Swim Meet 101

Tips for keeping the whole family (you, your swimmer, and their siblings) happy and prepared at a swim meet





Packing list for your swimmer

Must haves:

- Competition suit
- Cap
- Goggles
- Towel
- Water bottle
- Snacks
- Sunscreen

Great to have:

- A spare of all the "must haves"
- Parka or robe to stay warm
- Deck shoes
- Something to do between events (playing cards, books, quiet games, headphones)
- Sharpies

At USA Swimming meets, swimmers will sit on deck with the coaches. At Y/WOAL meets the team "camp" is usually in a gym or grassy area (outdoors), this adds extra things to consider:

- Blanket to spread on the floor
- Additional warm clothing (gym will be colder than pool deck)
- Since they can't watch other races, even more things to do between events (Uno, Mancala, Coloring books, etc.)
- Gym camps make it easier to pack a cooler and have other snack options (yogurt, deli meat, cheese sticks, etc.)

Healthy, not messy, quick fuel snack ideas:

- Granola bars, trail mix (if your swimmer is old enough not to spill it all over the deck), jerky/beef sticks
- Dried fruit, fruit snacks, apple sauce, fruit and veggie squeeze pouches, veggie sticks
- Crackers, pretzels, bagels, peanut butter packets, oat bars
- Shelf-stable milk boxes/protein shakes, possibly an electrolyte replacement drink depending on length of swims and meet

Packing list for the rest of the family

Must haves:

- The willingness to volunteer (timer is the most common)
 - Sandals can be helpful. If you are timing correctly, you will get wet.
- Patience swim meets can get loooong. USA Swimming meets are restricted to 4-hour sessions. YMCA Invitationals can last all day.
- Sharpies and highlighters
- Dress in layers. Pools are muggy, gyms can be cold.
- Snacks and water bottles
- Extra snacks (this wasn't a typo)
- Sunscreen
- Telling your swimmer "Great Swim," "I love watching you swim," "I am proud of you," and "Where do you want to go eat/have ice cream?" at the end of the meet

Great to have:

- At USA Swim meets, you will be in the spectator area while your swimmers are on deck. A seat cushion is a great investment.
- At Y or WOAL meets, a camp chair is helpful
- Books, or something for you to do, between events
- Cash for concessions
- Younger siblings are the unsung heroes of swim meets bring plenty of activities and snacks for them so they love coming to swim meets.....and then want to join the team when they are old enough

Sunscreen tips for summer swim

- Make sure to pack sunscreen, both for you and your swimmers!
 - Especially if you are timing don't forget the top of your feet!
- Spray sunscreen takes off Sharpie this is a helpful hack if you have family photos the day after a meet. Less helpful if you just wrote all their events on their arm. Here are some helpful tips if you plan on using spray sunscreen:
 - Spray everywhere except where you write their events and their face
 - Write their events in the clean area
 - Carefully rub sunscreen lotion where you wrote their events

 Face sunscreen can sometimes make caps and goggles come off. Sticks or other quick absorbing options may be best

Swim Lingo

Bull Pen/ Clerk of Course: Primarily for 10&U, some meets have a staging area where younger swimmers check-in before their events to get placed in order and then led behind the blocks. Not every meet will have this. It's a swimmer's responsibility to make sure they are behind the blocks ready to swim at the appropriate time.

Cut times: Some meets have qualifying standards, called cuts, that dictate who can swim at that meet (see Zones and Junior Champs), or swim specific events at a meet. A list of time standards (or cuts) can be found on our team site under the "Swimmer Info" tab.

Dryland: Exercises done outside of the pool on the deck or in the gym. May require gym clothes, including socks and shoes.

DQ: Short for "disqualification." Sometimes a swimmer is disqualified for not properly performing the specific stroke. This happens to every swimmer at some point, the important thing is they learn from it and work on correcting it. If your younger swimmer is really down about a DQ — take them to DQ for a Blizzard and tell them you love watching them swim. Let the coaches handle the technique correction.

Heats/Heat winner: Events often have multiple heats, typically seeded so that the last heat is the fastest heat. At some meets, there are prizes for the heat winner. Winning your heat doesn't necessarily mean winning your event, especially true in early heats. Some meets give small trinkets or snacks for the heat winner. Some meets only give heat winner prizes for randomly chosen "hot heats." Some don't have any awards at all — for the heat or the event.

Individual Medley (IM): One swimmer swims all four strokes, in the following order – Fly, Back, Breast, Free

Junior Championships: A USA Swimming meet at the end of the season where 14 & Under swimmers with qualifying times compete for the Ohio Championship. This meet used to be called the Junior Olympics, so you may still hear old swimmers call it JOs.

Medley Relay: Four swimmers, each swim one stroke, in the following order – Back, Breast, Fly, Free

Swim Lingo (cont.)

Motivational times: After each Summer Olympic cycle, USA Swimming publishes Motivational times in every age bracket, for every event. These times range from B, BB, A, AA, AAA, and AAAA and are great guides when setting goals or showing progress from age group to age group. These can also be found on our website's "Swimmer Info" tab.

Mixed: When "mixed", boys and girls swim together in the same heat or event, but they aren't necessarily scored against each other. This is a way to speed up a meet, and also provide the best competition (swimming next to a faster swimmer, usually leads to a faster result). "Combined" is similar. Different age groups may be combined in the same heat or event, but the meet information will specify what ages are scored against each other.

Psych Sheet: Published before some meets. This is the ranking of all swimmers competing in the event, sorted by fastest seed time.

Scratch: When a swimmer (or relay) does not plan to swim their event, that entry is "scratched". Try to avoid this as much as possible The coaches wouldn't put a swimmer in an event if they don't think they are capable of swimming it

Seed time: A time previously swum, that is used to organize the swimmer for placement in their event. If the swimmer doesn't have a time, their seed time will be listed as NT (No Time).

Short course: During winter season in Ohio, events are typically swam in indoor short course 25-yard (SCY) pools. During the summer, meets can be long course 50-meters (LCM) or outdoor short course 25-meter (SCM) pools.

Zones: In the context of the Frogs, "Zones" typically refers to the Great Lakes YMCA Zone Championship meet, where qualifying swimmers from YMCAs in nearby states compete at the end of the season. USA Swimming does have a "Zones" meet at the end of summer, where our swimmers with AAA times compete for Team Ohio against other Local Swim Committee (LSC) teams.

How to read an entry report:

If provided beforehand, the entry report is a great first place to start when figuring out what, when, and where your kid is swimming.

The number of Individual and Relay events the swimmer is signed up for at this meet. 3 Individual / 1 Relay

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41st Flag City Invitational, Sanction #: OH-24LC-21 Riverside Park - Findlay, OH

Findlay YMCA Frogs Entries - All Events

Swimmers are listed alphabetically, with all of their associated events listed.

