



Orinda Aquatics National History

A strong history of national development and academic success

Olympians

	First	Last	College	High School	Rec	Note
1	Kim	Vandenberg	UCLA	Campo	MTSC	800 Fr Relay: 2008-Bronze Medal
2	Peter	Varellas	Stanford	Campo	MTSC	Men's WP: 2008-Silver Medal
3	Artemis	Daphnis	Arizona	San Jose	Pinole/SHST	Greek Olympic Team

Olympic Trial Qualifiers

	First	Last	College	High School	Rec	Note
1	Tyler	Angelo	Notre Dame	Las Lomas	Walnut Creek	2nd at Junior Nationals
2	Katie	Arnold	UCLA	Campo	Springbrook	works for USA Swimming
3	Lauren	Beaudreau	Richmond	Campo	Springbrook	School record holder
4	Sven	Campbell	Cal	Campo	Montclair	PacSwim record/6 NCS records
5	Spencer	Daily	UC San Diego	San Ramon	Danville Sea Devils	State Champion/NCS Record
6	Artemis	Daphnis	Arizona	San Jose	Sleepy Hollow	Greek Olympic Team
7	Zach	Disbrow	West Point	Campo	Sleepy Hollow	two-time college Team Captain
8	John	Dorr	Cal/USC post-grad	Las Lomas	SRVLA	Trained as post-grad
9	McCall	Dorr	SMU-post grad	Las Lomas	SRVLA	Trained as post-grad
10	Mackenzie	Duarte	Washington St	Alhambra	Martinez	Pac 12 finalist
11	Lindsay	Etter	UCLA	Pinole Valley	Pinole Seals	6th at Olympic Trials
12	Harry	Flanders	Indiana	San Ramon	Del Amigo	SRHS athlete of the year
13	Channing	Hanley	Texas	Campo	Meadow	Campo Team Record
14	Lindsay	Hart	Harvard	Las Lomas	Walnut Creek	Team Captain
15	Ben	Hayes	Brown	Wisconsin	NA	Trained as post-grad
16	Scott	Lathrope	Stanford	Campo	MCC	PacSwim record holder
17	Chris	Leon	CAL	Berean Christian	Walnut Creek	joined OA in 10th grade
18	Kristen	Lewis	UCLA	Campo	MCC	Became CAL Women's Coach
19	Megan	Liang	Franklin & Marsha	Campo	Miramonte	Paralympic finalist
20	Margaux	McDonald	Princeton	Miramonte	Sleepy Hollow	3rd in CA State Meet
21	Tony	Moore	UCSB	Alhambra	Martinez	Won Futures/Sectionals
22	Chris	Peterson	UCSB	Home School	Pinole	Broke Jason Lezak school records
23	Lindsay	Sharp	Washington	Campo	Sleepy Hollow	Olympic Trials in 50m Free
24	Cole	Stevens	Columbia	Campo	MCC	Columbia Team Captain
25	Steven	Stumph	USC	Campo	Blackhawk	Natl HS, Jr Natl, and USC records
26	Amy	Thurman	UCLA	Miramonte	Meadow	Swam in three Olympic Trials
27	Katie	Ure	UCSB	Miramonte	Sleepy Hollow	swam/played WP in high school
28	Kim	Vandenberg	UCLA	Campo	MTSC	Bronze Medalist - 800 F.R.
29	Andrea	Ward	UCSB	Campo	San Leandro	UCSB most decorated female
30	Heather	White	CAL	Miramonte	Montclair	2nd All-Time Cal 400 IM

National Qualifiers (Junior/Senior/US Open) - short course or long course

	First	Last	College	High School	Rec	Note
1	Mary	Ashby	Columbia	Campo	MCC	Columbia Team Captain
2	Emmie	Appl	Pomona	College Prep	Sleepy Hollow	200 breast 2:17.7
3	Robbie	Ashby	Texas A&M/UOP	Campo	MCC	Campo record holder
4	Sam	Ayers	Redlands	Campo	Meadow	OA Team Captain
5	Suzy	Bagg	UCSB	Miramonte	MCC	UCSB Team Captain
6	Emilia	Barck	Brown	Campo	Pacifica	Committed to Brown

