



Parent Meeting Summer 2025





Coaching Staff



- ▶ Head Coach Deanna
- ▶ Lead Assistant Coach Greg
- ▶ Assistant Coach Casey
- ▶ Assistant Coach Chris
- ▶ Assistant Coach Audrey

- ▶ Junior Coach Katie
- ▶ Junior Coach Adina



Executive Parent Board



- ▶ President-Joe Caplinger
- ▶ Vice President-Becky Reighley
- ▶ Volunteer Coordinator- Lindsey Ropp
 - Concessions Subcommittee- The Longonos
 - Home meet Subcommittee- Sara Albrecht
 - Setup/Teardown Subcommittee- Open
- ▶ Apparel and Gear Coordinator-Becky Reighley
 - Apparel and Gear Subcommittee- Open
- ▶ Officials Coordinator-Joe Caplinger
- ▶ Fundraising Committee- Open



Volunteer Matters



- ▶ Each family is required to complete the form
- ▶ Promote Safe Sport
- ▶ If you haven't completed yet please complete asap
- ▶ [Volunteer Matters](#)
- ▶ (We will review the volunteer matters link during the presentation)



Volunteer Expectations



- ▶ It takes a village to run a swim meet
- ▶ The volunteer requirements are very different than other sports
 - Timers and runner
 - Officials
 - Administrative Officials
 - Announcer
 - Clerk of Course
 - Concession Workers
 - Setup/Teardown
 - Heat winner prizes
 - Ribbons and Result Posting
 - T-shirt sales
- ▶ Home meet revenue helps minimize cost increases for parents





SportsEngine



- ▶ hhyswimming.com
- ▶ Access is given once you register
- ▶ Suggest logging in at least once a week
 - ▶ News
 - Weekly Update
 - ▶ Meets and other events
 - ▶ General Information
- ▶ Other Handy Apps For Meets
 - ▶ Meet Mobile (\$6.99/year)
 - ▶ SportsEngine





Meet Schedule



- ▶ [Meet Schedule](#) Tab
- ▶ The list of the planned swim meets for the season

Date	Meet Name	YMCA/USA	Location (links)
MAY 16-18	2025 PCY SPRING LC INVITATIONAL	YMCA	Powel Crosely Jr, YMCA
MAY 31	2025 PCY LC SPRINT MEET	YMCA	Powel Crosely Jr, YMCA
JUN 6-8	2025 PCY-BLUE ASH SUMMER CLASSIC	YMCA	Corwin M Nixon Aquatic Center, Oxford, OH
JUN 13-15	2025 COUNTRYSIDE SUMMER POLAR BEAR CLASSIC	YMCA	Countryside YMCA, Lebanon, OH
JUN 26-29	2025 OH CM TYR SPORT SUMMER CLASSIC	USA	Keating Natatorium, Cincinnati, OH
JUL 11-13	2025 SWOYSL LC CHAMPIONSHIPS	YMCA	Corwin M Nixon Aquatic Center, Oxford, OH
JUL 17-20	2025 OHIO JUNIOR CHAMPIONSHIPS (14 UNDER)	USA	Corwin M Nixon Aquatic Center, Oxford, OH
JUL 24-27	2025 OHIO SENIOR CHAMPIONSHIPS (15 AND OVER)	USA	Corwin M Nixon Aquatic Center, Oxford, OH
JUL 29-AUG 2	2025 YMCA SUMMER LC NATIONALS	YMCA	Florida Aquatic Swimming and Training, Ocala, FL

- ▶ We have a Hotel Block for SWOYSL LC Champs it is not required, more info to come in a weekly update



How to register for a swim meet



- ▶ [Events and Calendar](#) Tab (We will offer a date to go over more in details)
- ▶ All swimmers will sign up under this tab in Sport Engine
 - ▶ Sign-in to Team Unify
 - ▶ Click on the **Events and Calendar** tab
 - ▶ Click on **Edit Commitment** under the meet name
 - ▶ Declare "Yes" or "No"
 - ▶ Parents/Swimmers can choose their events but if you would like the coaches to choose their events note what days you plan on attending.

2025 PCY Spring LC Invitational (May 16, 2025 (03:30 PM) - May 18, 2025 (04:00 PM))

Member Athlete:
Madeline Murlin

*Declaration

Yes, please sign [Madeline] up for this event ▼

Notes:

Attending Saturday only. Please have coaches sign up for her.





