

## Developmental "B Meets"

The competition swim team participates in development meets also known as "B" Meets. The meets are not scored and do not count towards the team's win-loss record. Woodley will join Burke Station, Camelot, Holmes Run, Lake Braddock, and Parliament in this B meet League. A schedule has been created and we will swim against each of these teams in a Monday night "B" meet. Please note: Holmes Run pool is a yards pool. If we are scheduled to swim at their pool, all times will be converted to meters. Every effort is made to swim this pool in the beginning of the season.

- B Meet time results may help your child qualify to swim in an A Duel Meet
- The NVSL does not consider B Meet times to be official for league record purposes

All Swimmers are strongly encouraged to participate in order to receive a swim time for events. The B meets are scheduled separately (and are not NVSL sanctioned) within a small group of swim teams, known as the "B" meet League. These meets consist of 44 events. Boys and girls swim in five age groups (6 & under, 7 & 8, 9-10, 11-12, 13 and over). Swimmers most likely swim against other swimmers of the same sex, however, older swimmers may end up in the same race for the sake of efficiency. At B meets, swimmers can choose from 5 events (freestyle, backstroke, breaststroke, butterfly and Individual Medley).

***Mini Warriors:** A Kickboard race is offered at Woodley's home B meets only. The host pool determines whether or not they will offer the kickboard race and Woodley is the only pool that allows for kick board races. Mini Warriors should always plan on swimming the kickboard race at Woodley when we host a B meet. Kickboard races are at the very beginning of the swim meet.*

**Determining Entries & Eligibility for B Meets** - The Monday Night "B" meet results are used to plan the Saturday "A" meets. Please speak to the Head Coach prior to signing up if you would like a recommendation for which stroke to choose for a Monday Night "B" meet. It is very important to attend B meets.

Every swimmer can enter **two events** in a Monday Night "B" Meet except as detailed below:

1. A swimmer who takes first, second, or third place in the Saturday prior "A" meet can only enter the following:
  - a. Any other event in which the swimmer did not place first, second, or third
  - b. The Individual Medley
  - c. A swimmer achieving a first place finish due to a "fluke" situation will be treated as finishing as if the fluke situation had not occurred. (please speak to the coach for more information)
2. Swimmers cannot enter more than two individual events unless the third event is the individual medley. Swimmers (with their parents help) will be allowed to sign up for their B meet events on TeamUnify. Please click on "Meet & Event Signup" tab and enter your events of choice for the specific B meet. Please remember, if you try to enter an event that you placed 1, 2, or 3<sup>rd</sup> at the previous A meet, you will be taken out of that event. We strongly encourage you to swim at least 2 events.

3. B Meets have separate events for 6 and under in freestyle and backstroke. This allows them to feel comfortable swimming with like age children. For example, it can be intimidating for a 5-year-old to swim against an 8-year-old, therefore, we offer this age group for B meets only. The Data coordinator will make sure your child is placed in the appropriate age group.
4. Kickboard Races: If a child can swim a 25M freestyle and is comfortable doing so, they are ineligible to participate in a kickboard race even if it is available. That child should sign up to swim the 25 meter freestyle.
5. The order of events is determined by the home team. If the B Meet is at Woodley, the order of events will be, Freestyle, Backstroke, Breaststroke, Butterfly and IM.
6. There will be no “swimming up” allowed at a B meet. (please see swim terminology for definition of “swimming up”).