7	Megan	Baumgartner	Stanford	Marin Catholic	Marin	swam 4 years at Stanford
8	Maggie	Bever	Washington	Campo	Montclair	swam 4 years at Washington
9	Peter	Brassinga	Long Beach St.	Campo	Scottsdale	Water Polo in HS and College
10	Maggie	Buckley	Harvard	Campo	MCC	200m back LC 2:19/1:50 SC
11	Tanner	Burke	Penn	Campo	LMYA	
12	Lia	Campbell	OA	Campo	Bainbridge	Air Force Academy
13	Stella	Canoles	OA	Junior Group	Rancho Colorados	7th grade
14	Marc	Cavallero	UCSB	Campo	MTSC	team captain at OA/UCSB
15	Sophia	Cavalli	UCLA	Campo	Benicia	OA Team Captain
16	Marisa	Chang	Washington	Miramonte	OPP	swam 4 years at Washington
17	Justin	Chiles	Princeton	Campo	MTSC	Team Captain
18	KaiKai	Chow	DVC	Taiwan	Taiwan	Taiwan national team
19	Chris	Chuck	UCSB	Campo	Las Trampas	
20	Megan	Colpo	West Point	Campo	MVP	OA Team Captain
21	Peter	Conte	CAL	Miramonte	Meadow	Played water polo at Cal
22	Elyse	Corwin	Maryland	Miramonte	MCC	swam 4 years at Maryland
23	Taylor	Dahl	UCLA	Campo	Springbrook	Jr Natl time at 12 yrs old - 100m BR
24	Aphrodite	Daphnis	UCLA	Homestead	Sleepy Hollow	PacSwim Record Holder
25	Tommy	Dowley	CAL	Campo	Rancho Colorados	Coached at The Olympic Club
26	Mackenzie	Duarte	Washington St.	Alhambra	Martinez	Received scholarship
27	Nicky	Erickson	Cal Poly	Campo	Moraga Ranch	
28	Jalen	Evans	MIT	Head Royce	Tri Valley	Going to MIT - 56.5 100m fly
29	Quinn	Fitzgerald	Yale	Acalanes	TERA/NOVA	swam 4 years at Yale
30	Gillian	Flath	OA 2016	Monte Vista		
31	George	Flanders	Nitro (relocated)	San Ramon	Del Amigo	
32	Lizzy	Follmer	Northwestern	Campo	LMYA	Scholastic AA
33	Mac	Follmer	Cal Poly	Campo	LMYA	2:07 - 200m fly - Sectional Finals
34	Jasmine	Fok	Georgetown	Campo	Larkey	NCS Champion - Committed to Georgetown
35	Emily	Gebhardt	San Diego State	Acalanes	Springbrook	OA Team Captain
36	Nicky	Glenn	Cal Poly	Novato	Marin	Committed to Cal Poly
37	Elise	Gratton	OA current	Campo	Springbrook	Committed to Yale
38	Jolen	Griffin	UCSB	Campo	Montclair	NCS Champion 100 Fly, 100 Back
39	Sydney	Griscavage	OA current	College Prep	LMYA	Committed to Cal
40	Hannah	Grubbs	UCLA	Campo	Campo Cabana	Top ranked collegiate triathlete
41	Andrew	Hallett	OA current	Northgate	Ygnacio Woods	Committed to Cal, state champion
42	Channing	Hanley	Texas	Campo	Meadow	1:11 - 100m breast
43	Paige	Hanley	Iowa	Campo	Meadow	NCS finalist
44	Sean	Haufler	Yale	Miramonte	OCC	
45	Sarah	Heath	Tufts	Campo	Springbrook	
46	Jessica	Ivry	Emory	Miramonte	Meadow	swam four years at Emory
47	Talbot	Jacobs	Brown	CPS	Sleepy Hollow	.5 off Olympic Trials 400m Free
48	Jill	Jones	Cal Poly	Berean Christ	TERA	CP team captain, swam 4 years
49	Kris	Kao	UC San Diego	Miramonte	OPP	
50	Megan	Kelly	Pepperdine	Miramonte	Sleepy Hollow	
51	Isaac	Kim	U of Chicago	Campo	Blackhawk	Junior Nationals - SC 1,000
52	Jessie	Krompier	Stanford	Campo	Walnut Creek	NCS Champion 100 Fly, 100 Back
53	Dani	Lachowicz	Dartmouth	Miramonte	Meadow	
54	Matt	Lanzara	Trinity	Campo	Concord	
55	Kaitlin	Lee	Georgetown	Dublin	Dublin	Committed to Georgetown
56	Nate	Levy	OA current	Campo	MVP	committed to Pomona, NCS champic
57	Sophie	Levy	UCSD	Campo	Oakland	
58	Zach	Le-Nguyen	Brown	Campo	Montclair	LC qualifier - 56.8 100m fly
59	Kelsey	Lewis	UCSB	Carondolet	Walnut Creek	
60	Mason	Loyet	Carnegie Mellon	Campo	Moraga Ranch	57/203 - 100/200 Breast

