

Mansfield Aquatic Club

Winter Invitational

December 1-3, 2023

- Sanction #:** NT 070-23
Held under the sanction of USA Swimming by North Texas Swimming, Inc.
- MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- APT:** Adult athletes (18 and older) must complete Athlete Protection Training (APT) prior to the first day of the meet and show proof of completion in their USA Swimming account prior to competing. Times achieved by an adult athlete who competes without completing this membership requirement will NOT count for qualification or recognition in individual events or relays.
- Venue:** Mansfield ISD Debbie Weems Natatorium, 1001 N. Holland Rd, Mansfield, TX 76063
- Facility:** One 10 lane, 25 yard competition pool. Twelve additional lanes available for continuous warm up/warm down. Daktronics timing system and scoreboard will be in use. Hy-Tek Meet Manager will be in use. Current USA Swimming, Inc. rules will apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. To meet safety regulations, the pool deck is limited to swimmers, coaches, officials, timers, and meet personnel only. No food or drink (except water) is allowed on the deck.
- Water Depth:** The minimum water depth, measured in accordance with Article 103.2.3, is 8 feet, 0 inches at the start end and the turn end is 8 feet, 0 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls
- Course Certification:** The competition course has not been certified in accordance with 104.2.2C (4).
- Spectator Information:** Parents and other spectators must remain in the bleachers above the pool. No chairs are allowed in the bleacher area except for "stadium seats". No standing along the railing will be allowed.
- Sanction:** This meet has been sanctioned by North Texas Swimming and current USA Swimming rules and any relevant sections of the North Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2023/24 with USA Swimming by the meet entry deadline.
North Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
- Liability:** In granting this sanction and by any persons participation in the meet, it is understood and agreed that USA Swimming, Inc., North Texas Swimming, Inc., all meet officials, Mansfield ISD Debbie Weems Natatorium shall be free from any and all liabilities or any claims for any damages, even if such liabilities or claims are due to the negligence of such organizations, arising by reason of injuries to anyone during the conduct of the meet.
Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.
- Medical Supervision:** Mansfield ISD Debbie Weems Natatorium has Full Time and Part Time American Red Cross Certified Lifeguards. Training includes, but are not limited to, CPR, AED, and First Aid. (Example of supervision requirement)

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be currently 2023 registered with USA Swimming and in good standing. No swimmer will be permitted to compete unless the swimmer is a member in good standing of USA Swimming as outlined in Article 302 in the USA Swimming Rulebook. All should also be prepared to present their USA Swimming Account as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the meet host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming Account. Current national and LSC regulations do not allow for exceptions to these policies.

Meet Format: Meet will be limited to 450 swimmers. This meet is a prelims/finals meet for individual events with the exception of 13 & over 1000 Free and 12 & under 500. All relays are timed final events swimming in finals.

Prelims:

Events 200 and below will be pre-seeded fastest to slowest.

Events 400 and above will require positive check in. Athletes participating in events 400 and above will need to provide their own timers in prelims. Athletes in the 500 Free will also need to provide their own counter. Check in for the 500 Free and 400 IM will close 30 minutes prior to the start of the prelim session on the day the event will swim. In Prelims 13 & over 400 IM and 500 Free will swim top 3 seeded heats of women followed by top 3 seeded heats of men then remaining heats will alternate 1 heat of girls followed by 1 heat of boys fastest to slowest.

Finals:

10 & under: Top 10 will advance to finals.

11-12: Top 20 will advance to finals. Top 10 qualifiers A Final, 11-20 B Final.

13-14: Top 20 will advance to finals. Top 10 qualifiers A Final, 11-20 B Final.

15 & over: Top 30 will advance to finals. Top 10 qualifiers A Final, 11-20 B Final. 21-30 C Final.

Finals heats will swim slowest to fastest. All relays are timed finals and will swim in finals.

1000 Freestyle is a timed final event. The 1000 Free will swim in a session by itself. This session will swim prior to the finals session on Sunday. Warm up and start time for the session will be announced after the 1000 check in closes Saturday at 5:00pm. The 1000 will alternate 1 heat of girls followed by 1 heat of boys fastest to slowest.

