



**2024 MEETS ELIGIBLE FOR TRAVEL REIMBURSEMENT FROM 3/1/2024 TO 12/31/2024**

MEETS	DATES	LOCATION	REIMB. CAP	LODGING			PER DIEM	AIR	MILEAGE	APPLICATIONS DUE BY
				GSA RATE	W/TAX	DOUBLE OCCUPANCY	GSA RATE	GSA RATE	IRS RATE	
NCSA Spring 2024 Championships	3/19-3/23/2024	Orlando, FL	<b>\$600</b>	\$170	\$195.50	\$97.75	\$69	\$270	N/A	<b>4/22/2024</b>
Open Water National & Junior National	5/3-5/5/2024	Sarasota, FL	<b>\$600</b>	\$130	\$149.50	\$74.75	\$69	\$422	N/A	<b>6/4/2024</b>
US Olympic Team Trials	6/15-6/23/2024	Indianapolis, IN	<b>\$1,400</b>	\$127	\$146.05	\$73.03	\$69	\$202	N/A	<b>7/23/2024</b>
Speedo Senior National Championships	7/23-7/27/2024	Irvine, CA	<b>\$1,100</b>	\$183	\$210.45	\$105.23	\$74	\$360	N/A	<b>8/26/2024</b>
Speedo Junior National Championships	7/23-7/27/2024	Irvine, CA	<b>\$1,100</b>	\$183	\$210.45	\$105.23	\$74	\$360	N/A	<b>8/26/2024</b>
Futures Championships	7/24-7/28/2024	Various*	<b>\$800</b>	\$170	\$195.50	\$97.75	\$64	\$446	\$261.30	<b>8/27/2024</b>
NCSA Summer 2022 Championships	7/24-7/28/2024	Indianapolis, IN	<b>\$600</b>	\$127	\$146.05	\$73.03	\$69	\$202	N/A	<b>8/27/2024</b>
Toyota US Open Championships	12/4-12/7/2024	Greensboro, NC	<b>\$900</b>	\$120	\$138.00	\$69.00	\$64	\$594	N/A	<b>1/6/2025</b>
Speedo Winter Junior Championships	12/11-12/14/2024	Various*	<b>\$900</b>	\$170	\$195.50	\$97.75	\$64	\$446	\$261.30	<b>1/13/2025</b>

\* regardless of where attended, for the purposes of reimbursement will be paid according to an Austin, TX location

**NOTES**

**Effective starting with calendar year 2024 meets, full reimbursement will be paid according to the amounts and meets listed above, subject to a reimbursement cap**

All members (Athletes, Coaches, Officials) must be in good standing, meet current eligibility requirements and must submit an application prior to the deadline to be considered.

Please refer to North Texas Swimming Policies and Procedures Section 10 - Travel Funds for detailed eligibility, policies and definitions.

IRS Mileage based upon IRS (\$0.67/mile) using distance between city centers of Dallas, TX and Travel Location roundtrip when <500mi roundtrip. (receipts required)

Rental Cars w/fuel are acceptable means of travel (receipts required) and will be paid at actual costs for Standard or equivalent rental car. (receipts required)

NTSI recommends utilizing the lowest cost option for travel

**NORTH TEXAS SWIMMING, Inc. POLICIES AND PROCEDURES MANUAL**

**SECTION X  
TRAVEL FUNDS**

**10.1 TRAVEL POLICIES**

**Summary**

The LSC shall budget for travel reimbursement as part of the annual budgeting process. For Athletes, Coaches, and Officials the travel reimbursement program is intended to mitigate the cost of travel for athletes and also the participation of the coaches and officials who support those athletes. Eligibility for the program is earned through active participation in North Texas Swimming sanctioned competition. Other members designated to travel by the LSC will be fully reimbursed for travel subject to the definitions outlined in this policy. The use of travel funds throughout this policy is subject to budget availability.

