### 36th Haunted Hat - 2023 BB/B/C Short Course Invitational Meet

Hosted by

### The Dallas Mustangs

October 20-22, 2023

The Dallas Mustangs Swim Team invites you to join us at Loos Natatorium in Addison, TX to compete in the 36<sup>th</sup> Annual Haunted Hat BB/B/C short course invitational meet. Space is limited and teams will need to contact head coach **Mook Rhodenbaugh (mook@dmswim)** to secure team entries into the meet.

**Sanction #:** NT 076-00

Held under the sanction of USA Swimming by North Texas Swimming, Inc.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the

provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this

competition.

**APT:** Adult athletes (18 and older) must complete Athlete Protection Training (APT) prior to the first day of the

meet and show proof of completion in their USA Swimming account prior to competing. Times achieved by an adult athlete who competes without completing this membership requirement will NOT count for

qualification or recognition in individual events or relays.

**Venue:** Alfred J. Loos Natatorium

3815 Spring Valley Rd. Addison, Texas 75240

Facility: An indoor 50-meter pool divided into two eight-lane 25-yard competition pools, each with a Colorado Timing

System. In between both competition pools are two warm-up/cool-down lanes. Large bleacher seating

areas are located above each pool.

Water Depth: The minimum water depth, measured in accordance with Article 103.2.3, is 4 feet, 00 inches at the start

end and the turn end is 5 feet, 00 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls for the west pool. The minimum water depth, measured in accordance with Article 103.2.3, is 11 feet, 00 inches at the start end and the turn end is 18 feet, 00 inches for a distance of 1.0 meter to 5.0 meters

from both end walls for the east pool.

Course

Certification: The competition course has not been certified in accordance with 104.2.2C (4).

Spectator

Information: Dallas ISD has a new clear bag guideline for fans entering any district athletic facility. Non-clear bags such

as backpacks, fanny packs or purses are **prohibited**. Guests can bring clear tote bags, a plastic storage bag or small clutch purse. For the district's complete policy, please refer to <u>Student Requirements / Clear</u>

and mesh backpack information (dallasisd.org)

Sanction: This meet has been sanctioned by North Texas Swimming and current USA Swimming rules and any

relevant sections of the North Texas Policies & Procedures Manual will apply. All swimmers must be

registered as athletes for 2023 with USA Swimming by the meet entry deadline.

North Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned

event shall conform in every respect to all technical and administrative rules of USA Swimming.

**Liability:** In granting this sanction and by any persons participation in the meet, it is understood and agreed that USA

Swimming, Inc., North Texas Swimming, Inc., all meet officials, Alfred J. Loos Natatorium shall be free from any and all liabilities or any claims for any damages, even if such liabilities or claims are due to the negligence of such organizations, arising by reason of injuries to anyone during the conduct of the meet.

Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending

swimmer's team, if attached, to be held accountable for repairs.

Medical

**Supervision:** Loos Natatorium does not provide Full Time or Part Time American Red Cross Certified Lifeguards.

#### **USA Swimming**

Registration: All swimmers, coaches, and officials participating in this competition must be currently 2023 registered with USA Swimming and in good standing. No swimmer will be permitted to compete unless the swimmer is a member good standing of USA Swimming as outlined in Article 302 in the USA Swimming Rulebook. All should also be prepared to present their USA Swimming Account as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the meet host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming Account. Current national and LSC regulations do not allow for exceptions to these policies.

Meet Format: This is a 4-session, timed final meet in SCY. The meet management reserves the right to change the starting procedures and timeline at its discretion to accommodate unusually large or small meet size or for any other practical consideration.

> Attention Novice Swimmers: Session 2 is a novice session. A swimmer with a 'B' time in an event cannot enter that event in the novice session. Swimmers with 2 or more 'B' times should enter sessions 1, 3 and 4. Session 2 events will be conducted with a ready bench; swimmers please be at the ready bench early.

All events will be conducted as timed finals, seeded fast to slow.

