



2025- 26 SC Practice Schedule

Campbell County YMCA

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Competitive Team <i>*begins Monday, 9/29 at CC.</i>	3:30- 5 pm	OFF	3:30- 5 pm	6- 7:30 pm <i>*11/12's</i> <i>at ME Lyons Y</i> <i>dome pool deep</i> <i>end</i> <i>Starting 10/2</i>	3:30- 5 pm	11:45 am- 1:15 pm <i>*9/10's</i> <i>at ME Lyons Y</i> <i>dome pool deep</i> <i>end</i> <i>Starting 10/4</i>	OFF
Pre-Comp <i>*begins Tuesday, 10/7.</i> <i>Ends Thursday, 2/26</i>	OFF	4- 5 pm	OFF	4- 5 pm	OFF	OFF	OFF