

American College Connection played a crucial role in helping our son find the right school. They educated us about the process, made contacts with coaches, and coached our son about how to be successful in his conversations with schools. We did not know where to begin, and we ended the process not only with the right school, but our son gained confidence from his interviews that will benefit him in the classroom and in his career.

Dana Larson

Flipturn



Academic Calendar

Dates to remember!

- October 1, 2022 - FAFSA opens for applications
- November 1/15 - Early Action/ Early Decision 1 deadline for many colleges

SAT dates for 2022

- October 1
- November 5
- December 3

ACT dates for 2022

- September 10
- October 22
- December 10

It takes more than Talent (part 2)

Adding to last month's list of qualities a coach looks for in a student-athlete, here are five more qualities coaches will be impressed with:

- 1. RESPONSIBILITY:** Looking for people that are reliable and who are going to do what they are supposed to. Someone who is going to take ownership of their destiny every day. Being punctual to class and all scheduled practices and team meetings is essential in all aspects of life and for some coaches it can be very vital.
- 2. ACADEMIC EXCELLENCE:** Athletes that excel academically are important so coaches need not worry about eligibility. A student who can help boost the team GPA, will show a sense of pride that all will want to aspire to. Good grades and test scores are also the best way to make college more affordable because academic aid opportunities outnumber opportunities for athletic scholarships.
- 3. COACH- ABILITY:** This attribute is quite obvious; it is inferred that coaches tend to want someone who wants to be coached. They don't want someone who questions what they do and insists on doing something else. A coach has a program in which they have developed an elite team; they want someone willing to fit into that mix. One's ability to put ego and pride aside and be coachable is often the difference between success and failure.
- 4. LEADERSHIP:** The ability to stand up and lead teammates in achieving success. Not everyone has to be the captain or try to be that main leader on the team; the meaning of leadership is that you have those skills to get your team involved, motivated, uplifted, and focused. Having leadership abilities is a great skill to possess and some college coaches look for it as a key in the selection process.
- 5. ENGAGEMENT:** A coach knowing that you are interested in their program and university is said to be substantial to them when selecting prospects. Coaches like to have athletes that they can develop great relationships with for the good of the team.

There is no guarantee that these attributes will be the only things a coach will look for because each coach approaches recruiting differently. What they look for in an athlete varies depending from one to another. This list is just a basic guideline of what a coach may consider when recruiting swimmers. Being able to capture these attributes should only enhance your opportunities of a coach recruiting you.

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The importance of long course season and being a year-round swimmer

As short as the long course season is, college coaches look at it as relevant. Why, you ask? when college racing is short course?

1. It validates that swimmers are committed to our sport, and willing to put in the effort to swim year round
2. Swimmers get to 'change' it up; learn different strategies, how to swim without walls, test their endurance
3. Learn the discipline of swimming long course and challenging themselves to find the wall of what seems to be the endless pool
4. Tremendous boost to aerobic capacity
5. Can you swim a 100-fly long course?

The long and the short of it is; Long course puts swimming in a different perspective. It makes you think. It makes you better aerobically. IT makes you think. Swim on and enjoy the change of seasons!

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Early Action VS Early Decision

Applying early to the college of your dreams can be a very smart decision as it does give you a better chance at receiving an admission slot, but you want to be very sure of your decision because of its binding agreement. Here are the ins and outs of applying early:

Early Decision	Early Action
• You can only apply to one college • Application deadline is usually November 1 • ED students should have strong junior year grades and test scores • Early Decision is binding so you must go to that college if it accepts you and offers you the aid you qualify for • If you have applied to other colleges, you must withdraw the applications if you have been accepted to the ED college	• You can apply to more than one college • Application deadline is usually November 1 • EA students should have strong junior year grades and test scores • If you are accepted, you can let them know now, or wait until Spring • Early Action is non-binding so you can decline the acceptance if you decide not to go

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