**10.2 TRAVEL POLICY DEFINITIONS AND APPLICABILITY**

Term	Definition	Applies to
<b>Eligible Competition</b>	National Championship Meets, Olympic Trials and Futures Meets in accordance with Article 207 and 204.10 of the USA Swimming Rules and Regulations as well as the NSCA Championship Meet.	Athletes Coaches Officials
<b>Funding Formulas</b>	<p>Reimbursement amounts for Eligible Competition shall be determined using the Double Occupancy Rate, Per Diem and Roundtrip Airfare Rate or IRS Mileage for each Eligible Competition location, as specified in this policy.</p> <p>Each eligible meet shall be subject to a reimbursement cap, which will cap reimbursement for members applying for that event. Reimbursement caps are as follows:</p> <ul style="list-style-type: none"> <li>● NCSA Spring/Summer Champs \$ 600</li> <li>● Open Water Jr/Sr Nationals \$ 600</li> <li>● Futures \$ 800</li> <li>● US Open \$ 900</li> <li>● Winter Junior Nationals \$ 900</li> <li>● Summer Jr/Sr Nationals \$1,100</li> <li>● US Olympic Team Trials \$1,400</li> </ul> <p>Once determined, the Funding Formulas should be published Annually prior to the first eligible competition in that calendar year.</p>	Athletes Coaches Officials

**NORTH TEXAS SWIMMING, Inc. POLICIES AND PROCEDURES MANUAL**

<b>Full Reimbursement</b>	Full reimbursement calculated at 100% of total expected expenses in the amount specified in the travel reimbursement funding formulas published for a covered meet or authorized LSC travel. LSC travel reimbursement calculated using this method is for the purpose of fully offsetting covered expenses.	All
<b>Receipts and Documentation</b>	<p>Those seeking reimbursement from the LSC for travel must submit a receipt for all of the following, when claimed: airfare, lodging, ground transportation, rental cars and fuel as applicable to substantiate that each expense type occurred. It is not necessary to submit additional documentation to substantiate payment of the Per Diem.</p> <p>The LSC may also ask for documentation substantiating any eligibility requirements stipulated herein.</p>	All
<b>USAS Business Meeting</b>	Annual business meeting for delegates of the LSC and certain elected officers (formerly known as USA Swimming Convention).	Other Members Designated by the LSC
<b>Double Occupancy Rate</b>	Lodging expense at 50% of the amount specified in United States Government Publication 1542 for a given location plus 15% allowance for taxes, for the purpose of determining reimbursement presuming shared accommodations.	Athletes Coaches Officials
<b>Single Occupancy Rate</b>	Lodging expense at 100% of the amount specified in United States Government Publication 1542 for a given location plus 15% allowance for taxes, for the purpose of determining reimbursement presuming dedicated accommodations.	Other Members Designated by the LSC
<b>Ground Transportation</b>	Transportation while in a location traveling on LSC business. Ground transportation may be reimbursed for shared ride, taxi/app, rental car or personal car mileage.	Other Members Designated by the LSC

**NORTH TEXAS SWIMMING, Inc. POLICIES AND PROCEDURES MANUAL**

<p><b>IRS Mileage</b></p>	<p>Mileage incurred while traveling using a personal car to an Eligible Competition or authorized LSC travel, where that was the sole mode of transportation used; Either IRS Mileage or Roundtrip Airfare Rate may be claimed, not both. NTSI will use the current mileage reimbursement rates established by the IRS each year. Mileage will be calculated using the roundtrip mileage from Dallas city center to the city center of the destination city and will be limited to one (1) claim per vehicle used (in the case of sharing a car). Mileage will be paid at Full Reimbursement.</p>	<p>All</p>
<p><b>Per Diem</b></p>	<p>A pre-established daily rate based on United States Government Per Diem Rates published in Publication 1542 for each location, for the purpose of determining reimbursement of Meals and Incidental expenses.</p> <p>Athletes attending training, conventions, USAS Business Meetings, or other events representing the LSC as a designate, may request an advance of their expected Per Diem in cash prior to travel. Each request for an advance will be reviewed and approved by the General Chair and the Finance Chair.</p>	<p>All</p>
<p><b>Roundtrip Airfare Rate</b></p>	<p>NTSI will determine the airfare cost to be reimbursed based on the location of the Eligible Competition using GSA Rates for Athletes, Coaches and Officials, and based upon actual costs for Other Members Designated by the LSC.</p>	<p>All</p>

## NORTH TEXAS SWIMMING, Inc. POLICIES AND PROCEDURES MANUAL

### 10.3 ATHLETE TRAVEL REIMBURSEMENTS

#### Summary

It is the policy of North Texas Swimming, Inc. to provide travel reimbursement funds to defray the costs for transportation, lodging, meals & incidental expenses incurred by athletes for their participation in Eligible Competition (*see 10.2 Travel Policy Definitions and Applicability*).