Findlay YMCA Frogs-OH

1 Lucy Abbott - Female - Age: 10 - Ind/Rel: 3 / 1

#125 Women 12&U 200 Free Relay (2) #141 Women 10&U 50 Breast

Tillie Abbott - Female - Age: 13 Ind/Rel: 6 / 4

#101 Women 13&0 200 Free Relation (4) #109 Women 13&0 100 Fly

3:27.04 1/2 1:21.55 2/1

1:21.55 2/1

2:16.18 1/ NT / There are two columns, don't miss these over here (events read Right, Left, then go down a line, Right, Left, etc)

#131 Women 10&U 100 Back NT 1/6 #145 Women 10&U 50 Free 1:01.56 2/3

#105 Women 13&0 50 Free 31.65 7/8 #111 Women 13&0 200 Free 2:39.51 4/3

The first number is the event number, then it is the description of what the event is

The (#) after a Relay event lists which leg of the relay they are The seed time is listed. Some meets allow NT, others don't. Occasionally, an estimated or converted time can be entered if a meet doesn't allow NT.

The last column gives heat and lane. In this example, Lucy is swimming event #145 10&U 50 Free. She will be in the 2nd heat, lane 3.

Super Bonus Tip – If you are standing at the turn end of the pool, facing the block end. The blocks will be labeled left to right, starting with Lane 1

How to read a heat sheet:

Now that you know where to look, you can find your swimmer in the multi-page heat sheet much easier. The heat sheet lists all of the events, in order, and who is in each heat and lane. Sometimes, all you will get is a heat sheet.