61	Dustin	Luchini	UC Irvine/Davis	John Swett	Rodeo	Trained with Scott Weltz at Davis
62	Shelbi	Luchini	Washington St.	Campo	Rodeo	team captain, swam 4 years
63	Caroline	Lukins	Columbia	Campo	OCC	team captain, swam 4 years
64	Matt	Lyon	CAL	Miramonte	Oakland	Swam 4 years at Cal
65	Jenny	Lyons	UCSB	Miramonte	Sleepy Hollow	
66	Paige	Matherson	Alabama	San Ramon	USA Swimming	
67	James	McLaughlin	West Point	Culver Academy	Marin	
68	Scott	Metcalfe	Harvard	Campo	MTSC	PacSwim Record Holder 200 Back
69	Albert	Miao	UCSB	Miramonte	MVP	2nd at NCS
70	Garrett	Molitor	OA current	Athenian	Danville	
71	Ashleen	O'Brien	OA 2016	Campo	Campo Cabana	
72	Jillian	Ochs	UCLA	Campo	Las Trampas	
73	Connor	Ormsby	Cal Poly	De La Salle	Blackhawk	Committed to Cal Poly
74	Gabe	Ostler	Notre Dame	Miramonte	Sleepy Hollow	
75	Darren	Pagan	Columbia	Bishop O'Dowd	Oakland	
76	Max	Parrague	UC Irvine	Miramonte	Sleepy Hollow	Navy Seal
77	Sean	Percin	Georgetown	Campo	Nevada	400m Free - 4:06
78	Chelsea	Pfohl	NYU	Miramonte	Miramonte Rec	NYU record holder
79	Heather	Prince	Colorado	Campo	MVP	
80	Kellen	Ranahan	Cal Poly	College Park	Walnut Creek	
81	JD	Ratchford	Cal (WP)	Campo	MCC	Cal water polo 4 years
82	Jenna	Ravarino	OA current	Carondolet	Scottsdale	Committed to Vanderbilt
83	Tommy	Roder	OA current	De La Salle	Scottsdale	Double NCS Champion - Cal
84	Clay	Sanders	Duke	Campo	Moraga Ranch	in Duke PhD program - engineering
85	Tyler	Schlenker	USC	Campo	Miramonte Rec	
86	Andrew	Schneider	USC	Campo	Las Trampas	
87	Allison	Shasky	UOP	Campo	Rancho	swam 4 years at UOP
88	Alex	Shieman	Drury	Campo	MCC	
89	Mark	Shveyd	DVC	Campo	Sleepy Hollow	NCS Champion
90	Jake	Simpson	UCLA (WP)	De La Salle	Larkey	played water polo at UCLA
91	Maddie	Smith	UCLA	Campo	OPP	State finalist - 2:01, 200 IM
92	Adriana	Smith	Cal	Campo	OPP	NCS Champion, committed to Cal
93	Allison	Stevens	UCSB	Campo	MCC	UCSB team captain
94	Cole	Stevens	Columbia	Campo	MCC	currently swimming at Columbia
95	Miranda	Stevenson	UC Santa Barbara	San Ramon	Del Amigo	committed to UCSB
96	Bob	Stinson	Arizona	Campo	Dewing Park	
97	Jeffrey	Strausser	Brown	Campo	Springbrook	Swam 4 years at Brown
98	Alex	Stuart	Ohio State	Campo	MCC	
99	Lily	Struempf	North Carolina	Northgate	Concord	1:01.7 100m fly, committed to UNC
100	Eric	Tang	Columbia	Campo	Miramonte Rec	in Med School residency
101	Ethan	Taylor	OA current	Campo	Moraga Ranch	
102	Claire	Therien	Rice	San Ramon	Danville Sea Devils	currently swimming at Rice
103	Mason	Thompson	UC San Diego	Valley Christian	Danville Sea Devils	LC qualifier/NCS finalist
104	Hope	Thurman	UCLA	Miramonte	Meadow	
105	Shane	Tutass	Columbia	Campo	Rodeo	swam 4 years at Columbia
106	Joe	Unruh	Naval Academy	Miramonte	Sleepy Hollow	Navy Seals BUDS/EOD program
107	Kenna	Van Steyn	Dartmouth	Athenian	Sleepy Hollow	
108	Lindsey	Vance	UCSB	Campo	MCC	
109	Peter	Varellas	Stanford (WP)	Campo	MTSC	Stanford Male Athlete of the Year
110	Emily	Ward	UCSB	Campo	San Leandro	currently at UCSB
111	Michael	Wheeler	Georgetown	Campo	Rancho Colorados	West Zone Champion
112	Ashlyn	Widmer	OA current	San Ramon		Committed to Kenyon
113	Courtney	Whyte	Notre Dame	Campo	SRVLA	Notre Dame Team Captain
114	Theo	Yavuzer-Judd	OA current	Campo	Emeryville	Committed to Cal Poly