NTSI will use a Full Reimbursement (*see 10.2 Travel Policy Definitions and Applicability*) method for each type of expense outlined in this section. Reimbursement will be provided for incurred expenses subject to the policies and requirements shown below excluding any travel related expenses paid with loyalty points.

#### 10.3.1 COVERED EXPENSES

The following expenses will be covered for athletes participating in Eligible Competition and meeting the eligibility requirements outlined in this policy:

**Meals and Incidentals:** North Texas Swimming, Inc. will use Per Diem (*see 10.2 Travel Policy Definitions and Applicability*) reimbursement of Meals and Incidentals. The per diem will be based upon the number of days up to two days prior to the swimmer's first event up until a day after the swimmer's last event. Per Diem will be paid using the actual travel dates submitted on the application for reimbursement in accordance with this policy.

**Lodging:** North Texas Swimming, Inc. will use the Double Occupancy (*see 10.2 Travel Policy Definitions and Applicability*) lodging rate for reimbursement of lodging expenses. Lodging nights will be based upon the number of nights up to two days prior to the swimmer's first event up until a day after the swimmer's last event.

**Travel:** Travel to Eligible Competition will be reimbursed using one of the following methods:

**Mileage:** NTSI will use the IRS Mileage (*see 10.2 Travel Policy Definitions and Applicability*) method and the mileage reimbursement request will be limited to one claim per vehicle used (in the case of sharing a car).

**Airfare cost:** NTSI will use the Roundtrip Airfare Rate (*see 10.2 Travel Policy Definitions and Applicability*) based on the location of the Eligible Competition.

**Rental Vehicle:** NTSI will reimburse a standard rental vehicle or equivalent along with applicable fees, taxes and gasoline for a number of day's rental corresponding to the number of days used for reimbursement of per diem expenses.

NTSI recommends utilizing the lowest cost option for travel.

#### 10.3.2 ELIGIBILITY REQUIREMENTS

To be eligible for NTSI travel stipend funds, the athlete (and athlete's club, where attached) must be registered in good standing with NTSI, compete in the Eligible Competition and meet **all** of the following criteria:

## **NORTH TEXAS SWIMMING, Inc. POLICIES AND PROCEDURES MANUAL**

- The athlete must have competed in at least ten (10) meets sanctioned by North Texas Swimming, Inc. during the twenty four (24) months prior to the start of the Eligible Competition
- The athlete must compete in at least one (1) individual event at the Eligible Competition: relay only athletes are not eligible.
- The athlete must be 19 years of age or younger on the first day of the Eligible Competition.

Additionally, all athletes must compete in all the events registered unless unable to do so because of circumstances beyond their control. In the event the athlete does not compete at the meet, the reimbursement will be evaluated on a case by case basis.

### **10.3.3 ADDITIONAL REQUIREMENTS**

An athlete may be reimbursed up to two (2) Eligible Competitions per season. In USA Olympic Trial years, athletes that compete in Olympic Trials may be reimbursed for Olympic Trials plus one additional Eligible Competition. Athletes (or their parents) must attest to the fact they have not received reimbursement from other sources.

Athletes or their parents must submit a travel reimbursement application within 30 days of the conclusion of the Eligible Competition. The form must be completed fully in accordance with the form instructions and must be accompanied by Receipts and Documentation (*see 10.2 Travel Policy Definitions and Applicability*).

## 10.4 COACH TRAVEL REIMBURSEMENTS

### Summary

It is the policy of North Texas Swimming, Inc. to provide travel reimbursement funds to defray the costs for transportation, lodging, meals & incidental expenses incurred by coaches who have athletes participating in Eligible Competition (*see 10.2 Travel Policy Definitions and Applicability*).