Findlay YMCA Frogs	Findlay YMCA Frogs HY-TEK's MEET MANAGER 8.0 - 8:17 PM 6/11/2024 Page 2						2	
41st Flag City Invitational, Sanction #: OH-24LC-21								
Riverside Park - Findlay, OH								
Meet Program - Saturday PM								
		1	Heat 4 of 4 Finals		1			1
#131 Women 10 & Under 1			1 Andrew Schlater	9 GTAC-OH	1:53.23	#135 Women 10 & Under 10		
Lane Name	Age Team	Seed Time	2 Luke Harriger	8 LYSC-OH	1:39.88	Lane Name	Age Team	Seed Time
Heat 1 of 3 Finals	7 RSC-OH	NT	3 George Little	9 UAC-OH	1:38.26	Heat 1 of 1 Finals 3 Charley Wibbeler	9 GTAC-OH	2:30.09
Jessette Trumpower Millie Halm	8 FYF-OH	NT NT	4 Callen Willamowski	9 LYSC-OH	1:26.58	•	9 BGSC-OH	1:56.85
2 Pilline Haim 3 Lilah McConnell	8 FTF-OH 10 SYL-OH	NT NT	5 Kyle Moellenberg	10 SYL-OH	1:35.58	4 Joanna Lopez 5 Hailev Baskin	10 VSC-LE	2:07.33
4 Adyson Willamowski		2:35.97	6 Liam Cameron	10 WAC-OH	1:39.72	5 Halley Backin	10 VSC-LE	2:07.55
5 Anna Atkinson	8 HYA-OH	2:35.97	7 Mason Johnson	10 RSC-OH	1:41.55	#136 Men 10 & Under 100 LC	Meter Butterfly	
6 Lucy Abbott	8 HIA-OH 10 FYF-OH	2:40.89 NT	8 Cayden Willamowski	7 LYSC-OH	1:58.59	Lane Name	Age Team	Seed Time
7 Alivia Joseph	8 SOS-OH	NT	#133 Women 11-12 100 LC Me	ton Paelertuolee		Heat 1 of 1 Finals		
Heat 2 of 3 Finals	0 303-011	M	Lane Name	Age Team	Seed Time	2 Grant Stewart	9 RSC-OH	NT
1 Aubree Joseph	10 SOS-OH	2:19.41	Heat 1 of 3 Finals	nge ream	Seed Time	3 George Little	9 UAC-OH	1:42.53
2 Charley Wibbeler	9 GTAC-OH	2:16.98	2 Lucy DeLong	12 GTAC-OH	NT	4 Callen Willamowski	a fac-oh	1:22.79
3 Amelia Greulich	9 UAC-OH	2:09.60	3 Chloe Smith	12 WAC-OH	2:54.56	5 Emmett Hamilton	10 HYA-OH	1:37.92
4 Sydney Cavener	10 WAC-OH	2:03.84	4 Addy Nielson	12 FYF-OH	1:58.85	6 Andrew Schlater	9 GTAC-OH	2:01.04
5 Londin Raines	6 LYSC-OH	2:09.12	5 Nanthini Mathiyanan	11 SWIM-LE	2:03.34	7 Reevison Trumpower	9 RSC-OH	NT
6 Kyleigh Nau	9 LYSC-OH	2:13.82	6 Frankie Burden	12 LYSC-OH	NT	#137 Women 11-12 100 LC N	leter Butterfly	
7 Isla Brunow	9 FYF-OH	2:18.81	Heat 2 of 3 Finals			Lane Name	Age Team	Seed Time
8 Kinsley Cross	9 WAC-OH	2:30.24	1 Maeve Lang	11 UAC-OH	1:52.15	Heat 1 of 2 Finals		$\neg \neg$
Heat 3 of 3 Finals			2 Vivian Eckel	11 WAC-OH	1:48.50	3 Bethany Stewart	11 RSC-OH	NT
1 Riley Kinney	9 WAC-OH	1:57.80	3 Reagan Margraf	12 SOS-OH	1:46.00	4 Lakelyn Eaglen	11 SOS-OH	2:10.58
2 Norah Halm	10 FYF-OH	1:54.87	4 Makayla Sherman	12 WAC-OH	1:37.46	5 Bryn Bechtold	11 WAC-OH	NT
3 Ellie Zerr	9 FYF-OH	1:48.60	5 Emmie Burns	12 SOS-OH	1:45.74	Heat 2 of 2 Finals		
4 Sadie Rivet	10 WAC-OH	1:37.50	6 Kai Knight	11 HYA-OH	1:46.89	Makayla Sherman	12 WAC-OH	1:56.24
5 Sloan Carter	9 SYL-OH	1:48.13	7 Jenna Szparka	12 SYL-OH	1:49.91	3 Gia Esposito	11 WAC-OH	1:28.46
6 Noelle Book	9 WAC-OH	1:54.17	8 Elizabeth Barrett	11 WAC-OH	1:55.35	4 Izzy Schlater	12 GTAC-OH	1:22.85
7 Vivian Armbruster	10 GTAC-OH	1:54.97	Heat 3 of 3 Finals			5 Allison Walker	11 WAC-OH	1:24.45
8 Willow Borsay	9 FYF-OH	2:02.05	1 Melody Hernandez	11 BGSC-OH	1:34.35	6 Cadence Longbottom	12 WAC-OH	1:50.62
			2 Bethany Stewart	11 RSC-OH	1:31.15	6 Cadence Longbottom 7 Melody Hernandez	12 WAC-OH 11 BGSC-OH	2:07.14
#132 Men 10 & Under 100	LC Meter Backstrok	te	2 Bethany Stewart 3 Gia Esposito	11 RSC-OH 11 WAC-OH	1:31.15 1:25.40	7 Melody Hernandez	11 BGSC-OH	
#132 Men 10 & Under 100 Lane Name			2 Bethany Stewart 3 Gia Esposito 4 Izzy Schlater	11 RSC-OH 11 WAC-OH 12 GTAC-OH	1:31.15 1:25.40 1:20.87		11 BGSC-OH er Butterfly	
#132 Men 10 & Under 100	LC Meter Backstrok	te	2 Bethany Stewart 3 Gia Esposito 4 Izzy Schlater 5 Anna-Cate Smith	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH	1:31.15 1:25.40 1:20.87 1:22.08	7 Melody Hernandez #138 Men 11-12 100 LC Mete	11 BGSC-OH	2:07.14
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#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart	LC Meter Backstrok Age Team 7 FYF-0H	Seed Time	Bethany Stewart Gia Esposito Izzy Schlater Anna-Cate Smith Adayaleise Trumpower Lei Simon	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 RSC-OH 12 WAC-OH	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals	11 BGSC-OH er Butterfly Age Team	2:07.14 Seed Time
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H	Seed Time NT NT	2 Bethany Stewart 3 Gia Esposito 4 Izzy Schlater 5 Anna-Cate Smith 6 Adayaleise Trumpower	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 RSC-OH	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherty 4 Brogan Biller 5 Braxton Altic	11 BGSC-OH er Butterfly Age Team 12 WAC-OH	2:07.14 Seed Time NT
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#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 El Delman 3 Luka Cross 4 Vigo Mathivanan 5 Eaton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals	LC Meter Backstrok Age Team 7 FYF-OH 9 RSC-OH 8 SYL-OH 8 UAC-OH 9 WAC-OH 10 SWIM-LE 8 BGSC-OH 7 FYF-OH 10 SYL-OH	NT NT NT 2:35.00 2:25.24 2:16.28 2:32.55 NT	2 Bethany Stewart 3 Gia Exposito 4 Izzy Schiater 5 Anna-Cate Smith 6 Adayaleise Trumpower 7 Lett Simon 8 Yardiey Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Akshanth Buddhavarapu 4 Lett Nilland	11 RSC-0H 11 WAC-0H 12 GTAC-0H 12 GTAC-0H 12 RSC-0H 12 WAC-0H 12 SOS-0H Backstroke Age Team 11 SWIM-LE 11 VSC-LE 11 UAC-0H	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 Seed Time 2:35.12 2:07.89 2:08.79	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Biller 5 Bracton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Yanamandra 4 Grant Winterton 5 Avery Sorg	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 SOS-OH 12 WAC-OH 12 WAC-OH 12 SVIM-LE 12 SWIM-LE 11 RSC-OH	2:07.14 Seed Time NT 1:52.94 2:01.17 1:36.81 1:28.69 1:21.18 1:25.59
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#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eil Delman 3 Luka Cross 4 Vigo Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lang	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 8 STL-0H 8 UAC-0H 9 WAC-0H 10 SWIM-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H	NT NT NT 2:35.00 2:25.24 2:15.25 NT 2:11.24 2:06.50	2 Berhany Stewart 3 Gia Esposito 4 Izry Schater 5 Anna-Cate Smith 6 Adaysides Trumpower 7 Lesi Simon 8 Tardiey Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Alchanth Buddhwarapu 4 Len Killer 5 Nathan Delman Heat 2 of 5 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 RSC-OH 12 WAC-OH 12 WAC-OH 13 WAC-OH 11 SWIM-LE 11 VSC-LE 11 UAC-OH 11 SWIM-LE 11 GTAC-OH	1:31.15 1:25.40 1:20.87 1:22.87 1:29.27 1:31.42 1:35.28 Seed Time 2:35.12 2:07.89 2:08.79 1:58.20 1:56.09	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lame Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Biller 5 Breaton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Tanamandra 4 Grant Winterton 5 Avery Sorg 6 Haydin Kinney 7 Caleb Swick #139 Women 12 & Under 20	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 SOS-OH 12 WAC-OH 12 WAC-OH 12 SWIM-LE 12 SWIM-LE 11 RSC-OH 11 UYSC-OH 11 LYSC-OH 11 LYSC-OH	2:07.14 Seed Time NT 1:52.94 2:01.17 1:36.81 1:28.69 1:21.18 1:25.59 1:31.61 1:38.12