All Sessions will be pre-seeded, except for the 400 IM and 500 free long-distance events that will be deck seeded and require positive check-in 30 minutes prior to the event. Check-in has three options:

- **1.** An X or  $\sqrt{\phantom{a}}$  -indicates swimmer is present and intends to swim the event.
- 2. Scratch or SCR -indicates the swimmer has decided not to swim the event.
- 3. Failure to positively check-in or to scratch indicates the swimmer is not swimming for reason unknown.

**Heat Sheets:** Will be sold at the meet, \$5.00

Qualifying

Times: Athletes may only swim events they have achieved a "BB" standard in or slower.

**Age-Up Date:** The age of the swimmer will be his/her age on October 20th, 2023.

**Restrictions:** Each swimmer is limited to 4 events per day.

**Teams** 

Invited: Space is limited and teams will need to contact head coach Mook Rhodenbaugh (mook@dmswim) to

secure team entries into the meet.

Entry

Deadline: All entries are due by 6:00PM, Thursday, October 12, 2023.

**Entry** 

**Procedures:** 

- Seed times entered should be the swimmer's fastest time for the stroke and distance. If the swimmer has no time, enter as "NT" (No Time). All times most be provable in SWIMS (or equivalent international database).
- All team entries shall be submitted using Hy-Tek Team Manager or its equivalent, the team entry software adopted by the NTS House of Delegates. Any team submitting more than 5 individual entries, which are not submitted using this standard software, must pay double the entry fees to the Dallas Mustangs.
- Submit entries by E-mail (preferred method) to Entries Chair with an attached file of the meet entries report (listing the swimmer, USA Swimming ID, and entries by swimmer) and a meet entry fee report. If you need to submit entries in another format, please contact the Entries Chair to make other arrangements. When submitting files to the Entries Chair,

please include the name, email address, and phone number of the person submitting the entries. If you do not receive an email confirmation, your entries were not received.

• Entries Chair: Greg Seidel, gsseidel@gmail.com Phone: (469) 261-5762

Daily

**Schedule:** Friday Session I - warmup at 4:30pm, meet start at 5:00pm.

Saturday Session II - warmup at 8:00am, meet start at 9:00am.

Saturday Session III - warmup at 11:00am, meet start at Noon.

Sunday Session IV - warmup at 8:00am, meet start at 9:00am.

Entry Fees: Individual Event: \$6.00

Surcharge: \$13.00 (\$3.00 will go to North Texas Swimming, Inc.)

Make checks payable to Dallas Mustangs and submit with your entries. Please include a Meet Entry Fee report with your payment. Entry fees must be received by Thursday, October 12, 2023 or your entries may be removed from the meet. Refunds will not be given for any reason. Mail to Dallas Mustangs Entry Chair

Greg Seidel at the following address: 11315 Drummond Circle, Dallas, Texas 75228

Deck Entries: No deck entries

Meet Staff: Meet Referee: Stephanie Minervini

Starter: Tu Nguyen

Stroke & Turn Officials: John Sobenes, Ade Suwanda

Admin Official: Robyn Jacobson

**Meet Director**: Greg Seidel (469) 261-5762 / gsseidel@gmail.com

Head Safety Marshall: Will Riemer

Club Safe Sport Chair: Mook Rhodenbaugh

**Cell Phone** 

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest

rooms or locker rooms. No cameras (including cell phone cameras) or other recording devices are allowed

behind the blocks at any time

**Drone** 

Restrictions: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach

areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or

spectators are present.

Racing Starts: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being

proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. A racing start includes all forward starts from the block or deck, and any backstroke

start, including the use of ledges.

Unaccompanied

**Swimmers:** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal

guardian to ensure compliance with the above requirement.

Swimmer Photographs

and Videos: There may be one or more photographers and/or videographers on deck at this meet. In the event such

personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase

of any race.

Deck

**Changing:** Deck changes are prohibited.

#### Swimmers with

#### Disabilities:

Coaches and or swimmers are responsible for notifying the meet referee of any disability prior to the competition and for providing their own assistant or equipment. However, coaches/swimmers may contact the meet director at least 2 weeks in advance of the meet to reserve proper equipment.

In any meet sanctioned or approved by North Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged

under Article 105.

