



2025-26 Practice Schedule

(October 1 – late April)

The Lakes: 6740 Worthington Road, Westerville, OH 43082

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 & Under	5:00-6:00pm		5:00-6:00pm			9:00-10:30am	Practice at St. Charles. Ask your coach for details.
9 & Over	6:00-7:15pm		6:00-7:15pm			9:00-10:30am	

Notes:

- There will be no practice on most national holidays or during facility conflicts. Whenever possible, we will try to adjust practice times during conflicts.
- Practice adjustments will be noted in our weekly team updates. November & December holiday practice adjustments will be posted on our team website prior to each adjustment.
- ***Once the country club season begins, you may compete for both COA and The Lakes or focus solely on The Lakes. You'll still be a member of COA even if you're not practicing with us in the summer, so you're welcome to compete in any COA meets that don't conflict with country club meets.***