Reimbursement for coaches is limited to one (1) per team per Eligible Competition. Unless the LSC is previously instructed by the club prior to the first day of the meet, reimbursement will be issued to the first applicant to submit the proper documentation.

NTSI will use a Full Reimbursement (*see 10.2 Travel Policy Definitions and Applicability*) method for each type of expense outlined in this section. Reimbursement will be provided for incurred expenses subject to the policies and requirements shown below excluding any travel related expenses paid with loyalty points.

### 10.4.1 COVERED EXPENSES

The following expenses will be covered for coaches traveling to coach athletes participating in Eligible Competition and meeting the eligibility requirements outlined in this policy:

**Meals and Incidentals:** North Texas Swimming, Inc. will use Per Diem (*see 10.2 Travel Policy Definitions and Applicability*) reimbursement of Meals and Incidentals. The per diem will be based upon the number of days up to two days prior to the team's first event up until a day after the team's last event. Per Diem will be paid using the actual travel dates submitted on the application for reimbursement in accordance with this policy.

**Lodging:** North Texas Swimming, Inc. will use the Double Occupancy (*see 10.2 Travel Policy Definitions and Applicability*) lodging rate for reimbursement of lodging expenses. Lodging nights will be based upon the number of nights up to two days prior to the team's first event up until a day after the team's last event.

**Travel:** Travel to Eligible Competition will be reimbursed using one of the following methods:

**Mileage:** NTSI will use the IRS Mileage (*see 10.2 Travel Policy Definitions and Applicability*) method and the mileage reimbursement request will be limited to one claim per vehicle used (in the case of sharing a car).

**Airfare cost:** NTSI will use the Roundtrip Airfare Rate (*see 10.2 Travel Policy Definitions and Applicability*) based on the location of the Eligible Competition.

**Rental Vehicle:** NTSI will reimburse a standard rental vehicle or equivalent along with applicable fees, taxes and gasoline for a number of day's rental corresponding to the number of days used for reimbursement of per diem expenses.

NTSI recommends utilizing the lowest cost option for travel.

### 10.4.2 ELIGIBILITY REQUIREMENTS

## NORTH TEXAS SWIMMING, Inc. POLICIES AND PROCEDURES MANUAL

To be eligible for NTSI travel stipend funds, the coach (and coach's club, where attached) must be in good standing and have one or more athletes competing in the Eligible Competition.

Additionally, athlete(s) under the direction of the coach must meet **all** of the following criteria:

- Have competed in individual events attached to the same club as the coach (or both are similarly unattached)
- Be themselves eligible for the Travel Reimbursement.
- Compete in all the events registered unless unable to do so because of circumstances beyond their control. In the event their athlete(s) do not compete at the meet, the coach Travel Reimbursement will be evaluated on a case by case basis.

### 10.4.3 ADDITIONAL REQUIREMENTS

A given club may receive one coach reimbursement each competition up to a total of two (2) Eligible Competitions per season: a maximum of two (2) total individual coach reimbursements per season, per club. In USA Olympic Trial years, teams that have athletes compete in Olympic Trials may receive reimbursement for Olympic Trials plus one (1) additional national meet that season. Coaches must attest to the fact they have not received reimbursement from other sources.

Coaches must submit a travel reimbursement form within thirty (30) days of the conclusion of the Eligible Competition. The form must be completed fully in accordance with the form instructions and must be accompanied by Receipts and Documentation (*see 10.2 Travel Policy Definitions and Applicability*).



## NORTH TEXAS SWIMMING, Inc. POLICIES AND PROCEDURES MANUAL

### 10.5 OFFICIALS TRAVEL STIPENDS

#### Summary

It is the policy of North Texas Swimming, Inc. to provide travel reimbursement funds to defray the costs for transportation, lodging, meals & incidental expenses incurred by officials who, having actively participated in North Texas Swimming sanctioned competition, are selected to participate in Eligible Competition (*see 10.2 Travel Policy Definitions and Applicability*).