Officials: All currently 2023 certified and in-training USA Swimming officials are cordially invited to participate. All

deck officials must be registered with USA Swimming for 2023 and have a current Background Check, Athlete Protection Course, and Concussion Protocol Training acknowledged by USA Swimming.

Uniform for the entire meet will be White buttoned shirt, tucked in, navy blue pants, shorts/skorts.

White shoes, white socks.

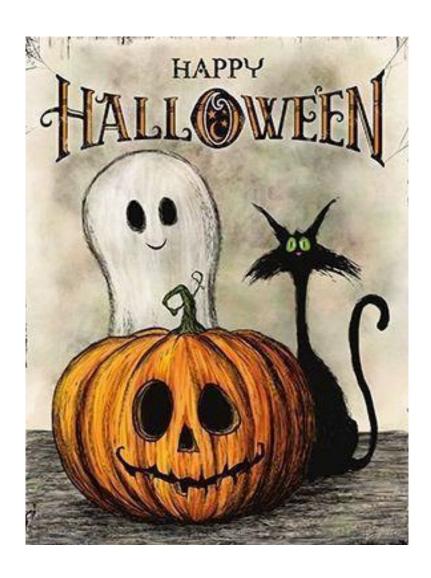
**Timers:** The host team will attempt to provide backup timers for this meet but volunteers from visiting teams may

be needed.

**Awards:** Ribbons will be awarded for places 1-8.

**Scoring:** Scoring for individual events: 9-7-6-5-4-3-2-1, double for relays. Team points will be calculated, but no

team awards will be given. Final team scores will be printed in the final results.



# 36th ANNUAL HAUNTED HAT CONTEST

What: A contest for your scariest, most original, most outrageous Halloween Hat!

(No makeup or costumes, please.)

Where: On deck, far side of the pool, near the diving platform.

When: Immediately after Saturday Session 2 Warm-ups are completed.

Why: It's Halloween! BOO!

### **Order of Events**

## Session 1: Friday October 20, 2023

Girls	Event	Boys
1	12 & U 200 IM	2
3	11 & Over 400 IM	4
5	12 & U 500 Free	6
7	13 & Over 500 Free	8

<sup>\*</sup> Swimmers in 500 Free need to provide their own counter/timer

# Session 2: Saturday AM October 21, 2023 8 & Under and 10 & Under Novice

Novice Session: Session for new swimmers. Once swimmers achieve a "B" time in an event, they can no longer swim that event in the novice portion of the meet. Swimmers with 2 or more "B" times no longer compete in the novice portion of the meet.

Girls	Event	Boys
9	8 & U 25 Free	10
11	10 & U 50 Free	12
13	8 & U 25 Backstroke	14
15	10&U 50 Backstroke	16
17	8 & U 25 Breaststroke	18
19	10&U 50 Breaststroke	20
21	8 & U 25 Butterfly	22
23	10&U 50 Butterfly	24
25	10 & U 100 IM	26

### Session 3: Saturday PM October 21, 2023

Any athlete with 2 or more "B" times should enter sessions 1, 3 and 4 (instead of novice session).

Girls	Event	Boys
27	12 & U 100 Fly	28
29	13 & Over 200 Fly	30
31	12 & U 50 Free	32
33	13 & Over 50 Free	34
35	12 & U 50 Back	36
37	13 & Over 200 Back	38
39	12 & U 100 Breast	40
41	13 & Over 100 Breast	42
43	12 & U 200 Free	44
45	13 & Over 200 Free	46

# Session 4: Sunday AM October 22, 2023

Girls	Event	Boys
47	12 & U 100 Free	48
49	13 & Over 100 Free	50
51	12 & U 50 Fly	52
53	13 & Over 100 Fly	54
55	12 & U 50 Breast	56
57	13 & Over 200 Breast	58
59	12 & U 100 Back	60
61	13 & Over 100 Back	62
63	12 & U 100 IM	64
65	13 & Over 200 IM	66

# NORTH TEXAS SWIMMING, Inc.

### **Safety Guidelines and Warm-up Procedures**

### A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

#### **LANE USE**

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	1 and 10	2 and 9	3 through 8
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes—circle swimming only.

### III. Safety Guidelines

- Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
  - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
  - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "North Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.