Meet Charges



- ▶ Meets are paid in advanced and usually billed the week after the meet
- ▶ Relay charges (Typically 4 to 5 dollars per swimmer that is in the relay)
- ▶ Individual events (Typically 4 to 5 dollars per swimmers for each event)
- ▶ Larger meets typically charge a sub charge-Info will be in the meet packet.
- ▶ If you find you cannot attend the meet contact Coach Deanna ASAP
- ▶ We cannot guarantee you will not be charged if you are already signed up but the sooner you notify us the better
 - ▶ Deanna will let you know if you will not be charged for the meet.



Meet Format



- ▶ Meets are broken down by events and heats and lane
- ▶ Example: event 101 heat 1 lane 2
 - Event number denotes when in the meet the race is and what age group, distance and stroke the swimmers will do
 - Each event is organized by heat with the fastest seed times in the last heat and slowest seed times in the first heat. You compete against all heats in the event but generally swim with similar level swimmers
 - Each heat is seeded with the fastest seed times in the middle of the pool (usually lane 4)



Meet Info



- ▶ Heat Sheets
 - ▶ Will be available for sale at the meets or some teams will send them electronically
- ▶ Meet Mobile app
 - ▶ Heat sheets are published if the teams send them out electronically
- ▶ Marking swimmer's events (Event, Heat, Lane)
- ▶ Getting swimmers to the block
 - ▶ Typically, there is a clerk of course/bullpen for 10 and under
 - ▶ Parents/Swimmers are responsible for getting their child to the block



Meet Day



What to bring to a meet

- ▶ Water, healthy drinks and snacks (NO SOFT DRINKS OR ENERGY DRINKS PLEASE)
- ▶ Canopies :)
- ▶ Chairs, Sunscreen, loose clothing for sun protection
- ▶ Cards, games and reading materials
- ▶ Towels, extra caps goggles and swimsuits
- ▶ Sharpie Markers



Attendance



▶ Practice

- ▶ Swimmers should be on deck at least 10 minutes before practice starts in swimsuit (and caps) and goggles ready to go
- ▶ Always bring your equipment if it is required for your group
- ▶ We will be taking attendance daily

▶ Meets

- ▶ Arrive at least 20 minutes before warmups
- ▶ You are welcome to leave after your child's last event
- ▶ Relay lineups are announced by coaches after warmups

Swimmers arriving late to a meet without notifying coaches will be removed from any relay and will be charged if the relay has to be scratched



Saturday Practices



- ▶ Saturday Practices are available for makeup sessions
- ▶ Please email Coach Deanna Murlin at dmurlin@daytonymca.org by Fridays by Noon if you plan on attending practice on Saturday or the make-up practice on Saturday.
 - Therefore, we can have the right amount of staff available for your swimmer.



New Drylands



- ▶ We will be utilizing the TRX and Yoga instructors for April and May dryland
- ▶ We will continue regularly scheduled dryland unless specified

Date	Groups			Location	Time	Instructor
29-Apr	Blue	Gold	Senior	TRX Room	4:20-5:20	Tim
1-May	Silver Y	Silver X		TRX Room	4:20-5:20	Tim
5-May	SilverX	Blue		Mat Room	6:30-7:00	Bernita
12-May	Senior	Gold	Silver Y	Mat Room	6:30-7:00	Bernita
13-May	Gold	Senior	Blue	TRX Room	4:50-5:20	Tim
15-May	Silver Y	Silver X		TRX Room	4:50-5:20	Tim
20-May	Senior	Gold	Blue	TRX Room	4:50-5:20	Tim
27-May	Senior	Gold	Blue	TRX Room	4:50-5:20	Tim



Goal Setting



- ▶ We have already started Goal setting with your Swimmers
 - With Groups Bronze, Blue, Silver Gold and Senior Groups
- ▶ Your Swimmers set 3 goals for the season
- ▶ Their goals will be in a folder in the Black Boxes
 - We will be having the swimmers review their goals mid-season so they can see how they have progressed.



Expectations from Swimmers



- ▶ Respect coaches, teammates, parents and competitors
- ▶ Arrive to practice ahead of time 10 minutes and be ready to swim on time
- ▶ Older Swimmers-show others what hard effort looks like
- ▶ No physical or verbal bullying
- ▶ Come with a positive attitude to practice
- ▶ Stand up and support teammates

Swimmers represent Hurricanes in and out of pool



Communication



- ▶ Hurricanes/Pre comp and Masters Bulletin Board is located outside the pool door. Please, check the bulletin board for any swim team information you may need.
- ▶ Website-hhyswimming.com
- ▶ Black boxes-Will be put on the deck for any communication and getting awards
- ▶ Coaches-The coaches are available should you or your swimmers have any questions or problems. Please, schedule a time to meet the coaches.
 - Please minimize interruptions during practice for individual questions.
- ▶ Email- We use email to maintain contact with Hurricanes, Pre-Comp and Masters through sport engine. Please, check your email often as this is our primary communications to parents/guardians. Head Coach Deanna Murlin email address is dmurlin@daytonymca.org. Please allow 48 hours for a response.
- ▶ Weekly updates can be found on the front page of the website or under the news tab
- ▶ [League Website](#)
- ▶ Emergencies- We will call the parent or guardian if there is an emergency during swim practice.



