

Mansfield Aquatic Club

Senior Meet

May 17-19, 2024

- Sanction #:** NT 015-24
Held under the sanction of USA Swimming by North Texas Swimming, Inc.
- MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- APT:** Adult athletes (18 and older) must complete Athlete Protection Training (APT) prior to the first day of the meet and show proof of completion in their USA Swimming account prior to competing. Times achieved by an adult athlete who competes without completing this membership requirement will NOT count for qualification or recognition in individual events or relays.
- Venue:** Mansfield ISD Debbie Weems Natatorium, 1001 N. Holland Road, Mansfield, TX 76063
- Facility:** 8 lanes, 50-meter competition pool with 4 lanes, 25-yard warm-up pool. Daktronics timing system and scoreboard will be in use. Hy-Tek Meet Manager will be in use. Current USA Swimming, Inc. rules will apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. To meet safety regulations, the pool deck is limited to swimmers, coaches, officials, timers, and meets personnel only. Parents and other spectators must remain in the bleachers above the pool. No chairs are allowed in the bleacher area except for "stadium seats". No standing along the railing will be allowed. No food or drink (except water) is allowed on the deck.
- Water Depth:** The minimum water depth, measured in accordance with Article 103.2.3, is 8 feet, 0 inches at the start end and the turn end is 8 feet, 0 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.
- Course Certification:** The competition course has not been certified in accordance with 104.2.2C (4).
- Spectator Information:** Parents and other spectators must remain in the bleachers above the pool. No chairs are allowed in the bleacher area except for "stadium seats". No standing along the railing will be allowed.
- Sanction:** This meet has been sanctioned by North Texas Swimming and current USA Swimming rules and any relevant sections of the North Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2024 with USA Swimming by the meet entry deadline.
North Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
- Liability:** In granting this sanction and by any person's participation in the meet, it is understood and agreed that USA Swimming, Inc., North Texas Swimming, Inc., all meet officials, Mansfield ISD Debbie Weems Natatorium shall be free from any and all liabilities or any claims for any damages, even if such liabilities or claims are due to the negligence of such organizations, arising by reason of injuries to anyone during the conduct of the meet.
Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.
- Medical Supervision:** Mansfield ISD Debbie Weems Natatorium has Part Time American Red Cross Certified Lifeguards. Training includes, but are not limited to, CPR, AED, and First Aid.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be currently 2024 registered with USA Swimming and in good standing. No swimmer will be permitted to compete unless the swimmer is a member in good standing of USA Swimming as outlined in Article 302 in the USA Swimming Rulebook. All should also be prepared to present their USA Swimming Account as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late entered because of clerical errors by the entering team or the meet host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming Account. Current national and LSC regulations do not allow for exceptions to these policies.

Meet Format: Meet will be limited to 400 athletes. This is a Prelims/Finals meet with the exception of the 800 and 1500 Freestyle. All events will be swum as Open. Top three heats from prelims qualify for finals.

Prelims

Events 200 or less will be pre-seeded fastest to slowest.

Positive check in is required for events 400m and above. Check in for the 400 Freestyle and 400 Individual Medley will close 30 minutes prior to the start of the prelim session on the day the event will swim. Prelims 400 Individual Medley and 400 Freestyle will be swum fastest to slowest with the top 3 seeded heats of women followed by the top 3 seeded heats of men then alternating the women/men remaining heats.

800 Freestyle and 1500 Freestyle are timed final events. They will swim in a distance session prior to finals on Sunday. Warm up and start time for the session will be announced after the 800/1500 check in closes Saturday evening at 5:00pm. The events will be swum fastest to slowest as follows 1 heat girls 800, 1 heat boys 800, 1 heat girls 1500, followed by 1 heat boys 1500. Athletes in the distance session will provide their own timer and counter.

Finals

Events will swim slowest to fastest (C, B, A).

Heat Sheets: Will be sold through Meet Mobile.

Qualifying

Times: Swimmers must have achieved the 15-16 'AA' time standard (2021-2024) to enter the meet. Any swimmer with at least 1 qualifying time can enter up to the meet entry limit with the exception of the 800 and 1500. Swimmers must have the 15-16 AA time in the 800/1500 or SCY equivalent to enter the 800/1500 Free.

Age-Up Date: The age of the swimmer will be his/her age on May 17, 2024.

Restrictions: Swimmers may participate in a maximum of three (3) individual events per Session.

Teams

Invited: North Texas Teams and any team invited by Mansfield Aquatic Club.

Entry

Deadline: All entries must be submitted using the USA Swimming OME (Online Meet Entry) system at www.usaswimming.org/ome. OME entries are due no later than Sunday, May 5 at midnight Central Time. Meet is named 2024 Mansfield Aquatic Club Senior Meet in OME for entries.