12 & under 500 Free is a timed final event. Top 10 entries will swim in finals all other entries will swim in prelims.

Relays:

All relays will swim in Finals. Teams are only allowed "A" Relays. No Relay only swimmers.

Mansfield Aquatic Club reserves the right to change warm up sessions and start times depending on meet size.

Scratch Rule: Scratches for finals, current USA Swimming, Inc. rules 207.11.6D and 2.11.6E. Additionally, first and second alternates shall be announced along with the qualifiers for the consolation final heat and/or the championship final heat. These alternates shall not be penalized if unavailable to compete in finals. For championship and consolation finals, those swimmers who qualify and then fail to declare their intention to scratch to the Clerk of Course within thirty (30) minutes of the announcement of the finalists for that event, then fail to scratch within thirty (30) minutes of their last event of that session and fail to compete in the event in the finals will be barred from all subsequent competition in the meet. Swimmers may be excused because of illness, injury or situations beyond the swimmers' control at Meet Referee discretion.

Heat Sheets: Will be sold through Meet Mobile.

Qualifying

Times: 10 & under athletes must meet "BB" time standard in each event to qualify. Athletes 11 & over must meet the "A" time standard in each event.

Age-Up Date: The age of the swimmer will be his/her age on December 1, 2023.

Restrictions: Swimmers may participate in a maximum of 7 individual events for the meet and no more than three (3) individual events per session. No Relay only swimmers.

Teams

Invited: North Texas "West Division" and teams outside the North Texas LSC invited by Mansfield Aquatic Club.

Entry

Deadline: All entries shall be received, not later than 12:00PM Central Time, Monday, November 20.

Entry

Procedures: All entries must be submitted using Hy-Tek Team Manager or its equivalent to the Entries Chair. Email is the preferred method of delivery; if you need to submit entries in another format please contact the Entries chair to make other arrangements. Include a meet entry Report of your entries, listing the swimmer, USA Swimming ID, and entries by swimmer.

Entries Chair:

Nick Johnson mansfieldmeetentries@gmail.com 817-276-5237

Mansfield Aquatic Club

1001 N. Holland Rd

Mansfield, TX 76063

Please include a Meet Entry Fee report with your entries. Entry fees must be received by Friday, December 1, 2023 or your entries will be removed from the meet. Refunds will not be given for any reason.

Make checks payable to: Mansfield Aquatic Club

Send checks to: Mansfield Aquatic Club

C/O: Cody Huckabay

1001 N. Holland Rd

Mansfield, TX 76063

Daily

Schedule:

Session	Doors Open	Warm Up	Pace/One Way	Meet Start
Friday AM	6:45am	7:00-8:00am	8:00-8:20am	8:30am
Friday PM	3:30pm	3:45-4:30pm	4:30-4:50pm	5:00pm
Saturday AM	6:45am	7:00-8:00am	8:00-8:20am	8:30am
Saturday PM	3:30pm	3:45-4:30pm	4:30-4:50pm	5:00pm
Sunday AM	6:45am	7:00-8:00am	8:00-8:20am	8:30am
1000 Free	TBD	TBD	TBD	TBD
Sunday PM	3:30pm	3:45-4:30pm	5:00-5:20pm	5:00pm

Mansfield Aquatic Club reserves the right to change warm up sessions and start times depending on meet size.

Entry Fees:

Individual Event: \$10.00

Relay: \$15.00

Surcharge: \$15.00 per athlete (\$3.00 will go to North Texas Swimming, Inc.)

Deck Entries:

No Deck Entries allowed.

Meet Staff:

Meet Referee: Jason Roberts

Starter: Sam Smith

Stroke & Turn Officials: Jim Clift and Rick Robaina

Admin Official (or Referee): Phil Lakota

Meet Director: Nick Johnson 817-276-5237 mansfieldmetentries@gmail.com

Head Safety Marshall: Armando Lucero

Club Safe Sport Chair: Deneen Carter

Cell Phone

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. No cameras (including cell phone cameras) or other recording devices are allowed behind the blocks at any time

Drone

Restrictions: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Racing Starts: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. A racing start includes all forward starts from the block or deck, and any backstroke start, including the use of ledges.

