



#### **DIVE INTO GREATNESS**

#### **New Season Evaluations**

- Monday, July 28: 6-7 pm
- Tuesday, August 5: 6-7 pm
- Friday, August 8: 6-7 pm
- Wednesday, August 20: 6-7 pm
- Friday, August 22: 6-7 pm
- Tuesday, August 26: 6-7 pm

Evaluations are quick and easy - only about 10 minutes. Bring your swimsuit and goggles. Contact Coach Tammi to schedule a private evaluation.

# DIVE IN AND BE PART OF OUR WINNING TEAM!

**Contact Coach Tammi Karn Morris for more information.** 

# SWIM STRONG. BELONG STRONGER.

Join our team and experience HOWLIN' success! Here's why you'll love being part of our program:

#### **Low Swimmer to Coach Ratios**

Get personalized attention and expert guidance from our dedicated coaches.

# **Highly Skilled Coaches**

Our seasoned coaches will fine-tune your strokes, boost your endurance, and inspire you to reach new heights.

# Friendly, Inclusive Environment

Dive into a supportive community where everyone feels welcome.

#### **Certified Personal Trainers**

Beyond the pool, our trainers help you build strength and enhance overall performance.

# **Inclusive and Para-Athlete Squad**

We're proud to offer specialized training for all athletes. Everyone deserves a chance to shine!

#### **Convenient Practice Schedule**

Our flexible practice times make it easy to fit swimming into your busy day.

# Safe Sport Recognized Club

We're officially recognized by USA Swimming for our dedication to providing a healthy and positive environment for our athletes.