Entry

Procedures: OME will be open for entries on March 1, 2024 and close May 5, 2024 at midnight or earlier if the meet reaches 400 swimmers. OME is not an eligibility report; coaches are responsible for knowing events for which their swimmers are qualified. Your team entry personnel are responsible for confirming the accuracy of receipt of entries with the Meet Entry Contact if an acknowledgment is not received. Please bring all paperwork to the meet. Entry problems or questions: Nick Johnson at mansfieldmeetentires@gmail.com 817- 276-5237.

**Daily
Schedule:**

Session	Doors Open	Warm Up	Pace/ One Way	Session Start
Friday Prelims	6:45am	7:00-8:30am	8:30-8:50am	9:00am
Friday Finals	3:30pm	3:45-4:30pm	4:30-4:50pm	5:00pm
Saturday Prelims	6:45am	7:00-8:30am	8:30-8:50am	9:00am
Saturday Finals	3:30pm	3:45-4:30pm	4:30-4:50pm	5:00pm
Sunday Prelims	6:45am	7:00-8:30am	8:30-8:50am	9:00am
Sunday Distance	TBD	TBD	TBD	TBD
Sunday Finals	3:30pm	3:45-4:30pm	4:30-4:50pm	5:00pm

Entry Fees: Individual Event: \$10.00
Surcharge: \$15.00 per athlete (\$3.00 will go to North Texas Swimming, Inc.)

Deck Entries: Deck Entries will be accepted if open lanes are available, new heats will not be created. Deck entries will be accepted up to 30 minutes prior to the start of the meet. Deck entries are \$20.00.

Scratch Rule: No Shows at prelims will be allowed with no penalty. No Shows for all final heats will be penalized. Scratches for all final events are required per current USA Swimming, Inc. rules 207.11.6D and 2.11.6E. Additionally, first and second alternates shall be announced along with the qualifiers for the final heat. These alternates shall not be penalized if unavailable to compete in the Finals. For all final heats, those swimmers who qualify and then fail to declare their intention to scratch to the Clerk of Course within thirty (30) minutes of the announcement of the finalists for that event, then fail to scratch within thirty (30) minutes of their last event of that session and fail to compete in the event in the finals will be barred from all subsequent competition in the meet. Swimmers may be excused because of illness, injury, or situations beyond the swimmers' control at the discretion of the Meet Referee.

Meet Staff: **Meet Referee:** Jason Roberts
Starter: Sam Smith
Stroke & Turn Officials: Ricardo Robaina, Kyle Watkins
Admin Referee: Phil Lakota
Meet Director: Nick Johnson
Head Safety Marshall: Armando Lucero
Club Safe Sport Chair: Deneen Carter

Cell Phone

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. No cameras (including cell phone cameras) or other recording devices are allowed behind the blocks at any time.

Drone

Restrictions: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Racing Starts: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. A racing start includes all forward starts from the block or deck, and any backstroke start, including the use of ledges.

Unaccompanied

Swimmers: When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Swimmer
Photographs
and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

**Deck
Changing:**

Deck changes are prohibited.

**Swimmers with
Disabilities:**

Coaches and or swimmers are responsible for notifying the meet referee of any disability prior to the competition and for providing their own assistant or equipment. However, coaches/swimmers may contact the meet director at least 2 weeks in advance of the meet to reserve proper equipment. In any meet sanctioned or approved by North Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be judged under Article 105.

Officials:

All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2024 and have a current Background Check, Athlete Protection Course, and Concussion Protocol Training acknowledged by USA Swimming.

Timers:

The host team will attempt to provide backup timers for this meet, but volunteers from visiting teams may be needed. Swimmers must provide their own timers for the 800/1500.

Awards:

No Awards

Scoring:

The top 16 places in finals will score. Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Order of Events

Session 1/2
Friday, May 17

1	100m Freestyle	2
3	100m Breaststroke	4
5	200m Butterfly	6
7	400m Freestyle	8

Session 3/4
Saturday, May 18

9	200m Freestyle	10
11	200m Backstroke	12
13	400m Individual Medley	14
15	100m Butterfly	16

Session 5/7
Sunday, May 19

17	100m Backstroke	18
19	200m Breaststroke	20
21	200m Individual Medley	22
23	50m Freestyle	24

Session 6
Distance
Sunday, May 19

25	800 Free *Timed Final	26
27	1500 Free *Timed Final	28

NORTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	1 and 10	2 and 9	3 through 8
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
 - d. Dive sprints may only be done under the direct supervision of the coach.
 - e. There will be no diving in the general warm-up lanes—circle swimming only.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "North Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.