

GTAC Fall 2025 Practice Schedule #1

70825

Practices Start Monday, September 8th.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MINI-MINNOWS	STRETCH	4:45-5:00PM		4:45-5:00PM		4:45-5:00PM	12:30-12:45PM
	SWIM	5:00-6:00PM		5:00-6:00PM		5:00-6:00PM	12:45-1:45PM
MINNOWS	STRETCH		4:45-5:00PM		4:45-5:00PM	4:45-5:00PM	12:30-12:45PM
	SWIM		5:00-6:00PM		5:00-6:00PM	5:00-6:00PM	12:45-1:45PM
BRONZE	DRYLAND	5:30-6:00PM		5:30-6:00PM			
	STRETCH		5:45-6:00PM		5:45-6:00PM	5:45-6:00PM	10:45-11:00 AM
	SWIM	6:00-7:15PM	6:00-7:15PM	6:00-7:15PM	6:00-7:15PM	6:00-7:15PM	11:00-12:15PM
SILVER	DRYLAND		6:15-6:45PM		6:15-6:45PM		
	STRETCH	6:30-6:45PM	6:30-6:45PM	6:30-6:45PM	6:30-6:45PM	6:30-6:45PM	10:45-11:00AM
	SWIM	6:45-8:30PM	6:45-8:30PM	6:45-8:30PM	6:45-8:30PM	6:45-8:30PM	11:00-12:45PM
GOLD	DRYLAND	6:30-7:15PM		6:30-7:15PM			
	STRETCH		7:00-7:15PM		7:00-7:15PM	7:00-7:15PM	10:45-11:00AM
	SWIM	7:15-9:00PM	7:15-9:00PM	7:15-9:00PM	7:15-9:00PM	7:15-9:00PM	11:00-12:45PM
SENIOR	STRETCH		5:30-5:45AM		5:30-5:45AM		
	SWIM		5:45-7:30AM		5:45-7:30AM		
	STRETCH	4:45-5:00PM	4:45-5:00PM	4:45-5:00PM	4:45-5:00PM	4:45-5:00PM	8:45-9:00AM
	SWIM	5:00-6:45PM	5:00-6:45PM	5:00-6:45PM	5:00-6:45PM	5:00-6:45PM	9:00-11:00AM
	DRYLAND	6:45-8:15PM	6:45-8:15PM		6:45-8:15PM		11:00-12:15PM