Peter Varellas - Silver Medal



Megan Liang - Paralympic Trials



Kim Vandenberg - Silver Medal

Orinda Aquatics Collegiate Team Captains

	First	Last	College	High School	Rec	Note
1	Suzy	Bagg	UCSB	Miramonte	MCC	
2	Liv	Baker	Claremonte McKelvey	Campo	LMYA	
3	Will	Barber	Colorado College	Miramonte	OCC	
4	Lauren	Beaudreau	U. of Richmond	Campo	Springbrook	NCAA DI finalist, OT qualifier
5	Maggie	Bever	Washington	Campo	Montclair	
6	Lucia	Brammer	Lewis & Clark	Bishop O'Dowd	OCC	
7	Katherine	Cane	Dartmouth	CPS	Meadow	Freshman captain
8	Marc	Cavallero	UCSB	Campo	MTSC	
9	Jio	Chang	Colorado College	Campo	Campo Cabana	
10	Justin	Chiles	Princeton	Campo	MTSC	
11	Rachel	Cleak	Cal Poly	Campo	Campo Cabana	
12	Zach	Disbrow	West Point	Campo	Sleepy Hollow	A two-year team captain/OT's
13	Mackenzie	Duarte	Washington St.	Alhambra	Martinez	Olympic Trial Qualifier
14	Lucy	Faust	Bates	Piedmont	Piedmont	
15	Emily	Gebhardt	San Diego State	Acalanes	Springbrook	
16	Megan	Giambastini	U of Indianapolis	Acalanes	LMYA	
17	Emily	Giambastini	New Hampshire	Acalanes	LMYA	
18	Isa	Guardalabene	Dartmouth	Albany	Bear	
19	Kylie	Hahn	Wesleyan	Piedmont	Piedmont	
20	Lindsay	Hart	Harvard	Las Lomas	Walnut Creek	
21	Jenna	Haufler	Pomona	Miramonte	OCC	
22	Shannon	Herman	San Diego State	San Ramon	Del Amigo	
23	Paige	Hanley	Iowa State	Campo	Meadow	
24	Kent	Holland	Brown (WP)	Miramonte	Sleepy Hollow	
25	Talbot	Jacobs	Brown	College Prep	Sleepy Hollow	
26	Jill	Jones	Cal Poly	Berean Christian	Walnut Creek	
27	Stephen	Kingery	Johns Hopkins (WI)	Campo	MCC	
28	Matt	Lanzara	Trinity	Campo	relocated	
29	Aly	Levine	Williams	Berkeley	Oakland	
30	Kristen	Lewis	UCLA	Campo	MCC	Olympic Trial Qualifier
31	Dustin	Luchini	UC Irvine/Davis	John Swett	Rodeo	
32	Shelbi	Luchini	Washington St.	Campo	Rodeo	
