Men	18

### Order of Events Saturday

Event	Gender	Number Event	Gender	Event
1	Women	200 Yard Medley Relay	Men	2
3	Women	200 Yard Free	Men	4
-	-	<b>10 Minute Award Break</b>	-	-
5	Women	200 Yard IM	Men	6
7	Women	50 Yard Free	Men	8
-	-	<b>10 Minute Award Break</b>	-	-
9	Women	100 Yard Fly	Men	10
11	Women	100 Yard Freestyle	Men	12
-	-	<b>10 Minute Award Break</b>	-	-
13	Women	500 Yard Free	Men	14
15	Women	200 Yard Free Relay	Men	16
-	-	<b>10 Minute Award Break</b>	-	-
17	Women	100 Yard Back	Men	18
19	Women	100 Yard Breast	Men	20
-	-	<b>10 Minute Break</b>	-	-
21	Women	400 Yard Free Relay	Men	22