NTSI will use a Full Reimbursement (*see 10.2 Travel Policy Definitions and Applicability*) method for each type of expense outlined in this section. Reimbursement will be provided for incurred expenses subject to the policies and requirements shown below excluding any travel related expenses paid with loyalty points.

#### 10.5.1 COVERED EXPENSES

The following expenses will be covered for officials having applied to, been approved for and traveling to officiate in Eligible Competition and meeting the eligibility requirements outlined in this policy:

**Meals and Incidentals:** North Texas Swimming, Inc. will use Per Diem (*see 10.2 Travel Policy Definitions and Applicability*) reimbursement of Meals and Incidentals. The per diem will be based upon the number of days up to one (1) day prior to the start of the Eligible Competition up until one (1) day after the conclusion of the Eligible Competition. Per Diem will be paid using the actual travel dates submitted on the application for reimbursement in accordance with this policy.

**Lodging:** North Texas Swimming, Inc. will use the Double Occupancy (*see 10.2 Travel Policy Definitions and Applicability*) lodging rate for reimbursement of lodging expenses. Lodging nights will be based upon the number of nights up to one (1) day prior to the start of the Eligible Competition up until one (1) day after the conclusion of the Eligible Competition.

**Travel:** Travel to Eligible Competition will be reimbursed using one of the following methods:

**Mileage:** NTSI will use the IRS Mileage (*see 10.2 Travel Policy Definitions and Applicability*) method and the mileage reimbursement request will be limited to one claim per vehicle used (in the case of sharing a car).

**Airfare cost:** NTSI will use the Roundtrip Airfare Rate (*see 10.2 Travel Policy Definitions and Applicability*) based on the location of the Eligible Competition.

**Rental Vehicle:** NTSI will reimburse a standard rental vehicle or equivalent along with applicable fees, taxes and gasoline for a number of day's rental corresponding to the number of days used for reimbursement of per diem expenses.

NTSI recommends utilizing the lowest cost option for travel.

#### 10.5.2 ELIGIBILITY REQUIREMENTS

To be eligible for NTSI Travel Stipend funds, the Official must be registered in good standing with NTSI, and meet **all** of the following criteria:

## **NORTH TEXAS SWIMMING, Inc. POLICIES AND PROCEDURES MANUAL**

- The official must have worked in at least ten (10) meets sanctioned by North Texas Swimming, Inc. during the twenty four (24) months prior to the start of the Eligible Competition
- Must work all sessions of the Eligible Competition unless unable to do so because of circumstances beyond their control. In the event the official does not work all sessions of the meet, payment of the Travel Stipend will be evaluated on a case by case basis.

### **10.5.3 ADDITIONAL REQUIREMENTS**

An official in good standing may receive the Travel Stipend for up to two (2) Eligible Competitions per calendar year. Officials must attest to the fact they have not received reimbursement from other sources.

Officials must submit a Travel Stipend Application form within thirty (30) days of the conclusion of the Eligible Competition. The form must be completed fully in accordance with the form instructions and will be paid from North Texas Swimming directly to the individual applying.

DRAFT

## 10.6 REIMBURSEMENT OF OTHER MEMBERS DESIGNATED BY THE LSC

### Summary

It is the policy of North Texas Swimming, Inc. to provide travel reimbursement funds to fully offset expenses for transportation, lodging, meals & incidental expenses incurred by other members when designated by the LSC to travel to designated events. Any member traveling to a designated event, as a training attendee, attending in a named position to the USAS Business Meeting (*see 10.2 Travel Policy Definitions and Applicability*), as an Officials National Evaluator to an NT sanctioned Officials Qualifying Meet or other designations as nominated by the General Chair and approved by the Board of Directors shall be reimbursed as set forth in this policy.

The NTSI Finance Committee will use a Full Reimbursement (*see 10.2 Travel Policy Definitions and Applicability*) method for each expense type outlined in this section. Reimbursement will be provided for incurred expenses subject to the policies shown below excluding any travel related expenses paid with loyalty points.