Communications



- ▶ Set up to receive email or text messages.
- ▶ [How to verify a cell number for SMS/Text](#)

GENERAL INFORMATION ▼

PRIVACY POLICY

TEAM HANDBOOK

HURRICANES APPAREL

HURRICANES SWIM SUIT TEAM FORM

TEAM SUIT AND EQUIPMENT

NEW PARENT INFORMATION

HOW TO VERIFY A CELL NUMBER FOR
SMS/TEXT

LINDSAY'S LAW





Speedo Sponsorship



- ▶ Bags, apparel, fins, accessories must be Speedo moving forward
 - Any meets swimmers must wear Speedo caps and suits
 - Speedo logo on all spirit wear, banners, and team website
 - Our team suit may be purchased through our team provider, Poco Loco Swim Gear.
 - More information to come on the link to purchase.
 - \$2000 for the team per contract year cuts down on money we need from our fundraising account for gear. A win win for the team.
 - Speedo Sponsorship - Swimmers are expected to use Speedo brand products at all times when representing HHY Swimming. This includes Championship Racing Suits! HHY has a signed contract with Speedo. Through this agreement our team receives discounts on many products, free coaches' apparel, items for National Team Qualifiers, and discounts on suits and other program benefits.





Speedo



- We are working with the vendors to give suggestions on tech suits for 12 and under and 13 and up.
- Tech suits should only be worn at major championships meets or mid season meets(example would be Makos or OU meet in December). Last chance meets in February would be fine as well.
- For Summer (Cincinnati Marlin meet and any of the championship meets).
- Please see the coaches if you are interested in wearing a tech suit at another meets so we can discuss.
- Team suits/cap should be worn at all of the other meets we attend



Equipment



Equipment List

Speedo Gear and equipment can be purchased through Poco Loco Swim Gear.

- ▶ Senior, Gold, Silver
 - Fins, Paddles, Snorkel
- ▶ Bronze and Blue
 - Fins and Paddles
- ▶ Maroon and Precomp(Green/Red)
 - Fins and paddles suggested not required
- ▶ Shoes and proper clothing for dryland (**no slides boots Crocs etc.**)
- ▶ We have some fins and paddles that swimmers can borrow.
- ▶ We have enough pull buoys and kickboards for all swimmers.
- ▶ We are in the process of determining what equipment we will be purchasing through Speedo for the team.





Fundraisers



- ▶ Fundraiser are used to buy additional equipment and support the team
- ▶ Some Key Fundraisers:
 - ▶ Kroger
 - ▶ Flip Give
 - ▶ Whiskey Wagon (this is our major fundraiser) October 1st
 - ▶ Calendar February 2025
 - ▶ Ads for Heat sheet for both meet
 - ▶ Shoe fundraiser
 - ▶ Sponsor a Lane
- ▶ [Fundraiser information](#)



Fundraisers vs Monthly Fees



- ▶ Monthly fees go towards day to day operations of the team
 - ▶ Paying Coaches, Marketing, and Travel
- ▶ Fundraiser Money goes towards buying new team equipment
 - ▶ Timing equipment, scoreboard, specialized training equipment for the team



Special Events



- ▶ Fun Days and Fundraisers
 - May 5th Pie Day at 6:45
 - Five Guys Fundraiser night TBD more info to come
- ▶ Tentative team canoe outing June 1st more info to come
- ▶ Team Pasta Party July 9th (We will have a sign-up sheet to bring particular food items on sport engine closer to the date)



Upcoming Improvements



- ▶ Blocks will be re-anchored and refinished
- ▶ New Lane lines
 - Money is coming from the Y not Hurricanes budget

Officials

- ▶ Officials Training
- ▶ Please, reach out to Joe Caplinger if you are interested
- ▶ The YMCA will pay for your training
- ▶ [Officials training link](#)



Questions



- ▶ Questions ?
- ▶ We look forward to a great season.