



## **General Athlete Code of Conduct**

The undersigned athlete participating on the M.E. Lyons YMCA/Anderson Barracudas Swim Team agrees to abide by the Code of Conduct outlined below in addition to those established by the staff for both the short and long course seasons. All team members are expected to:

1. Offer congratulations to opponents, win or lose, and cheer on their teammates.
2. Participate in and be on time and prepared for practice, competition, and other team functions. This includes:
  1. Competing in a minimum of three YMCA meets and one YMCA championship level meet.
  2. Wearing the designated team suit, cap, t-shirts, and other clothing as presented by the coaches.
  3. Have required training equipment at all practices.
3. Follow the directions of the coaching staff during practice, meets, and other team activities.
4. Not possess, sell, or use alcohol, tobacco, any non-prescribed drugs, or any other illegal substances. This behavior is not tolerated.
5. Respect the property of the YMCA or any other facility the team may visit or use. No swimmer shall tamper with or cause damage to any such facility.
6. Display proper respect and sportsmanship toward coaches, officials, and administrators, fellow competitors, parents and the public.
7. Communicate in a professional manner with all coaches, parents, and volunteers. Athlete and coach communication, via electronic means (text, email, etc), is for the purpose of communicating information about team activities only.
8. Refrain from following any swim team staff member on Twitter or attempting to friend any swim team staff member on any social media sites.
9. Promote positive team spirit and morale, which includes being humble in victory and courageous in defeat. Deal justly, kindly, impartially and intelligently with all fellow team members.
10. Refrain from all illegal or inappropriate behaviors that would detract from a positive image of the team or be detrimental to its performance objectives.
11. If 18 years of age or older, be 100% financially responsible for any damage to any part of their room or hotel when out-of-town meets require staying at a hotel.
12. All swimmers will exhibit and promote the four character values of the YMCA: Caring, Honesty, Responsibility and Respect.

Failure to comply with the Code of Conduct may result in, but not necessarily be limited to:

1. Swimmer not allowed participating in some or all team activities.
2. Swimmer immediately being sent home at their expense.
3. Swimmer being temporarily or permanently dismissed from the team.

The Director of Competitive Swimming with assistance from the Executive Director of the M.E. Lyons YMCA, will make the final decision in matters of discipline or dismissal based on the degree of violation of the above code.

## **Parent Code of Conduct**

The undersigned parent(s)/guardian(s) who have a swimmer(s) participating on the M.E. Lyons YMCA/Anderson Barracudas Swim Team agrees to abide by the Code of Conduct outlined below in addition to those established by the staff for both the short and long course seasons. All parents/guardians of swim team members are expected to:

1. Offer congratulations to opponents, win or lose, and cheer on all swim team members.
2. Follow the directions of the coaching staff during practice, meets, and other team activities.
3. Not possess or sell any non-prescribed drugs, or any other illegal substances. This behavior is not tolerated.
4. Respect the property of the YMCA or any other facility the team may visit or use. No parent/guardian shall tamper with or cause damage to any such facility.
5. Display proper respect and sportsmanship toward coaches, officials, administrators, swimmers, fellow parents/guardians and the public.
6. Limit the amount of time spent on deck and avoid any communication with the coaches and swimmers during practice.
7. Communicate in a professional manner with all coaches, parents, and volunteers. Athlete and coach communication, via electronic means (text, email, etc), is for the purpose of communicating information about team activities only.
8. Prevent your swimmer(s) from following any swim team staff member on Twitter or attempting to friend any swim team staff member on any social media sites.
9. Promote positive team spirit and morale. Deal justly, kindly, impartially and intelligently with all fellow parents/guardians, swimmers, and coaches.
10. Refrain from all illegal or inappropriate behaviors that would detract from a positive image of the team or be detrimental to its performance objectives.
11. Be 100% financially responsible in a timely manner for all swim team practice fees, meet entry fees, and all YMCA membership fees.
12. Be 100% financially responsible in a timely manner for any damage to any part of their room or hotel when out-of-town meets require staying at a hotel.
13. All parents/guardians will exhibit and promote the four character values of the YMCA: Caring, Honesty, Responsibility and Respect.

Failure to comply with the Code of Conduct may result in, but not necessarily be limited to:

1. Swimmer not allowed participating in some or all team activities.
2. Swimmer immediately being sent home at their expense.
3. Swimmer being temporarily or permanently dismissed from the team.

The Director of Competitive Swimming with assistance from the Executive Director of the M.E. Lyons YMCA, will make the final decision in matters of discipline or dismissal based on the degree of violation of the above code.

## **Senior I Group Athlete Code of Conduct**

The undersigned athlete participating in the Senior I Group on M.E. Lyons YMCA/Anderson Barracudas Swim Team agrees to abide by the Code of Conduct outlined below in addition to those established by the staff for both the short and long course seasons. All team members are expected to:

### **Practice:**

1. Attendance - Maintain a minimum practice attendance of 85%. Attendance will be taken at each practice and recorded as full, 3/4, 1/2, 1/4, zero, or excused. An excused practice is when a swimmer is absent due to a commitment for their High School Swim Team, when the coaching staff deems it in the best interest of the swimmer to not attend, and other limited situations deemed appropriate by the coaching staff.
2. Equipment - Have required training equipment at all practices. The required training equipment: TBA at Parent meeting (listed on website)

### **Competition:**

1. Attendance - Participate in all required meets and sessions. There will be no scratching of finals. Required meets will be communicated no later than the group parent meeting.
2. Equipment - Have all required meet equipment at all competitions. The required meet equipment is as follows:
  - o Team Cap, Team Suit, Team T-shirt and clothes to wear on deck. (Only M.E. Lyons/ Anderson Barracuda apparel is permitted to be worn on the pool deck at all ABLY meets).