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennert Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eil Delman 3 Luka Cross 4 Vijay Mathiwanan 5 Extron Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lang 3 Eric Medide	LC Meter Backstrok Age Team 7 FYF-OH 9 RSC-OH 8 STL-OH 8 UAC-OH 10 SWIN-LE 8 BGSC-OH 10 STL-OH 10 SOS-OH 10 SOS-OH	Seed Time NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27	2 Berhary Stewart 3 Gia Esposito 4 Izzy Schiater 5 Ama-Cate Smith 6 Adayabeir Trumpower 7 Lesi Simon 8 Yardley Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Akchanth Buddhavarapu 4 Lesi Nülle 5 Nathan Delman Heat 2 of 5 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogan Biller 6 Rogan Biller	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 RSC-OH 12 WAC-OH 12 SOS-OH Backstroke Age Team 11 SWIM-LE 11 VSC-LE 11 UAC-OH 11 SWIM-LE 11 GTAC-OH 12 SOS-OH	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 Seed Time 2:35.12 2:07.89 2:08.79 1:58.20 1:56.09 1:51.52	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherty 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Yanamandra 4 Grant Winterton 5 Avery Sorg 6 Haytin Kinney 7 Caleb Swick	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 SOS-OH 12 WAC-OH 12 WAC-OH 12 SVIM-LE 12 SVIM-LE 11 RSC-OH 12 WAC-OH 11 LYSC-OH	2:07.14 Seed Time NT 1:52.94 2:01.17 1:36.81 1:28.69 1:21.18 1:25.59 1:31.61
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Ente guo Heat 2 of 4 Finals 2 Eil Delman 3 Luka Cross 4 Vijay Mathivanan 5 Eaton Coppes 6 Jak. Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tonumy Lang 3 Ein McBride 4 Ryun Radi	LC Meter Backstrok Age Team 7 FYF-OH 9 RSC-OH 8 STL-OH 9 WAC-OH 10 SWIM-LE 8 BGSC-OH 7 FYF-OH 9 WAC-OH 9 WAC-OH 9 WAC-OH 10 SOS-OH 10 SSL-OH	Seed Time NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27	2 Berhany Stewart 3 Gia Esposito 4 Izzy Schlater 5 Anna-Cate Smith 6 Adayaleise Trumpower 7 Lesi Simon 8 Yardley Deckar =1134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Alchanth Buddhawarapu 4 Levi Miller 5 Nathan Delman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogan Biller 5 Blake Smith	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 RSC-OH 12 WAC-OH 12 SOS-OH Backstroke Age Team 11 SWIM-LE 11 UAC-OH 11 SWIM-LE 11 GTAC-OH 12 SOS-OH 12 SOS-OH	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 Seed Time 2:35.12 2:07.89 2:08.79 1:58.20 1:56.09 1:51.52 1:54.68	7 Melody Hernandez #138 Men 11-12 100 LC Mete Jame Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Biller 5 Breaton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Tanamandra 4 Grant Winterton 5 Avery Sorg 6 Haydin Kinney 7 Caleb Switck #139 Women 12 & Under 200 Lane Name Name Heat 1 of 3 Finals	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 SOS-OH 12 WAC-OH 12 WAC-OH 12 SWIM-LE 12 SWIM-LE 11 RSC-OH 11 UYSC-OH 11 LYSC-OH 11 LYSC-OH	2:07.14 Seed Time NT 1:52.94 2:01.17 1:36.81 1:28.69 1:21.18 1:25.59 1:31.61 1:38.12
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Sewart 5 Brit guo Heat 0 of 4 Finals 2 Bil Delmann 3 Linka Cross 4 Vijay Mathiwann 5 Eaton Coppes 6 Jack Zerr 7 Drew Kinkald 1 Brady Mürr 2 Toumry Lang 3 Eric McBride 4 Ryan Radi 5 Bryte Biller	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 8 STL-0H 9 WAC-0H 10 SWI9-LE 8 BSSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 STL-0H 10 SOS-0H 10 STL-0H	Seed Time NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:05.23	2 Berhary Stewart 3 Gia Esposito 4 Izzy Schlater 5 Anna-Care Smith 6 Adaysides Trumpower 7 Lesi Simon 8 Yardley Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Alchanth Buddhavarapu 4 Leri Niller 5 Nathan Delman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogam Biller 5 Blake Smith 6 Evan McBride	11 RSC-0H 11 WAC-0H 12 GTAC-0H 12 GTAC-0H 12 GTAC-0H 12 SOS-0H 12 SOS-0H 13 SWIM-LE 11 SWIM-LE 11 VAC-LE 11 UAC-0H 11 SWIM-LE 11 GTAC-0H 12 SOS-0H 12 SOS-0H 12 SOS-0H 12 SOS-0H	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 Seed Time 2:35.12 2:07.89 2:08.79 1:58.20 1:56.09 1:51.52 1:54.68 1:57.33	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherty 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihan Yuannandra 4 Grant Winterton 5 Avery Sorg 6 Haytn Kinney 7 Caleb Swick #139 Women 12 & Under 20 Lane Name	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 SOS-OH 12 WAC-OH 12 WAC-OH 12 SWIM-LE 12 SWIM-LE 12 SWIM-LE 11 RSC-OH 11 LYSC-OH 11 LYSC-OH OLC Meter IM Age Team	2:07.14 Seed Time NT 1:52.94 2:01.17 1:36.81 1:28.69 1:21.18 1:25.59 1:31.61 1:38.12 Seed Time
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Steward 5 Ehie guo 4 Grant Steward 5 Ehie guo 5 Ehie guo 5 Elideman 3 Luka Cross 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tonumy Lang 5 Ehie MeBride 4 Ryan Radi 5 Brider Biller 6 Ethan Duggan	LC Meter Backstrok Age Team 7 FYF-OH 9 RSC-OH 8 STL-OH 9 WAC-OH 10 SWIM-LE 8 BGSC-OH 7 FYF-OH 9 WAC-OH 9 UAC-OH 9 UAC-OH 10 SSTL-OH 10 SSTL-OH 10 SSTL-OH 10 SSTL-OH 10 SSTL-OH	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:05.23 2:06.03	2 Berhamy Stewart 3 Gia Esposito 4 Izzy Schlater 5 Ama-Cate Smith 6 Adayabelar Trumpower 7 Leaf Smon 8 Yardley Decker #134 Men 11-12 100 LC Meter Laue Name Heat 1 of 3 Finals 3 Akchanth Buddhawarapu 4 Lent Miller 5 Nathan Dehman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogan Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 RSC-OH 12 WAC-OH 12 SOS-OH Backstroke Age Team 11 SWIM-LE 11 UAC-OH 11 SWIM-LE 11 GTAC-OH 12 SOS-OH 12 SOS-OH	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 Seed Time 2:35.12 2:07.89 2:08.79 1:58.20 1:56.09 1:51.52 1:54.68	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Gaiden Daugherry 4 Brogan Bilber 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihan Yanamandra 4 Grant Winterton 5 Avery 500 6 Haydin Kinney 7 Caleb Swick #139 Women 12 & Under 200 Lane Name Heat 1 of 3 Finals 3 Willow Borstay	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 SOS-OH 12 WAC-OH 12 WAC-OH 12 SWIM-LE 11 SSC-OH 12 WAC-OH 11 WAC-OH 12 WAC-OH 11 WSC-OH 1	2.07.14 Seed Time NT 1:52.94 2.01.17 1:36.81 1:28.89 1:21.18 1:25.59 1:31.61 1:38.12 Seed Time NT