### 10.6.1 COVERED EXPENSES

The following expenses will be covered for other designated members traveling and meeting the eligibility requirements outlined in this policy:

**Meals and Incidentals:** North Texas Swimming, Inc. will use Per Diem (*see 10.2 Travel Policy Definitions and Applicability*) reimbursement of Meals and Incidentals. The per diem will be based upon the number of days traveling up to one (1) day prior to the start of the designated event up until one (1) day after the conclusion of the event. Per Diem will be paid using the actual travel dates submitted on the application for reimbursement in accordance with this policy.

**Lodging:** North Texas Swimming, Inc. will use the Single Occupancy (*see 10.2 Travel Policy Definitions and Applicability*) lodging rate for reimbursement of lodging expenses. Lodging nights will be based upon the number of days traveled minus one.

**Travel:** Travel to a designated event will be reimbursed using one of the following methods:

**Mileage:** NTSI will use the IRS Mileage (*see 10.2 Travel Policy Definitions and Applicability*) method and the mileage reimbursement request will be limited to one claim per vehicle used (in the case of sharing a car).

**Airfare cost:** NTSI will use the Roundtrip Airfare Rate (*see 10.2 Travel Policy Definitions and Applicability*) based on the location of travel.

**Rental Vehicle:** NTSi will reimburse a standard rental vehicle or equivalent along with applicable fees, taxes and fuel for the number of day's rental corresponding to the days used for per diem expenses.

**Ground Transportation** (*see 10.2 Travel Policy Definitions and Applicability*): North Texas Swimming, Inc. allows ground transportation expenses on any of the days traveled.

NTSi recommends utilizing the lowest cost option for travel.

**10.6.2 ELIGIBILITY REQUIREMENTS**

To be eligible for NTSI travel reimbursement funds, the member must be attached to North Texas Swimming for the current year, unless they are an Officials National Evaluator or other designee as nominated by the General Chair and approved by the Board of Directors. All persons receiving travel reimbursement funds must be members of USA Swimming in good standing.

Additionally, members must have traveled or incurred expenses related to travel to that designated event. The NTSI requirement to be eligible for reimbursement is that the member fully attend the designated event unless unable to do so because of circumstances beyond their control. In the event the member does not attend the designated event, the reimbursement will be evaluated on a case by case basis.

**10.6.3 ADDITIONAL REQUIREMENTS**

Members must also attest to the fact they have not received any reimbursement from other sources for the designated event.

Members must submit a travel reimbursement form within 30 days of the conclusion of the Designated Event. The form must be completed fully in accordance with the form instructions and must be accompanied by Receipts and Documentation (*see 10.2 Travel Policy Definitions and Applicability*).

DRAFT

# **Age Group Committee Report:**

It is the AG committee recommendation that we standardize our LSC Age Group Championship meets. In doing so, when a team bids to host the meet, they will know exactly what they are bidding to host and there should be no deviation from the format of the meet.

1. Standardizing NT Champs
  - a. Time Standards: Goal is to make this an all A Meet in the future
    - i. 13-14
      1. A Times - Must have an A time to swim the event
    - ii. 11-12
      1. 1:1 A Times: Bonus Swims
      2. Athletes with 3 x A times can swim 7 events
      3. Athlete must have BB time in the event to swim as a Bonus events
    - iii. 10 & Under
      1. BB Times – Must have a BB time to swim the event
  - b. Short Course
    - i. 3 x Day Meet
    - ii. Between Districts/Regionals
    - iii. Open Water Zones Selection
  - c. Long Course
    - i. 3 x Day Meet
    - ii. Before July 4<sup>th</sup>
    - iii. Zones Team Selection
  - d. Order of Events
    - i. See Next Page
  - e. Finals
    - i. 10&U            Top 8/10
    - ii. 11&Over        Top16/20
    - iii. 400 IM          Top 8/10
    - iv. 500 Fr            Top 8/10
    - v. 1650              Top 8/10
    - vi. Fastest 32/40 Entered in 400/500
    - vii. Fastest 24/30 Entered in the 1650
    - viii. All 400/500 will be timed finals, fastest 8/10 swimming in finals

