

## CONSENT FOR INDIVIDUAL TRAINING SESSIONS

I, \_\_\_\_\_, as the parent/legal guardian of \_\_\_\_\_, a minor athlete,  
 hereby authorize and consent for said minor athlete to receive individual training sessions from \_\_\_\_\_  
 \_\_\_\_\_, an Adult Participant, as specified below.

Location of training session	Frequency of Training (e.g., weekly, monthly, etc.)	Time Period of Consent (Not to exceed one year)

I understand the following are the guidelines for Individual Training Sessions:

1. In-Program one-on-one individual training sessions outside of the regular course of training and practice between Adult Participants and Minor Athletes must be observable and interruptible by another adult, except:
  - a. When a Dual Relationship exists; and/or
  - b. When the Close-In-Age Exception applies.
2. The Adult Participant providing the individual training session must receive advance, written consent from the Minor Athlete's parent/legal guardian at least annually, with a copy provided to the Organization, which can be withdrawn at any time.
3. Parents/legal guardians must be allowed to observe the individual training session.

Parent/Legal Guardian Name Printed: \_\_\_\_\_

Parent/Legal Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_