

Hello Life Time Swim Families!

This email is coming on behalf of the Life Time Deerfield Swim Parent Board. We are excited to do what we can to help the Hammerheads have an amazing season! There is a lot of helpful information to come, so please read to the end.

The members of this board are Lana Debies, Erin Martyn, and Jill Stagg. Chelsea Gregley in the Aquatics Office will also be helping us coordinate our work with the coaches. You can find us on the pool deck most practice days during the morning practices and at meets. We're happy to help with any questions you may have about the swim team. If we don't know the answer to your question, we will find it!

Spirit wear

You should have already received an email with a link to our summer spiritwear store. Please remember that the ordering time window will close **TOMORROW, May 23** at midnight.

Here is the link for Life Time's online store:

<https://www.fridaythreads.com/store/lifetime-swim-team>

Communication

Throughout the swim season, questions often arise that you might have difficulty finding an answer to. Coaches are focused on coaching (as they should be!) and may not be available for questions when you need them. Remember to check for updates on [TeamUnify](#) under "Team News" and the Summer Swim tab.

We strongly recommend joining the Facebook Group called "Lifetime Deerfield Swim Parents" as it is a great way to get questions answered. When you request to join, you will be asked your swimmer's name for verification as it is a closed group.

Additionally, you can send an email with questions or concerns to the Parent Board at lifetimehammerheads@gmail.com. This email account is monitored daily by the Parent Board. We will do our best to get back to you as soon as possible!

Team Pictures

Team Pictures will be taken during morning practice on **Thursday, June 22**. More details and an order form will be available soon.

Social Fees

This year, we are asking that each family pay \$10 per swimmer for social fees. (If you have two swimmers, you would pay \$20.) Please pay this ASAP as fees are due no later than June 14. You can pay cash to Jill, Erin, or Lana on the pool deck at practice or meets or pay via Venmo (@ErinMartyn.) A great time to find us if you're paying in cash will be at the Intrasquad Meet on June 2. If you are unable to find us, you can also give your fees to Coach Derek or Coach Nate (cash only, please) in an envelope clearly labeled with your family's name. The money collected goes to the purchase of various paper products, food, and activities for the team.

Parent Volunteers

Please remember each family is required to volunteer at 2 MEETS during the summer season! We cannot run meets without your help. When we get a little closer to the season, we will send out a link to the Sign-Up Genius. The link will also be on the TeamUnify website.

Mark Your Calendars!

Make sure to mark your calendar for the following events in addition to the meet schedule that was sent out by the coaches. More information will be sent out soon about each of these events.

June 2, 2023	Intrasquad Meet (potluck food)
June 22, 2023	Team Pictures (during morning practice)
July 3, 2023	LifeTime Swim Annual Biathlon (potluck & <i>parent participation!!</i>)
July 13, 2023	Champs Hype Party (evening)

Team Suits

In addition, please remember that our NEW summer team suits are available exclusively at Swimville in Kenwood. Many swimmers have been able to pick up their suits at the time of their fitting at Swimville, so please plan to pick yours up as soon as possible! If you can not make it to Kenwood for a fitting, you can also order your team suit following the directions in the links below.

Here is the link with information about the team suits:

[Life Time Hammerheads Team Suit Ordering Instructions](#)
[Life Time Hammerheads Team Suit Order Form](#)

We're looking forward to a great season!
Go Hammerheads!
Your Parent Board,
Lana Debies, Erin Martyn, and Jill Stagg