### **Travel:**

1) Team Travel - Attend the entire trip, from departure to return. If you are part of a team travel trip you are required to participate in all team travel, meetings, and competition. The only exception that will be considered is at the completion of the meet, a swimmer may be released to their parent/guardian. This must be communicated and approved in writing by the Director of Competitive Swimming prior to departure. The end of the meet is defined as the final M.E. Lyons/Anderson Barracuda swim at the final session of the meet.

Failure to comply with the Code of Conduct may result in, but not necessarily be limited to:

1. Swimmer not allowed participating in some or all team activities.
2. Swimmer immediately being sent home at their expense.
3. Swimmer being temporarily or permanently dismissed from the team.

The Director of Competitive Swimming with assistance from the Executive Director of the M.E. Lyons YMCA, will make the final decision in matters of discipline or dismissal based on the degree of violation of the above code.

## **Senior II Group Athlete Code of Conduct**

The undersigned athlete participating in the Senior II Group on M.E. Lyons YMCA/Anderson Barracudas Swim Team agrees to abide by the Code of Conduct outlined below in addition to those established by the staff for both the short and long course seasons. All team members are expected to:

### **Practice:**

1. Attendance - Maintain a minimum practice attendance of 80%. Attendance will be taken at each practice and recorded as full, 3/4, 1/2, 1/4, zero, or excused. An excused practice is when a swimmer is absent due to a commitment for their High School Swim Team, when the coaching staff deems it in the best interest of the swimmer to not attend, and other limited situations deemed appropriate by the coaching staff.
2. Equipment - Have required training equipment at all practices. The required training equipment: TBA at Parent meeting (listed on website)

### **Competition:**

1. Attendance - Participate in all required meets and sessions. There will be no scratching of finals. Required meets will be communicated no later than the group parent meeting.
2. Equipment - Have all required meet equipment at all competitions. The required meet equipment is as follows:
  - o Team Cap, Team Suit, Team T-shirt and clothes to wear on deck. (Only M.E. Lyons/ Anderson Barracuda apparel is permitted to be worn on the pool deck at all ABLY meets).

### **Travel:**

1) Team Travel - Attend the entire trip, from departure to return. If you are part of a team travel trip you are required to participate in all team travel, meetings, and competition. The only exception that will be considered is at the completion of the meet, a swimmer may be released to their parent/guardian. This must be communicated and approved in writing by the Director of Competitive Swimming prior to departure. The end of the meet is defined as the final M.E. Lyons/Anderson Barracuda swim at the final session of the meet.

Failure to comply with the Code of Conduct may result in, but not necessarily be limited to:

1. Swimmer not allowed participating in some or all team activities.
2. Swimmer immediately being sent home at their expense.
3. Swimmer being temporarily or permanently dismissed from the team.

The Director of Competitive Swimming with assistance from the Executive Director of the M.E. Lyons YMCA, will make the final decision in matters of discipline or dismissal based on the degree of violation of the above code.

## **Pre Senior Group Athlete Code of Conduct**

The undersigned athlete participating in the Pre Senior Group on M.E. Lyons YMCA/Anderson Barracudas Swim Team agrees to abide by the Code of Conduct outlined below in addition to those established by the staff for both the short and long course seasons. All team members are expected to:

### **Practice:**

1. Attendance - Maintain a minimum practice attendance of 75% (approximately 4 practices per week). Attendance will be taken at each practice and recorded as full, 3/4, 1/2, 1/4, zero, or excused. An excused practice is when a swimmer is absent due to a commitment for their High School Swim Team, when the coaching staff deems it in the best interest of the swimmer to not attend, and other limited situations deemed appropriate by the coaching staff.
2. Equipment - Have required training equipment at all practices. The required training equipment: TBA at Parent meeting (listed on website)

### **Competition:**

1. Attendance - Participate in all required meets and sessions. There will be no scratching of finals. Required meets will be communicated no later than the group parent meeting.
2. Equipment - Have all required meet equipment at all competitions. The required meet equipment is as follows:
  - o Team Cap, Team Suit, Team T-shirt and clothes to wear on deck. (Only M.E. Lyons/ Anderson Barracuda apparel is permitted to be worn on the pool deck at all ABLY meets).

### **Travel:**

- 1) Team Travel - Attend the entire trip, from departure to return. If you are part of a team travel trip you are required to participate in all team travel, meetings, and competition. The only exception that will be considered is at the completion of the meet, a swimmer may be released to their parent/guardian. This must be communicated and approved in writing by the Director of Competitive Swimming prior to departure. The end of the meet is defined as the final M.E. Lyons/Anderson Barracuda swim at the final session of the meet.

Failure to comply with the Code of Conduct may result in, but not necessarily be limited to:

1. Swimmer not allowed participating in some or all team activities.
2. Swimmer immediately being sent home at their expense.
3. Swimmer being temporarily or permanently dismissed from the team.

The Director of Competitive Swimming with assistance from the Executive Director of the M.E. Lyons YMCA, will make the final decision in matters of discipline or dismissal based on the degree of violation of the above code.