

2026 Great Lakes YMCA Zone Qualifying Times

Approved October 2025

Age-up Date is March 20 for the 2026 Zone Meet

Girls			10 & Under	Boys		
50 Meter Course	25 Meter Course	25 Yard Course		25 Yard Course	25 Meter Course	50 Meter Course
:35.98	:35.28	:31.79	50 Free	:31.59	:35.06	:35.76
1:22.06	1:20.46	1:12.49	100 Free	1:11.89	1:19.79	1:21.38
3:01.92	2:58.36	2:40.69	200 Free	2:40.69	2:58.36	3:01.92
:42.33	:41.50	:37.39	* 50 Back	:37.79	:41.94	:42.77
1:34.29	1:32.45	1:23.29	100 Back	1:25.09	1:34.44	1:36.32
:49.12	:48.16	:43.39	50 Breast *	:43.49	:48.27	:49.23
1:49.46	1:47.32	1:36.69	100 Breast	1:37.99	1:48.76	1:50.93
:41.98	:41.16	:37.09	50 Fly	:36.69	:40.72	:41.53
1:44.14	1:42.10	1:31.99	100 Fly	1:32.49	1:42.66	1:44.71
	1:31.78	1:22.69	100 IM	1:22.99	1:32.11	
3:28.76	3:24.67	3:04.39	200 IM	3:04.29	3:24.56	3:28.65
2:55.81	2:52.37	2:35.29	200 M. R.	2:36.49	2:53.70	2:57.17
2:34.75	2:31.72	2:16.69	200 F. R	2:19.09	2:34.38	2:37.46

Girls			11 - 12	Boys		
50 Meter Course	25 Meter Course	25 Yard Course		25 Yard Course	25 Meter Course	50 Meter Course
:32.58	:31.95	:28.79	50 Free	:27.59	:30.62	:31.23
1:11.30	1:09.91	1:02.99	100 Free	1:01.09	1:07.80	1:09.15
2:35.55	2:32.50	2:17.39	200 Free	2:14.99	2:29.83	2:32.82
5:32.43	5:25.92	6:12.49	500 Free	6:02.99	5:17.61	5:23.96
:37.57	:36.84	:33.19	50 Back	:33.09	:36.72	:37.45
1:22.51	1:20.90	1:12.89	100 Back	1:11.69	1:19.57	1:21.16
:43.23	:42.39	:38.19	50 Breast	:37.39	:41.50	:42.33
1:34.52	1:32.67	1:23.49	100 Breast	1:22.99	1:32.11	1:33.95
:35.98	:35.28	:31.79	50 Fly *	:31.39	:34.84	:35.53
1:23.53	1:21.90	1:13.79	100 Fly	1:13.19	1:21.24	1:22.86
	1:20.57	1:12.59	100 IM	1:10.69	1:18.46	
2:58.41	2:54.92	2:37.59	* 200 IM *	2:33.09	2:49.92	2:53.31
2:30.00	2:27.06	2:12.49	200 M. R.	2:15.99	2:30.94	2:33.95
2:15.39	2:12.74	1:59.59	200 F. R	1:59.29	2:12.41	2:15.05

Girls			13 - 14	Boys		
50 Meter Course	25 Meter Course	25 Yard Course		25 Yard Course	25 Meter Course	50 Meter Course
:30.54	:29.95	:26.99	50 Free	:25.59	:28.40	:28.96
1:06.55	1:05.25	:58.79	100 Free	:54.69	1:00.70	1:01.91
2:27.16	2:24.28	2:09.99	200 Free	1:59.99	2:13.18	2:15.84
5:12.36	5:06.24	5:49.99	500 Free	5:29.39	4:48.21	4:53.97
1:14.59	1:13.13	1:05.89	100 Back	1:03.39	1:10.36	1:11.76
1:27.27	1:25.56	1:17.09	100 Breast	1:11.29	1:19.13	1:20.71
1:15.50	1:14.02	1:06.69	100 Fly	1:02.79	1:09.69	1:11.08
2:45.73	2:42.49	2:26.39	200 IM	2:15.79	2:30.72	2:33.73
2:24.45	2:21.62	2:07.59	200 M. R.	2:00.59	2:13.85	2:16.52
2:06.78	2:04.30	1:51.99	200 F. R	1:46.79	1:58.53	2:00.90

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Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	15 & Over	25 Yard Course	25 Meter Course	50 Meter Course
:29.52	:28.95	:26.09	50 Free	:22.99	:25.51	:26.02
1:03.38	1:02.14	:55.99	* 100 Free	:51.09	:56.70	:57.83
2:19.24	2:16.51	2:02.99	* 200 Free	1:54.99	2:07.63	2:10.18
4:58.44	4:52.59	5:34.39	* 500 Free	5:12.59	4:33.51	4:38.98
1:13.01	1:11.58	1:04.49	100 Back	:58.49	1:04.92	1:06.21
1:23.20	1:21.57	1:13.49	100 Breast	1:05.49	1:12.69	1:14.14
1:11.42	1:10.02	1:03.09	100 Fly	:56.59	1:02.81	1:04.06
2:39.61	2:36.49	2:20.99	200 IM	2:08.49	2:22.62	2:25.47

Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	Senior	25 Yard Course	25 Meter Course	50 Meter Course
10:29.19	10:16.86	11:44.99	* 1000 Free	11:09.99	9:46.24	9:57.96
21:21.33	20:56.21	20:59.99	1650 Free	18:59.99	18:56.57	19:19.30
:34.05	:33.39	:30.09	* 50 Back	:27.49	:30.51	:31.12
2:35.88	2:32.83	2:17.69	* 200 Back	2:09.99	2:24.28	2:27.16
:38.47	:37.72	:33.99	50 Breast	:32.19	:35.73	:36.44
2:59.55	2:56.03	2:38.59	200 Breast	2:24.99	2:40.93	2:44.14
:31.79	:31.17	:28.09	50 Fly	:25.99	:28.84	:29.41
2:46.64	2:43.38	2:27.19	200 Fly	2:15.99	2:30.94	2:33.95
5:48.69	5:41.86	5:07.99	400 IM	4:43.19	5:14.34	5:20.62
1:59.65	1:57.31	1:45.69	* 200 F. R.	1:36.99	1:47.65	1:49.80
4:23.10	4:17.95	3:52.39	400 F. R.	3:34.39	3:57.97	4:02.72
9:46.12	9:34.63	8:37.69	800 F. R.	8:03.99	8:57.22	9:07.96
2:14.03	2:11.41	1:58.39	* 200 M. R.	1:47.99	1:59.86	2:02.25
4:50.50	4:44.81	4:16.59	400 M. R.	3:56.69	4:22.72	4:27.97

Qualifying Period for the 2026 Zone Meet is
January 1, 2025 through the entry deadline.

Conversions from Hy-tek

- 1.11 SC Meters to/from Yards
- 2% SC Meters to/from LC Meters
- 0.875 400/500 and 800/1000 Meters to Yards
- 0.997 1500 Meters to/from 1650 Yards

Swimmers entered in only one individual event or in only one relay event per day, may enter one bonus event for the same day. This is for Saturday and Sunday's events only. These swimmers may enter a maximum of two Bonus events, one Saturday and one Sunday.

* -Times unchanged from 2025