## **NTAGC SHORT COURSE ORDER OF EVENTS**

## SESSIONS 1 & 2

13-14 400 Medley Relay *Timed Final Swimming in Finals
11-12 400 Medley Relay *Timed Final Swimming in Finals
10 and Under 200 Medley Relay *Timed Final Swimming in Finals
13-14 200 Freestyle
11-12 200 Freestyle
10 and Under 200 Freestyle
11-12 50 Butterfly
10 and Under 50 Butterfly
13-14 200 Breaststroke
11-12 200 Breaststroke
13-14 100 Backstroke
11-12 100 Backstroke
10 and Under 100 Backstroke
13-14 50 Freestyle
11-12 50 Freestyle
10 and Under 50 Freestyle
13-14 400 Individual Medley *Timed Final- Top 8 Swim in Finals

## SESSIONS 3 & 4

13-14 400 Free Relay *Timed Final will swim in Finals
11-12 400 Free Relay *Timed Final will swim in Finals
10 and Under 400 Free Relay *Timed Final will swim in Finals
11-12 50 Breaststroke
10 and Under Breaststroke
13-14 200 Backstroke
11-12 200 Backstroke
10 and Under 100 Individual Medley
11-12 Individual Medley
13-14 100 Butterfly
11-12 100 Butterfly
10 and Under 100 Butterfly
13-14 500 Freestyle *Timed Final- Top 8 Swim in Finals
11-12 500 Freestyle *Timed Final- Top 8 Swim in Finals
10 and Under 500 Freestyle *Timed Final- Top 8 Swim in Finals

## SESSIONS 5 & 7

13-14 200 Free Relay *Timed Final Swimming in Finals
11-12 200 Free Relay *Timed Final Swimming in Finals
10 and Under 200 Free Relay *Timed Final Swimming in Finals
13-14 200 Individual Medley
11-12 200 Individual Medley
10 and Under Individual Medley
100 Freestyle
11-12 100 Freestyle
10 and Under 100 Freestyle
11-12 50 Backstroke
10 and Under 50 Backstroke
13-14 200 Butterfly
11-12 200 Butterfly
13-14 100 Breaststroke
11-12 100 Breaststroke
10 and Under 100 Breaststroke
11-12 200 Medley Relay *Timed Finals Swimming in Finals
13-14 200 Medley Relay *Timed Finals Swimming in Finals

## SESSION 6

13-14 1000 Freestyle *Timed Final
13-14 1650 Freestyle *Timed Final

# NTAGC LONG COURSE ORDER OF EVENTS

## SESSIONS 1 & 2

13-14 400 Medley Relay *Timed Final Swimming in Finals
11-12 400 Medley Relay *Timed Final Swimming in Finals
10 and Under 200 Medley Relay *Timed Final Swimming in Finals
13-14 200 Freestyle
11-12 200 Freestyle
10 and Under 200 Freestyle
11-12 50 Butterfly
10 and Under 50 Butterfly
13-14 200 Breaststroke
11-12 200 Breaststroke
13-14 100 Backstroke
11-12 100 Backstroke
10 and Under 100 Backstroke
13-14 50 Freestyle
11-12 50 Freestyle
10 and Under 50 Freestyle
13-14 400 Individual Medley *Timed Final- Top 8 Swim in Finals

13-14 400 Free Relay *Timed Final will swim in Finals
11-12 400 Free Relay *Timed Final will swim in Finals
10 and Under 400 Free Relay *Timed Final will swim in Finals
11-12 50 Breaststroke
10 and Under Breaststroke
13-14 200 Backstroke
11-12 200 Backstroke
13-14 100 Butterfly
11-12 100 Butterfly
10 and Under 100 Butterfly
13-14 400 Freestyle *Timed Final- Top 8 Swim in Finals
11-12 400 Freestyle *Timed Final- Top 8 Swim in Finals
10 and Under 400 Freestyle *Timed Final- Top 8 Swim in Finals



