

Mansfield Aquatic Club

2023 North Texas LC Age Group Championship

July 7-9, 2023

- Sanction #:** NT 056-23
Held under the sanction of USA Swimming by North Texas Swimming, Inc.
- MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- APT:** Adult athletes (18 and older) must complete Athlete Protection Training (APT) prior to the first day of the meet and show proof of completion in their USA Swimming account prior to competing. Times achieved by an adult athlete who competes without completing this membership requirement will NOT count for qualification or recognition in individual events or relays.
- Venue:** Mansfield ISD Debbie Weems Natatorium, 1001 N. Holland Road, Mansfield, TX 76063
- Facility:** 8 lane, 50 meter competition pool with 4 lane, 25 yard warm-up pool. Daktronics timing system and scoreboard will be in use. Hy-Tek Meet Manager will be in use. Current USA Swimming, Inc. rules will apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. To meet safety regulations, the pool deck is limited to swimmers, coaches, officials, timers, and meets personnel only. Parents and other spectators must remain in the bleachers above the pool. No chairs are allowed in the bleacher area except for "stadium seats". No standing along the railing will be allowed. No food or drink (except water) is allowed on the deck.
- Water Depth:** The minimum water depth, measured in accordance with Article 103.2.3, is 8 feet, 0 inches at the start end and the turn end is 8 feet, 0 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.
- Course Certification:** The competition course has not been certified in accordance with 104.2.2C (4).
- Spectator Information:** Parents and other spectators must remain in the bleachers above the pool. No chairs are allowed in the bleacher area except for "stadium seats". No standing along the railing will be allowed.
- Sanction:** This meet has been sanctioned by North Texas Swimming and current USA Swimming rules and any relevant sections of the North Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2023 with USA Swimming by the meet entry deadline. North Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
- Liability:** In granting this sanction and by any persons participation in the meet, it is understood and agreed that USA Swimming, Inc., North Texas Swimming, Inc., all meet officials, Mansfield ISD Debbie Weems Natatorium shall be free from any and all liabilities or any claims for any damages, even if such liabilities or claims are due to the negligence of such organizations, arising by reason of injuries to anyone during the conduct of the meet.
- Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be currently 2023 registered with USA Swimming. All Coaches are required to complete the USADA Coaching Advantage and all officials and coaches are to have completed Concussion Protocol Training. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming Account as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the meet host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming Account. Current national and LSC regulations do not allow for exceptions to these policies.

Meet Format: This is a prelim/finals meet for individual events 200 and below. Individual events 400 and above will be Timed Final Events. All relays are Timed Final events and will swim in Finals.

All prelim/final events will be seeded slowest to fastest with the fastest three (3) heats in prelims being circle seeded. In prelim/final events two heats will advance to finals (Top 16).

All timed final events will be seeded and swam fastest to slowest. In the 400 Free and 400 IM the Top 8 seeds in each event will swim in Finals. All other seeds will swim in prelims. Swimmers entered in the 800 & 1500 Free will swim the timed final event in session 6. Session 6 will begin 10 minutes after the completion of session 5. 800/1500 will be seeded fast to slow, alternating 1 heat girls 800, 1 heat boys 800, 1 heat girls 1500, and 1 heat boys 1500.

All events over 200m will require positive check in. Failure to check in at clerk of course before the deadline will result in the swimmer being scratched from the event. See the Meet Schedule for exact check-in times. All other events will be pre-seeded. Seed times entered should be the swimmer's best time for the stroke and distance.

Heat Sheets: Will be sold through Meet Mobile

Qualifying

Times: 10 and under swimmers participating in this meet must have a BB time for their age group in each event. 11-12 and 13-14 swimmers must have an A time for their age group in each event. No Relay only swimmers. All athletes must have qualifying time to enter. No entries will be accepted unless the entrant is registered with USA Swimming Inc, and NTS Inc. as provided in Article 302. Every club entered as a team in a North Texas Swimming sanctioned meet, must be a member of USA Swimming, Inc

Age-Up Date: The age of the swimmer will be his/her age on July 7, 2023.

Restrictions: Swimmers may participate in a maximum of three (3) individual events per session, and not exceed 7 individual events for the entire meet. No relay only swimmers.

Teams

Invited: Open to all teams in North Texas LSC.

Entry

Deadline: All entries shall be received, not later than 12:00PM Central Time, Tuesday, June 27.

Entry

Procedures: All entries must be submitted using Hy-Tek Team Manager or its equivalent to the Entries Chair. Email is the preferred method of delivery; if you need to submit entries in another format please contact the Entries chair to make other arrangements. Include a meet entry Report of you entries, listing the swimmer, USA Swimming ID, and entries by swimmer

Entries Chair:

Nick Johnson mansfieldmeetentries@gmail.com 817-276-5237

Mansfield Aquatic Club

1001 N. Holland Rd

Mansfield, TX 76063

Daily

Schedule: Warm-ups will be conducted in accordance with the current NTSI Safety Guidelines and Warm-up Procedures attached.

