



Orinda Aquatics: A History of Extraordinary Team Performance

Since inception, Orinda Aquatics has strived to be one of the most productive and efficient clubs in the United States. The data from USA Swimming's Virtual Club Championships (VCC) bears this out, as Orinda Aquatics has been the top-performing team under 200 swimmers (approximately 2,000 clubs) since the program began twenty-two years ago. Over this period, Orinda Aquatics has averaged under 150 swimmers.



by Orinda Aquatics

What is the Virtual Club Championships (VCC)?



"The purpose of the VCC program is to recognize and highlight clubs that are developing athletes and achieving success at multiple levels in the club swimming continuum emphasizing the team element in club swimming. This program serves as a key part of the Athlete Development & Performance component of the Club Recognition Program."

- VCC rankings are calculated using points earned by individual swimmers in sanctioned meets, by age (single age from 11-16 and 17-18), including all events.
- Swimmers' times are converted into "Power Points".
- Teams earn cumulative points from individual performances, with two swimmers scoring in each event and each swimmer scoring in a maximum of four events.
- Teams are grouped into size ranges (e.g., 101-125, 126-150, up to 400+ swimmers) to allow comparable comparisons.
- Team totals are calculated daily using USA Swimming's algorithms.

Why VCC Rankings Matter?

The VCC program provides a clear, data-driven benchmark for teams to measure their performance and efficiency against others nationwide. To achieve success in this program, a team must be balanced and efficient across all ages, all strokes, and all distances. As opposed to programs that highlight a select and narrow segment of a club, VCC reveals true team development, at all levels.



Consistent Top-Tier Performance

1 — **Orinda Aquatics is the top scoring team for clubs under 200 swimmers, over twenty-two years, ranking 1st in its size range for most seasons.**

2 — **Combined with Related Metrics**

The success of Orinda Aquatics, as measured in VCC rankings, also extends to many other metrics, such as the very high percentage (per capita) of Sectional (53 qualifiers in 2024), National and Olympic Trial qualifiers, collegiate athletes and collegiate team captains, and academic success at every level. The club has seen team success (with competition wins) at all levels, including Age-Group Championships, Far Westerns, Western Zone Senior Championships, Sectionals, and Junior Nationals.

3 — **Culture, Staff, and Leadership-driven**

The team's success is a direct result of a positive, character-driven culture, a training philosophy based on efficiency, a staff anchored in athlete-centered relationships, and an *extraordinary* athlete leadership culture.

The following shows Orinda Aquatics consistent performance at the highest level in its peer rankings, revealing the long-term, consistent success of the program.



Orinda Aquatics Historical Performance

(2004-2025)

This comprehensive data showcases Orinda Aquatics' consistent performance in the Virtual Club Championships across different team size categories, averaging 185,000 points annually, and scoring over four million points cumulatively (*the highest in the nation under 200 members*), over the twenty-two-year history of the program.

A Foundation of Success (2004-2009)

Year	Rank in Size Range	Size Range	Points
2004	1	0-150	165,133
2005	1	0-150	179,361
2006	1	0-150	182,814
2007	1	0-150	161,123
2008	1	0-150	169,428
2009	1	0-125	164,110

Consistent Performance (2010-2015)

Year	Rank in Size Range	Size Range	Points
2010	3	0-150	162,211
2011	3	0-125	161,002
2012	2	0-175	176,664
2013	4	0-200	187,775
2014	1	0-200	210,598
2015	1	0-200	227,384

Recent Years and Current Standing (2016-2025)

Year	Rank in Size Range	Size Range	Points
2016	1	0-250	225,151
2017	1	0-200	225,638
2018	1	0-200	199,757
2019	2	0-175	211,898
2020	4 (Covid)	0-200	198,593
2021	6 (Covid)	0-175	182,177
2022	1	0-175	209,078
2023	1	0-200	211,458
2024	1	0-175	214,874
2025 (current)	3	0-175	183,933

Cumulative Achievement

TOTAL	4,210,160
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Orinda Aquatics boasts the highest two team scores in VCC history for groups with less than 200 swimmers.

SEE REPORT		SEE REPORT	
Rank	1	Rank	1
VCC Score	227,384	VCC Score	225,638
Club	Orinda Aquatics	Club	Orinda Aquatics
LSC	PC	LSC	PC
SEE REPORT		SEE REPORT	
Rank	2	Rank	2
VCC Score	203,435	VCC Score	197,063
Club	Dayton Raiders	Club	Central Iowa Aquatics
LSC	OH	LSC	IA
SEE REPORT		SEE REPORT	
Rank	3	Rank	3
VCC Score	200,969	VCC Score	196,294
Club	Cheshire Y/Sea Dog Swim Club	Club	Cheshire Y Sea Dog Swim Club
LSC	CT	LSC	CT
SEE REPORT		SEE REPORT	
Rank	4	Rank	4
VCC Score	183,587	VCC Score	180,757
Club	Williamsburg Aquatic Club	Club	York YMCA
LSC	VA	LSC	MA

Virtual Club Championship Data Report 2004 - 2025

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