## SESSIONS 5 & 7

13-14 200 Free Relay *Timed Final Swimming in Finals
11-12 200 Free Relay *Timed Final Swimming in Finals
10 and Under 200 Free Relay *Timed Final Swimming in Finals
13-14 200 Individual Medley
11-12 200 Individual Medley
10 and Under Individual Medley
100 Freestyle
11-12 100 Freestyle
10 and Under 100 Freestyle
11-12 50 Backstroke
10 and Under 50 Backstroke
13-14 200 Butterfly
11-12 200 Butterfly
13-14 100 Breaststroke
11-12 100 Breaststroke
10 and Under 100 Breaststroke
11-12 200 Medley Relay *Timed Finals Swimming in Finals
13-14 200 Medley Relay *Timed Finals Swimming in Finals

## SESSION 6

13-14 800 Freestyle *Timed Final
13-14 1500 Freestyle *Timed Final

Month	Weekend		2025 LSC Calendar	Other
January	4-5		Closed	
	11-12		Divisional A or A/BB (Option)	
	18-19		Divisional BB/B/C or B/C (Option)	
	25-26		Closed	UIL 5A/6A District Meets
February	1-2		Short Course Age-Group (14U) Champs	
	8-9		Closed	UIL 5A/6A Region Meets
	15-16		Divisional BB/B/C	
	22-23		Last Chance Weekend: 14U Divisional A/BB, NT Senior Cup	UIL 5A/6A State Meets
March	1-2		Closed	TAGS
	8-9		Divisional BB/B/C Champs	Sectionals
	15-16		Closed	
	22-23		*Open	
	29-30		*Open	
April	5-6		*Open	
	12-13		Closed	North Texas HOD Meeting
	19-20	Easter	Closed	
	26-27		Divisional A/BB, NT Senior Meet	
May	3-4		Divisional BB/B/C or B/C (Option)	
	10-11	Mother's	*Open	
	17-18		Divisional A/BB, NT Senior Meet	
	24-25		Divisional BB/B/C or B/C (Option)	
	31-1		*Open	
June	7-8		Divisional A/BB, NT Senior Meet	
	14-15	Father's	Divisional BB/B/C or B/C (Option)	
	21-22		*Open	
	28-29		Long Course Age-Group (14U) Champs	
July	5-6		Closed	
	12-13		Divisional BB/B/C or B/C (Option)	Sectionals
	19-20		Last Chance Weekend: 14U Divisional A/BB, NT Senior Cup	
	26-27		Unclassified Divisional Weekend	TAGS, US Open, Futures
August	2-3		Unclassified Divisional Weekend	Junior Nationals
	9-10		Closed	
	16-17		Closed	
	23-24		Closed	
	30-31		Closed	
September	6-7		Closed	
	13-14		*Open	
	20-21		*Open	
	27-28		*Open	
October	4-5		Divisional A/BB, NT Senior Meet	
	11-12		Divisional BB/B/C	
	18-19		Closed	North Texas HOD Meeting
	25-26		*Open	
November	1-2		Divisional A/BB, NT Senior Meet	

	8-9		Divisional BB/B/C	
	15-16		*Open	
	23-24		Closed	TISCA Meets
	29-30	Thanksgiving	Closed	
December	6-7		Divisional (P/F) A-Meet	US Open
	13-14		Divisional BB/B/C	Winter Juniors
	20-21		*Open	
	27-28	Christmas	Closed	

\*Open weekends may only be use for non-standard meets such as those noted below.

* IMX				
* Distance				
* Dual				
* Intrasquad				
* Open Water				

**Group A (BB & Below)**

MTRO  
STAR  
PAC  
IRON  
SSCT  
BOSS  
LAC (The Colony)  
LAC (West Side)

**East Division - A & A/BB Meets**

MTRO  
DM  
COPS  
COR  
PAC  
RACE  
IRON  
STAR  
TRAC  
ATAC  
BOSS  
SSCT  
FFE

**Group B (BB & Below)**

COPS  
RACE  
TRAC  
ATAC  
DM  
COR  
FFE  
TFA

**West Division - A & A/BB Meets**

LAC  
TFA  
LIFE  
MAC  
MARS  
WEST  
NTN  
AAC  
O2  
FNW

**Group C (BB & Below)**

MAC  
MARS  
AAC  
LIFE  
MTRO-FW  
LAC (Keller)  
LAC (NW)  
NTN

WEST  
FNW  
O2