Session	Warm Up	Relay Cards/ Positive Check	Pace/One Way	Meet Start
Session 1 Friday Prelims	7:30am	8:30am	8:30-8:50am	9:00am
Session 2 Friday Finals	4:00pm	5:00pm	5:00-5:20pm	5:30pm
Session 3 Saturday Prelims	7:30am	8:30am	8:30-8:50am	9:00am
Session 4 Saturday Finals	4:00pm	5:00pm	5:00-5:20pm	5:30pm
Session 5 Sunday Prelims	7:30am	8:30am	8:30-8:50am	9:00am
Session 6 Sunday 800/1500		10:30am	N/A	TBD
Session 7 Sunday Finals	4:00pm	5:00pm	5:00-5:20pm	5:30pm

Entry Fees:

Individual Event: \$12.00 per individual event.

Relay: \$12.00 per relay.

Surcharge: \$15.00 North Texas surcharge for each athlete entering the meet. (\$3.00 will go to North Texas Swimming, Inc.)

Entry fees must be received by Friday, July 7, 2023 or your entries will be removed from the meet.

Refunds will not be given for any reason.

Make checks payable to: Mansfield Aquatic Club

Send checks to: Mansfield Aquatic Club

C/O: Cody Huckabay

1001 N. Holland Rd

Mansfield, TX 76063 Individual

Deck Entries: No Deck Entries allowed.

Meet Staff:

Meet Referee: Jason Roberts

Starter: Sam Smith

Stroke & Turn Officials: Jim Clift and Rick Robaina

Admin Referee: Traci Johnson

Meet Director: Nick Johnson

Head Safety Marshall: Armando Lucero

Club Safe Sport Chair: Deneen Carter

Cell Phone

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Drone

Restrictions: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Racing Starts: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. A racing start includes all forward starts from the block or deck, and any backstroke start, including the use of ledges.

Unaccompanied

Swimmers: When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmer**Photographs and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck

Changing: Deck changes are prohibited.

Swimmers with

Disabilities: Coaches and or swimmers are responsible for notifying the meet referee of any disability prior to the competition and for providing their own assistant or equipment. However, coaches/swimmers may contact the meet director at least 2 weeks in advance of the meet to reserve proper equipment. In any meet sanctioned or approved by North Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials: All currently 2023 certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2023 and have a current Background Check, Athlete Protection Course, and Concussion Protocol Training acknowledged by USA Swimming.

Timers: The host team will attempt to provide backup timers for this meet but volunteers from visiting teams may be needed. Swimmers must provide their own timers for events 400 and longer.

Awards: Awards will be provided for 1st and 2nd place combined team scores. Medals will be provided 1st-3rd place and ribbons 4th-8th. High Point awards will be given by age group and gender.

Scoring: Events will be scored by age group and gender 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays will be double

Friday, July 7

Sessions 1 and 2

1	13-14 400 Medley Relay *Timed Final Swimming in Finals	2
3	11-12 400 Medley Relay *Timed Final Swimming in Finals	4
5	10 and Under 200 Medley Relay *Timed Final Swimming in Finals	6
7	13-14 200 Freestyle	8
9	11-12 200 Freestyle	10
11	10 and Under 200 Freestyle	12
13	11-12 50 Butterfly	14
15	10 and Under 50 Butterfly	16
17	13-14 200 Breaststroke	18
19	11-12 200 Breaststroke	20
21	13-14 100 Backstroke	22
23	11-12 100 Backstroke	24
25	10 and Under 100 Backstroke	26
27	13-14 50 Freestyle	28
29	11-12 50 Freestyle	30
31	10 and Under 50 Freestyle	32
33	13-14 400 Individual Medley *Timed Final- Top 8 Swim in Finals	34

Saturday, July 8

Session 3 and 4

35	13-14 400 Free Relay *Timed Final will swim in Finals	36
37	11-12 400 Free Relay *Timed Final will swim in Finals	38
39	10 and Under 400 Free Relay *Timed Final will swim in Finals	40
41	11-12 50 Breaststroke	42
43	10 and Under Breaststroke	44
45	13-14 200 Backstroke	46
47	11-12 200 Backstroke	48
49	13-14 100 Butterfly	50
51	11-12 100 Butterfly	52
53	10 and Under 100 Butterfly	54
55	13-14 400 Freestyle *Timed Final- Top 8 Swim in Finals	56
57	11-12 400 Freestyle *Timed Final- Top 8 Swim in Finals	58
59	10 and Under 400 Freestyle *Timed Final- Top 8 Swim in Finals	60

Sunday, July 9

Sessions 5 and 7

61	13-14 200 Free Relay *Timed Final Swimming in Finals	62
63	11-12 200 Free Relay *Timed Final Swimming in Finals	64
65	10 and Under 200 Free Relay *Timed Final Swimming in Finals	66
67	13-14 200 Individual Medley	68
69	11-12 200 Individual Medley	70
71	10 and Under Individual Medley	72
73	100 Freestyle	74
75	11-12 100 Freestyle	76
77	10 and Under 100 Freestyle	78
79	11-12 50 Backstroke	80
81	10 and Under 50 Backstroke	82
83	13-14 200 Butterfly	84
85	11-12 200 Butterfly	86
87	13-14 100 Breaststroke	88
89	11-12 100 Breaststroke	90
91	10 and Under 100 Breaststroke	92
93	11-12 200 Medley Relay *Timed Finals Swimming in Finals	94
95	13-14 200 Medley Relay *Timed Finals Swimming in Finals	96

Sunday, July 9

Session 6

97	13-14 800 Freestyle *Timed Final	98
99	13-14 1500 Freestyle *Timed Final	100