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 WAC-0H 10 SWIN-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 SOS-0H 10 WAC-0H 10 SOS-0H 10 WAC-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhamy Stewart 3 Gia Esposito 4 Izry Schater 5 Anna-Cate Smith 6 Adayasicia Trumpower 7 Lexi Simon 8 Tardiey Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Alchamth Buddhavarapu 4 Levi Miller 5 Nathan Delman Heat 2 of 3 Finals 2 Brahim Ayad 3 Wayne Wibbeler 4 Brogan Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 GTAC-OH 12 GTAC-OH 12 WAC-OH 12 WAC-OH 11 WOR-OH 11 WOR-OH 11 WOR-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 12 SOS-OH 12 SOS-OH 12 SOS-OH 12 SOS-OH 11 WAC-OH 11	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 Seed Time 2:35.12 2:07.89 2:08.79 1:56.09 1:56.09 1:51.52 1:54.68 1:57.33 2:04.95	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherty 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Yanamandra 4 Grant Winterton 5 Avery Sorg 6 Haydın Kinney 7 Caleb Swick #139 Women 12 & Under 20t Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Bryn Bechtold 5 Halley Backin Heat 2 of 3 Finals	11 BGSC-OH er Butterfly Age Texm 12 WAC-OH 11 WAC-OH 11 INSC-OH 11 INSC-OH 10 LC Meter IM Age Texm 9 FFR-OH 10 VSC-LE	2.07.14 Seed Time NT 1.52.94 2.01.17 1.36.81 1.28.69 1.21.18 1.25.59 1.31.61 1.38.12 Seed Time NT NT NT
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Steward 5 Ehie guo 4 Grant Steward 5 Ehie guo 5 Ehie guo 5 Elideman 3 Luka Cross 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tonumy Lang 5 Ehie MeBride 4 Ryan Radi 5 Brider Biller 6 Ethan Duggan	LC Meter Backstrok Age Team 7 FYF-OH 9 RSC-OH 8 STL-OH 9 WAC-OH 10 SWIM-LE 8 BGSC-OH 7 FYF-OH 9 WAC-OH 9 UAC-OH 9 UAC-OH 10 SSTL-OH 10 SSTL-OH 10 SSTL-OH 10 SSTL-OH 10 SSTL-OH	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:05.23 2:06.03	2 Berhary Stewart 3 Gia Esposito 4 Izzy Schlater 5 Ama-Cate Smith 6 Adayabeir Trumpower 7 Leai Simon 8 Yardley Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Alchanth Buddhavarapu 4 Leri Miller 5 Nothan Delman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogan Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals 1 Ivan Ambruster	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 GTAC-OH 12 TSC-OH 12 WAC-OH 12 WAC-OH 12 SOS-OH 13 WIM-LE 11 SWIM-LE 11 WAC-OH 11 SWIM-LE 11 UAC-OH 12 SOS-OH 12 SOS-OH 12 SOS-OH 11 VSC-LE 12 GTAC-OH	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 2:35.12 2:07.89 2:08.79 1:58.20 1:56.09 1:51.52 1:54.68 1:57.33 2:04.95	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lame Name Heat 1 of 2 Finals 3 Gaiden Daugherry 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vibham Tanamandra 4 Grant Winterton 5 Avery 500 6 Haydin Kinney 6 Haydin Kinney 7 Hajden Winterton 12 All Willow Borsay 4 Bryn Bechtold 5 Halley Backin Heat 2 of 3 Finals 1 Fiper Beckin Heat 2 of 3 Finals 1 Fiper Beckin Heat 1 of 3 Finals 5 Halley Backin Heat 2 of 3 Finals 1 Fiper Beckin	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 13 WAC-OH 14 WAC-OH 15 WAC-OH 10 WAC-OH 10 WAC-OH 10 WAC-OH 11 WAC-OH 10 WAC-OH 11 WAC-OH 10 WSC-UE 12 FVF-OH	2:07.14 Seed Time NT 1:52.94 2:01.17 1:36.81 1:28.69 1:21.18 1:25.59 1:31.61 1:38.12 Seed Time NT NT NT
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 WAC-0H 10 SWIN-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 SOS-0H 10 WAC-0H 10 SOS-0H 10 WAC-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhamy Stewart 3 Gia Esposito 4 Izzy Schlater 5 Anna-Cate Smith 6 Adayabeier Trumpower 7 Leaf Simon 8 Leaf Smon 8 Leaf Smon 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Alchamth Buddawarapu 4 Leaf Miller 5 Nathan Delman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeier 4 Brogan Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals 1 Ivan Armbruster 2 Konner Kunz	11 RSCON 11 WACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 WACOH 12 WACOH 12 SOS-OH BENCHMAN 11 SWIM-LE 11 WACOH 11 WACOH 11 WACOH 11 SWIM-LE 11 GTACOH 12 SOS-OH 12 SOS-OH 12 SOS-OH 12 SOS-OH 11 WACOH 11 WACOH 11 SWIM-LE 11 GTACOH 12 SOS-OH 12 SOS-OH 12 SOS-OH 11 SUCLE 12 GTACOH 11 STACOH 11 GTACOH 11 STACOH 11 GTACOH 11 STACOH 11 STACOH 12 GTACOH 11 STACOH 12 GTACOH 11 STACOH 11 STACOH 12 GTACOH 11 STACOH 12 GTACOH 11 STACOH 12 GTACOH 12 GTACOH 11 STACOH 12 GTACOH 11 STACOH 12 GTACOH 11 STACOH 12 GTACOH 11 STACOH 11 STACOH 12 GTACOH 11 STACOH 12 GTACOH 11 STACOH 12 GTACOH 11 STACOH 11 S	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 Seed Time 2:35.12 2:07.89 2:08.79 1:58.20 1:56.09 1:51.52 1:54.68 1:57.33 2:04.95 1:35.04	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherty 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Yanamandra 4 Grant Winterton 5 Avery Sorg 6 Haytn Kinney 7 Caleb Swick #139 Women 12 & Under 20t Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Bryn Bechtold 5 Halley Backin Heat 2 of 3 Finals 1 Piper Borsay 2 Liberty Raines	11 BGSCOH ar Butterfly Age Team 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 11 WSC-OH 11 WSC-OH 11 WSC-OH 11 WSC-OH 11 WSC-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 10 VSC-LE 12 FIE-OH 10 VSC-LE	2:07.14 Seed Time NT 1:5294 2:01.17 1:3681 1:28.69 1:21.18 1:28.59 1:31.61 1:38.12 Seed Time NT NT NT NT 4:30.61