Unaccompanied

Swimmers: When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Swimmer
Photographs
and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck

Changing: Deck changes are prohibited.

Swimmers with

Disabilities: Coaches and or swimmers are responsible for notifying the meet referee of any disability prior to the competition and for providing their own assistant or equipment. However, coaches/swimmers may contact the meet director at least 2 weeks in advance of the meet to reserve proper equipment. In any meet sanctioned or approved by North Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials: All currently 2023 certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2023 and have a current Background Check, Athlete Protection Course, and Concussion Protocol Training acknowledged by USA Swimming. Official attire: Prelims white top over navy. Finals navy top over khaki.

Timers: Visiting teams will need to help providing timers. Host team will send out timing assignments prior to meet start. Swimmers must provide their own timers for events 400 and longer in prelims. Swimmers must provide their own lap counter for the 500 Free. Swimmers must provide their own timer and lap counter for the 1000 Freestyle.

Awards: An overall team award will be presented. Individual high point awards for each age group and gender will be awarded. Top 3 finishers in individual events will also receive an award. All awards must be picked up at the meet.

Scoring: Events will be scored by age group and gender as follows: Individual: 24-21-20-19-18-17-16-15-14-13 (Top 10) 11-9-8-7-6-5-4-3-2-1 (11-20). Relays will be double. Will score through prelims as needed to score top 20.

Order of Events SCY

Friday, December 1st Session 1 & 2

Girls	Event	Boys
1	200 Butterfly 11-12 13-14 15 and Over	2
3	50 Butterfly 10 and Under 11-12	4
5	100 Breaststroke 10 and Under 11-12 13-14 15 and Over	6
7	100 Freestyle 10 and Under 11-12 13-14 15 and Over	8
9	500 Freestyle 13-14 15 and Over *Alternate 1 heat girls/ 1 heat of boys in prelims	10
11	200 Medley Relay 10 and Under *Timed Final swimming in Finals	12
13	200 Medley Relay 11-12 *Timed Finals Swimming in Finals	14
15	400 Medley Relay 13-14 *Timed Final swimming in Finals	16
17	400 Medley Relay 15 and Over *Timed Final swimming in Finals	18

Saturday, December 2nd Session 3 & 4

Girls	Event	Boys
19	200 Backstroke 11-12 13-14 15 and Over	20
21	50 Backstroke 10 and Under 11-12	22
23	100 Butterfly 10 and Under 11-12 13-14 15 and Over	24
25	200 Freestyle 10 and Under 11-12 13-14 15 and Over	26
27	100 IM 10 and Under 11-12	28
29	400 IM 13-14 15 and Over *Alternate 1 heat girls/ 1 heat of boys	30
31	200 Free Relay 10 and Under *Timed Final swimming in Finals	32
33	200 Free Relay 11-12 *Timed Final Swimming in Finals	34
35	400 Free Relay 13-14 *Timed Final swimming in Finals	36
37	400 Free Relay 15 and Over *Timed Final swimming in Finals	38

Sunday, December 3rd
Session 5 & 7

Girls	Event	Boys
39	200 Individual Medley 10 and Under 11-12 13-14 15 and Over	40
41	50 Breaststroke 10 and Under 11-12	42
43	100 Backstroke 10 and Under 11-12 13-14 15 and Over	44
45	50 Freestyle 10 and Under 11-12 13-14 15 and Over	46
47	200 Breaststroke 11-12 13-14 15 and Over	48
49	500 Freestyle 10 and Under *Timed Final **Top 10 will Compete in Finals	50
51	500 Freestyle 11-12 *Timed Final **Top 10 will Compete in Finals	52

Sunday, December 3rd
Session 6

Girls	Event	Boys
53	1000 Freestyle 13 and Over *Timed Final **Will swim prior to Finals ***Alternate 1 heat girls/ 1 heat of boys	54

NORTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	1 and 10	2 and 9	3 through 8
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
 - d. Dive sprints may only be done under the direct supervision of the coach.
 - e. There will be no diving in the general warm-up lanes—circle swimming only.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "North Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.