33	Derek	Ludwig	Willamette	Campo	Campo Cabana	
34	Caroline	Lukins	Columbia	Campo	OCC	
35	Megan	Lynn	Carleton	Head Royce	OCC	
36	Jack	McMahon	St. Boneventure	De La Salle		
37	Jenna	Muller	Pacific Lutheran	Campo	MCC	Freshman captain
38	Brittany	Percin	CalTech	Stanford on-line	Nevada	A two-year team captain
39	Annie	Reding	Columbia	Piedmont	OPP	
40	Becca	Reingold	Middlebury	CPS	Montclair	
41	Clay	Sanders	Duke	Campo	Moraga Ranch	
42	Colin	Scott	Boston College	Campo	Moraga Ranch	
43	Ryan	Shaw	Seattle University	Campo		

44	Allison	Stevens	UCSB	Campo	MCC	
45	Steven	Stumph	USC	Campo	Blackhawk	Olympic Trial Qualifier
46	Cole	Stevens	Columbia	Campo	MCC	Olympic Trial Qualifier
47	Claire	Therien	Rice	San Ramon	Danville Sea Devils	
48	Peter	Varellas	Stanford (WP)	Campo	MTSC	Silver Medal
49	Katy	Yeh	Lewis & Clark	Miramonte	MSC	
50	Tyler	Barker	US Naval Academy	Miramonte	MVP	
51	Courtney	Whyte	Notre Dame	Campo	SRVLA	
52	Scott	Wu	U of Chicago	Miramonte	Meadow	
53	Ben	Hayes	Brown	Wisconsin	NA	Olympic Trial Qualifier

Orinda Aquatics Alumni Recognition

	First	Last	College	Recognition
1	Peter	Varellas	Stanford	Male Student-Athlete of the Year, USA Olympic Team Captain Water Pol
2	Brooke	Woodward	Emory	Female Student-Athlete of the Year
3	Delia	Salomon	Grinnell	Swam the English Channel
4	Katie	Arnold	UCLA	Works for USA Swimming High Performance Group
5	Kristen	Lewis/Cunnane	UCLA	Associate Head Coach Cal Women's Swim Team
6	Steven	Stumph	USC	breaks US High School and Junior National Record in breast
7	Jill	Jones	Cal Poly	Named Women's Head Coach at Westmont College
8	Max	Parrague	UC Irvine	Navy Seal
9	Chris	Peterson	UCSB	Break Jason Lezak's school record
10	Spencer	Daily	UC San Diego	Breaks school record in the 100m free 50.9