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 WAC-0H 10 SWIN-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 SOS-0H 10 WAC-0H 10 SOS-0H 10 WAC-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhary Stewart 3 Gia Esposito 4 Izzy Schiater 5 Ama-Cate Smith 6 Adayabeire Trumpower 7 Lesi Simon 8 Yardely Decker #134 Men 11-12 100 LC Meter Lane Name Haat 1 of 3 Finals 3 Akchanth Buddhawarapu 4 Lesi Nille 5 Nathan Delman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 5 Blake Smith 6 Eran Medinder 7 Dylan Sebom Heat 3 of 3 Finals 1 Ivan Ambruster 2 Konner Kurz 3 Kraig Moellenberg r	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 GTAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 11 SWIM-LE 11 UAC-OH 11 SWIM-LE 11 UAC-OH 12 SOS-OH 12 SOS-OH 12 SOS-OH 11 VSC-LE 12 GTAC-OH 11 STIL-OH 11 STIL-OH 12 STIL-OH 12 STIL-OH	1:31:15 1:25:40 1:20:87 1:22:08 1:29:27 1:31:42 1:35:28 2:97:89 2:98:79 1:58:20 1:54:68 1:57:33 2:04:95 1:39:57 1:35:04	7 Melody Hernandez #188 Men 11-12 100 LC Mete Jame Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Biller 5 Breaton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Tanamandra 4 Grant Winterton 5 Arevey Sorg 6 Haydin Kinney 7 Caleb Swick #139 Women 12 & Under 200 Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Bryn Bechtold 5 Halley Backin Heat 2 of 3 Finals 1 Fiper Borsay 2 Liberty Ráines 3 Taylor Blackóprd	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 WGC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 13 WWM-LE 13 WWM-LE 13 WWM-LE 14 WAC-OH 10 WAC-OH 10 WAC-OH 10 WAC-OH 10 WCC-OH 10 WCC-OH 10 WCC-OH 11 WAC-OH	2:07.14 Seed Time 15:294 2:01.17 13:681 12:26:69 12:11:13:61 12:55:99 13:161 13:81:2 Seed Time NT NT NT NT 4:30:61 4:18:11
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 WAC-0H 10 SWIN-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 SOS-0H 10 WAC-0H 10 SOS-0H 10 WAC-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhamy Stewart 3 Gia Esposito 4 Izzy Schlater 5 Anna-Cate Smith 6 Adayabelar Trumpower 7 Leaf Smon 8 Yardley Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Akshanti Buddhawarapu 4 Len' Miller 5 Nathan Dehman Heat 2 of 3 Finals 2 Brashim Ayad 3 Wayne Wibbeler 4 Brogan Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals 1 twa Amaburater 2 Konner Kunz 3 Kraig Moellenberg Jr 4 Grant Winterbon	11 RSCOR 11 WACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 WACOH 12 WACOH 12 WACOH 12 WACOH 11 SWIM-LE 11 VSCLE 11 VSCLE 11 GTACOH 11 SWIM-LE 11 GTACOH 12 SOS-OH 12 SOS-OH 11 VSCLE 12 GTACOH 11 STLOH 12 STLOH 11 VSCLE 12 GTACOH 11 STLOH 12 STLOH 11 STLOH 12 GTACOH 11 STLOH 12 STLO	1:91:15 1:25:40 1:20:87 1:22:08 1:29:27 1:91:42 1:35:28 Seed Time 2:35:12 2:07:89 2:08:79 1:56:09 1:56:09 1:56:09 1:54:68 1:57:33 2:04:95 1:39:57 1:35:04 1:34:14 1:1:55:8	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Bilber 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihan Yanamandra 4 Grant Winterton 5 Avery Sowick #139 Women 12 & Under 20 Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Byn Bechtold 5 Halley Baskin Heat 2 of 3 Finals 1 Piper Borsay 2 Liberry Raines 3 Taylor Blackford 4 Elile Zerr	11 BGSC-OH er Putterfly Age Team 12 WAC-OH 13 SVIM-LE 13 SVIM-LE 13 SVIM-LE 14 SC-OH 11 WAC-OH 11 WAC-OH 10 WAC-OH 11 WAC-OH 12 FIF-OH 12 FIF-OH 12 FIF-OH 13 SC-OH 11 WAC-OH 14 WAC-OH 15 SC-OH 11 WAC-OH 16 SC-OH 17 WAC-OH 17 SC-OH 18 WAC-OH 18 WAC-OH 19 FIF-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 12 FIF-OH 13 FIF-OH 14 WAC-OH 15 FIF-OH 16 WAC-OH 17 FIF-OH 17 FIF-OH 18 WAC-OH 18 FIF-OH 18 WAC-OH 19 FIF-OH	2-07.14 Seed Time NT 15294 2-01.17 136.89 121.18 128.69 121.18 131.61 138.12 Seed Time NT NT NT NT 430.61 418.11 354.61
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 WAC-0H 10 SWIN-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 SOS-0H 10 WAC-0H 10 SOS-0H 10 WAC-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhary Stewart 3 Gia Esposito 4 Izzy Schiater 5 Ama-Cate Smith 6 Adaysides Trumpower 7 Lesi Simon 8 Yardeley Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Alchanth Buddhavarapu 4 Leri Nille 5 Nathan Delman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogan Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals 1 Ivan Armbrustre 2 Konner Kunz 3 Kraig Moellenberg Jr 4 Grant Winterton 5 Bennett Crosser	11 RSC-OH 11 WAC-OH 12 GTAC-OH 12 GTAC-OH 12 GTAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 11 SWIM-LE 11 UAC-OH 11 SWIM-LE 11 UAC-OH 11 SWIM-LE 11 UAC-OH 12 SOS-OH 12 SOS-OH 11 VSC-LE 12 GTAC-OH 11 TAC-OH 12 SOS-OH 11 VSC-LE 12 GTAC-OH 12 STL-OH	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 2:35.12 2:07.89 2:08.79 1:58.20 1:54.68 1:57.33 2:04.95 1:39.57 1:35.54 1:34.14 1:15.58	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherty 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Wisham Yanamandra 4 Grant Winterton 5 Avery Sorg 6 Haydın Kinney 7 Caleb Swick #139 Women 12 & Under 200 Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Bryn Bechtold 5 Halley Backin Heat 2 of 3 Finals 1 Piper Borsay 2 Liberty Raines 3 Taylor Blackford 4 Ellie Zerr 5 Nova Shamnon	11 BGSCOH er Butterfly Age Texan- 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 SWIM-LE 11 RSC-OH 12 WAC-OH 11 LISC-OH 11 LISC-OH 10 LC Meter IM Age Texan 9 FIT-OH 10 VSC-LE 12 FIT-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 12 LISC-OH 11 WAC-OH 12 FIT-OH 11 WAC-OH 12 FIT-OH 12 WAC-OH 11 WAC-OH 12 FIT-OH 12 WAC-OH 11 WAC-OH 12 FIT-OH 12 WAC-OH 11 WAC-OH 12 FIT-OH 12	2:07.14 Seed Time NT 1:5234 2:01.17 1:36.81 1:28.69 1:21.18 1:25.59 1:31.61 1:38.12 Seed Time NT NT NT NT 4:30.61 4:18.11 3:54.69 3:55.69
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 WAC-0H 10 SWIN-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 SOS-0H 10 WAC-0H 10 SOS-0H 10 WAC-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhamy Stewart 3 Gia Esposito 4 Izzy Schlater 5 Ama-Cate Smith 6 Adayabelar Trumpower 7 Leaf Smon 8 Yardley Decker #134 Men 13-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Akchanth Buddhawarapu 4 Len' Miller 5 Nathan Dehman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogan Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals 1 Ivan Ambruster 2 Konner Kurz 3 Knaig Meellenberg Ir 4 Grant Winterton 5 Bennett Crosser 6 Mason Brauum	11 RS-OR 11 WACOH 12 GTAC-OH 12 GTAC-OH 12 GTAC-OH 12 WACOH 12 WACOH 12 WACOH 11 SOS-OH 11 WACOH 11 WACOH 11 WACOH 12 WA	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 2:35.12 2:97.89 2:35.12 2:97.89 1:58.20 1:56.09 1:51.52 1:54.68 1:57.33 2:44.95 1:39.57 1:35.04 1:34.14 1:34.14 1:35.14 1:34.14 1:35.14 1:35.14	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lame Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Viham Yanamandra 4 Grant Winterton 5 Avery Sorg 6 Haydn Kinney 7 Caleb Swick #139 Winnen 12 & Under 200 Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Bryn Bechtold 5 Halley Baskin Heat 2 of 3 Finals 1 Fiper Borsay 2 Liberty Raines 3 Taylor Blackford 4 Elile Zerr 5 Nova Shamnon 6 Lakin Raines	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 SOS-OH 12 WAC-OH 11 WAC-OH 12 WAC-OH 12 WAC-OH 13 WAC-OH 14 WAC-OH 15 WAC-OH 16 WAC-OH 17 WAC-OH 17 WAC-OH 18 WAC-OH 18 WAC-OH 19 WAC-OH 10 WAC-OH 10 WAC-OH 10 WAC-OH 10 WAC-OH 10 WAC-OH 11 WAC-OH 1	2-07.14 Seed Time NT 1:5294 2-01.17 1:36.81 1:28.89 1:21.18 1:25.59 1:31.61 1:38.12 Seed Time NT NT NT NT NT 4:30.61 4:18.11 3:54.61 3:55.89 4:23.65
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 WAC-0H 10 SWIN-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 SOS-0H 10 WAC-0H 10 SOS-0H 10 WAC-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhary Stewart 3 Gia Esposito 4 Izzy Schlater 5 Anna-Care Smith 6 Adaysides Trumpower 7 Lesi Simon 8 Yardeley Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Abchanth Buddhavarapu 4 Leri Nille 5 Nathan Delman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogam Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals 1 Ivan Armbruster 2 Konner Kurz 3 Knig Moellenberg Ir 4 Grant Winterton 5 Bennett Crosser 6 Mason Bramum 7 Lachlan Pewel	11 RSCOR 11 WACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 WACOH 11 WACOH 11 SWIM-LE 11 WACOH 11 WACOH 11 WACOH 11 WACOH 12 SOS-OH 12 SOS-OH 12 SOS-OH 11 WACOH 11 STACOH 12 SOS-OH 12 SOS-OH 11 WACOH 12 SOS-OH 11 WACOH 12 SOS-OH 11 WACOH 12 SOS-OH 11 WACOH 12 STACOH 11 WACOH 12 STACOH 11 STACOH 12 STACOH 11 STACOH	1:31.15 1:25.40 1:20.87 1:22.08 1:39.27 1:31.42 1:35.28 2:35.12 2:37.89 2:08.79 1:58.20 1:56.09 1:51.52 1:54.68 1:57.33 2:04.95 1:35.04 1:35.0	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Vanamandra 4 Grant Winterton 5 Avery Sorg 6 Haydın Kinney 7 Caleb Swick #139 Women 12 & Under 20! Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Bryn Bechtold 5 Halley Backin Heat 2 of 3 Finals 1 Piper Borsay 2 Liberty Raines 3 Taylor Blackford 4 Elik Zerr 5 Nova Shannon 6 Lakin Raines 7 Lakelyn Eaglen	11 BGSCOH er Butterfly Age Texan- 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 WAC-OH 12 SWIM-LE 11 RSC-OH 12 WAC-OH 11 LISC-OH 11 LISC-OH 10 LC Meter IM Age Texan 9 FIT-OH 10 VSC-LE 12 FIT-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 11 WAC-OH 12 LISC-OH 11 WAC-OH 12 FIT-OH 11 WAC-OH 12 FIT-OH 12 WAC-OH 11 WAC-OH 12 FIT-OH 12 WAC-OH 11 WAC-OH 12 FIT-OH 12 WAC-OH 11 WAC-OH 12 FIT-OH 12	2:07.14 Seed Time NT 1:5294 2:01.17 1:36:81 1:28:69 1:21:18 1:25:59 1:31:61 1:38:12 Seed Time NT NT NT NT 4:30:61 4:18:11 3:54:61 3:55:89 4:23:65 4:58:20
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 WAC-0H 10 SWIN-LE 8 BGSC-0H 7 FYF-0H 10 STL-0H 9 WAC-0H 10 SOS-0H 10 SOS-0H 10 SOS-0H 10 WAC-0H 10 SOS-0H 10 WAC-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhamy Stewart 3 Gia Esposito 4 Izzy Schlater 5 Ama-Cate Smith 6 Adayabelar Trumpower 7 Leaf Smon 8 Yardley Decker #134 Men 13-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Akchanth Buddhawarapu 4 Len' Miller 5 Nathan Dehman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogan Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals 1 Ivan Ambruster 2 Konner Kurz 3 Knaig Meellenberg Ir 4 Grant Winterton 5 Bennett Crosser 6 Mason Brauum	11 RS-OR 11 WACOH 12 GTAC-OH 12 GTAC-OH 12 GTAC-OH 12 WACOH 12 WACOH 12 WACOH 11 SOS-OH 11 WACOH 11 WACOH 11 WACOH 12 WA	1:31.15 1:25.40 1:20.87 1:22.08 1:29.27 1:31.42 1:35.28 2:35.12 2:97.89 2:35.12 2:97.89 1:58.20 1:56.09 1:51.52 1:54.68 1:57.33 2:44.95 1:39.57 1:35.04 1:34.14 1:34.14 1:35.14 1:34.14 1:35.14 1:35.14	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lame Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Viham Yanamandra 4 Grant Winterton 5 Avery Sorg 6 Haydn Kinney 7 Caleb Swick #139 Winnen 12 & Under 200 Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Bryn Bechtold 5 Halley Baskin Heat 2 of 3 Finals 1 Fiper Borsay 2 Liberty Raines 3 Taylor Blackford 4 Elile Zerr 5 Nova Shamnon 6 Lakin Raines	11 BGSC-OH er Butterfly Age Team 12 WAC-OH 12 SOS-OH 12 WAC-OH 11 WAC-OH 12 WAC-OH 12 WAC-OH 13 WAC-OH 14 WAC-OH 15 WAC-OH 16 WAC-OH 17 WAC-OH 17 WAC-OH 18 WAC-OH 18 WAC-OH 19 WAC-OH 10 WAC-OH 10 WAC-OH 10 WAC-OH 10 WAC-OH 10 WAC-OH 11 WAC-OH 1	2-07.14 Seed Time NT 1:5294 2-01.17 1:36.81 1:28.89 1:21.18 1:25.59 1:31.61 1:38.12 Seed Time NT NT NT NT NT 4:30.61 4:18.11 3:54.61 3:55.89 4:23.65
#132 Men 10 & Under 100 Lane Name Heat 1 of 4 Finals 3 Bennett Brunow 4 Grant Stewart 5 Eric guo Heat 2 of 4 Finals 2 Eli Delman 3 Lula Cross 4 Vigey Mathivanan 5 Easton Coppes 6 Jack Zerr 7 Drew Kinkaid Heat 3 of 4 Finals 1 Brady Muir 2 Tommy Lung 3 Eric McBride 4 Ryan Radl 5 Bryler Biller 6 Erhan Duggun 7 Mack Burns	LC Meter Backstrok Age Team 7 FYF-0H 9 RSC-0H 9 RSC-0H 10 SVII-0H 10 SVII-0H 10 SVII-0H 10 STI-0H 10 STI-0H 10 STI-0H 10 SOS-0H 10 SOS-0H 10 VAC-0H 10 SOS-0H 10 VAC-0H 10 SOS-0H 10 VAC-0H 10 SOS-0H	NT NT 2:35.00 2:25.24 2:15.09 2:16.28 2:32.55 NT 2:11.24 2:06.50 2:05.27 2:00.17 2:00.17 2:00.17 2:00.25 2:00.	2 Berhary Stewart 3 Gia Esposito 4 Izzy Schlater 5 Anna-Care Smith 6 Adaysides Trumpower 7 Lesi Simon 8 Yardeley Decker #134 Men 11-12 100 LC Meter Lane Name Heat 1 of 3 Finals 3 Abchanth Buddhavarapu 4 Leri Nille 5 Nathan Delman Heat 2 of 3 Finals 2 Ibrahim Ayad 3 Wayne Wibbeler 4 Brogam Biller 5 Blake Smith 6 Evan McBride 7 Dylan Sebom Heat 3 of 3 Finals 1 Ivan Armbruster 2 Konner Kurz 3 Knig Moellenberg Ir 4 Grant Winterton 5 Bennett Crosser 6 Mason Bramum 7 Lachlan Pewel	11 RSCOR 11 WACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 GTACOH 12 WACOH 11 WACOH 11 SWIM-LE 11 WACOH 11 WACOH 11 WACOH 11 WACOH 12 SOS-OH 12 SOS-OH 12 SOS-OH 11 WACOH 11 STACOH 12 SOS-OH 12 SOS-OH 11 WACOH 12 SOS-OH 11 WACOH 12 SOS-OH 11 WACOH 12 SOS-OH 11 WACOH 12 STACOH 11 WACOH 12 STACOH 11 STACOH 12 STACOH 11 STACOH	1:31.15 1:25.40 1:20.87 1:22.08 1:39.27 1:31.42 1:35.28 2:35.12 2:37.89 2:08.79 1:58.20 1:56.09 1:51.52 1:54.68 1:57.33 2:04.95 1:35.04 1:35.0	7 Melody Hernandez #138 Men 11-12 100 LC Mete Lane Name Heat 1 of 2 Finals 3 Caiden Daugherry 4 Brogan Biller 5 Braxton Altic Heat 2 of 2 Finals 2 Ben Cudney 3 Vihaan Vanamandra 4 Grant Winterton 5 Avery Sorg 6 Haydın Kinney 7 Caleb Swick #139 Women 12 & Under 20! Lane Name Heat 1 of 3 Finals 3 Willow Borsay 4 Bryn Bechtold 5 Halley Backin Heat 2 of 3 Finals 1 Piper Borsay 2 Liberty Raines 3 Taylor Blackford 4 Elik Zerr 5 Nova Shannon 6 Lakin Raines 7 Lakelyn Eaglen	11 BGSC-OH	2:07.14 Seed Time NT 1:5294 2:01.17 1:36:81 1:28:69 1:21:18 1:25:59 1:31:61 1:38:12 Seed Time NT NT NT NT 4:30:61 4:18:11 3:54:61 3:55:89 4:23:65 4:58:20

Here is the previous slide's example. Event #145 Women's 10&U 50 Free. Lucy is in the 2nd heat (of 5), lane 3.

Lane Name	Age Team	Seed Time
Heat 1 of 5 Finals		
3 Cecilia Maag	9 FYF-OH	NT
4 Anna Atkinson	8 HYA-OH	1:25.41
5 Lilah McConnell	10 SYL-OH	NT
Heat 2 of 5 Finals		
2 Balen McMahon	6 GTAC-OH	1:15.09
3 Lucy Abbott	10 FYF-OH	1:01.56
4 Charley Wibbeler	9 GTAC-OH	58.76
5 Adyson Willamow	ski 6 LYSC-OH	1:01.51
6 Millie Halm	8 FYF-OH	1:10.50
7 Alivia Joseph	8 SOS-OH	1:18.53

The packing list suggested highlighters. Once you find your kid in the heat sheet, highlight them.

Like how events are listed in the entry report (Left, Right, Down, Left, Right), relay order is the same way.

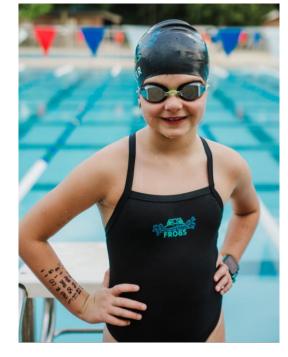
#127 Women 10 & Under 200 LC Meter Freestyle Relay				
Lane	Team	Relay Se	ed Time	
Heat	1 of 1 Finals			
2	SOS-OH	A	NT	
3	WAC-OH	A	3:13.06	
4	HYA-OH	A	2:43.35	
5	Palmer Steel 10 Leah Weaver 10 FYF-OH	Eila Owens 10 Josie Drummond A	l 10 3:01.88	
6	Ellie Zerr 9 Isla Brunow 9 LYSC-OH	Willow Borsay 9 Norah Halm 10 A	4:10.25	
	Kyleigh Nau 9 Londin Raines 6	Liberty Raines 9 Lakin Raines 9		

Another Super Bonus Tip: FYF-OH, that is us! Findlay YMCA Frogs (FYF) and we are a part of the Ohio Local Swim Committee (LSC). Our LSC includes most of Ohio and a little bit of Kentucky (by Cincinnati). It currently doesn't include Northeast Ohio, they belong to the Lake Erie (LE) LSC. However, OH and LE are in the process of merging.

What is the secret code written on my kid's arm?

- Now that you know what, when, and where your kid is swimming, it's time to mark them up with a Sharpie so your swimmer also knows (or at least has somewhere to look when they forget).
- The events are written similar to the entry report, but one column and in a shorthand that your swimmer can understand. Lucy would have something like:

125 1 2 F.R. (2)	OR	125 F.R. (2) 1 / 2
131 1 6 100 Bk		131 100 Bk 1 / 6
141 2 1 50 Br		141 50 Br 2 / 1
145 2 3 50 Fr		145 50 Fr 2 / 3



Swimmer pride: The Sharpie marks are a badge of honor for younger swimmers to show off the next day of how awesome it is to be a swimmer

True story: I watched my son at a meet dive off the block, then raise his arm underwater to check what he was supposed to be doing. Not the preferred method.

Pro Tip: In the event you have family photos the next day, spray sunscreen takes the Sharpie off easily. Keep this in mind during Summer Swim and need sunscreen.

Hasn't swimming gone digital, yet?

- Yes, there is an app called Meet Mobile. It costs \$10 annually. It has the capability to provide psych sheets, heat sheets, results, scores, etc.
 - It isn't used (or fully used) at every meet, but it's used enough that you will likely want to download it and happily pay the \$10.
 - You will still see plenty of spectators who find comfort in holding their highlighted, non cell service-dependent, trusty heat sheet.
- Other cool swim apps and websites are listed on our team site under the Parent tab > <u>Helpful Info</u>, here are some:
 - SportsEngine Motion is the app version of SportsEngine
 - Swimcloud Meet hosts can upload their results to Swimcloud and the site does some analysis of their aggregated results
 - MySwimIO Data (only USA Swimming) is pulled from LSCs and aggregated into a really cool system, that tracks progress towards cuts and lots of other things
 - · It's only as good as the data it receives and it's super easy to get data overloaded
 - For instance, you can compare your 9-year-old to 9-year-old Katie Ledecky, super cool but also super unhealthy if you are using it to seriously compare your kid (to Katie Ledecky or any other kid)

Is there a common pattern to meets?

 The order of events is listed in the meet packet for USA Swimming meets and Y Invitationals.

Y Dual meets typically follow this pattern:

• 200 Free 9&Over

Medley Relays 8&U do a 100 Yard (each leg is a 25), 9&Over is 200 Yard

• IM 13&Over do 200 IM, all others 100 IM

• Short Freestyle 8&U 25y, 9&O 50y

• Butterfly 8&U 25y, 9–12 50y, 13&O 100y

Long Freestyle 8&U 50y, 9&O 100y

• 500 Free 11&Over

Backstroke
Breastroke
8&U 25y, 9-12 50y, 13&O 100y
Breastroke
8&U 25y, 9-12 50y, 13&O 100y

Free Relays 8&U do a 100 Yard (each leg is a 25), 9&O is 200 Yard

 WOAL meets follow the same pattern for strokes, but there isn't a 200 Free, the IM is just for 10&over, and 13&overs do 50s of strokes not 100s

Final thoughts

- Meets should be fun for your swimmers. They get to show off all their hard work, while having lots time to spend with their friends.
- Especially for the younger swimmers, when they get older and remember their days spent at swim meets, they probably won't remember their times or care about getting a ribbon, they will remember playing cards on a gym floor with their friends.
- With all that fun being had at the team camp, it can get a little chaotic. Swim families rapidly become family.
 The coaches are on deck coaching, some parents may be on deck volunteering, other parents are watching older siblings race – when you are in the team camp area, please help look out for all of our Findlay swimmers.
 - If you aren't needed on deck, please watch your kid swim and then come back to the team camp. Most pools don't have enough spectator space to hang out there the whole time anyway.
 - If you want to hang out in the pool area the whole time, we are always looking for more timers...

