

	Sunday 11/30	Monday 12/1	Tuesday 12/2	Wed 12/3	Thursday 12/4	Friday 12/5	Saturday 12/6
Sea Pups	SW 2:30-3:30 pm		SW 6:15-7:15 pm	SW 6:15-7:15 pm			
Super Squad	SW 2:30-3:30 pm	SW 6:15-7:15 pm		SW 6:15-7:15 pm			
Blue Squad		DL 6-6:30 pm SW 6:30-7:45 pm		DL 6-6:30 pm SW 6:30-7:45 pm	SW 6:30-7:45 pm	SW 6-7:15 pm	
Green Squad		DL 6-6:30 pm SW 6:30-8 pm	SW 6:30-8 pm	DL 6-6:30 pm SW 6:30-8 pm	DL 6-6:30 pm SW 6:30-8 pm	SW 5-7 pm	
Pre-Senior Squad		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 7-8:30 am SW 5-7 pm	
Senior Squad (includes Pre HS)		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 7-8:30 am SW 4-6 pm	
Distance Squad			DL 4:15-5:30 SW 5:30-7 pm				
Stroke Specialty			SW 4-6 pm DL 6-7 pm				

	Sunday 12/7 Little Elves Meet	Monday 12/8	Tuesday 12/9	Wed 12/10	Thursday 12/11	Friday 12/12	Saturday 12/13
Sea Pups	NO PRACTICE		SW 6:15-7:15 pm	SW 6:15-7:15 pm			
Super Squad	NO PRACTICE	SW 6:15-7:15 pm		SW 6:15-7:15 pm			
Blue Squad		DL 6-6:30 pm SW 6:30-7:45 pm		DL 6-6:30 pm SW 6:30-7:45 pm	SW 6:30-7:45 pm	SW 6-7:15 pm	
Green Squad		DL 6-6:30 pm SW 6:30-8 pm	SW 6:30-8 pm	DL 6-6:30 pm SW 6:30-8 pm	DL 6-6:30 pm SW 6:30-8 pm	SW 5-7 pm	
Pre-Senior Squad		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 5:30-7 am SW 5-7 pm	
Senior Squad (includes Pre HS)		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 5:30-7 am SW 4-6 pm	
Distance Squad			DL 4:15-5:30 SW 5:30-7 pm				
Stroke Specialty			SW 4-6 pm DL 6-7 pm				

	Sunday 12/14	Monday 12/15	Tuesday 12/16	Wed 12/17 Holiday Party 6-7:30 pm	Thursday 12/18	Friday 12/19	Saturday 12/20 CLPR Dev Meet
Sea Pups	SW 2:30-3:30 pm		SW 6:15-7:15 pm	Party 6-7:30 pm			
Super Squad	SW 2:30-3:30 pm	SW 6:15-7:15 pm		Party 6-7:30 pm			
Blue Squad		DL 6-6:30 pm SW 6:30-7:45 pm		Party 6-7:30 pm	SW 6:30-7:45 pm	SW 6-7:15 pm	
Green Squad		DL 6-6:30 pm SW 6:30-8 pm	SW 6:30-8 pm	Party 6-7:30 pm	DL 6-6:30 pm SW 6:30-8 pm	SW 5-7 pm	
Pre-Senior Squad		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:00 pm Party 6-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 5:30-7 am SW 5-7 pm	SW 4:15-6:00 pm Party 6-7:30 pm
Senior Squad (includes Pre HS)		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:00 pm Party 6-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 5:30-7 am SW 4-6 pm	SW 4:15-6:00 pm Party 6-7:30 pm
Distance Squad			DL 4:15-5:30 SW 5:30-7 pm				
Stroke Specialty			SW 4-6 pm DL 6-7 pm				

	Sunday 12/21	Monday 12/22	Tuesday 12/23	Wed 12/24	Thursday 12/25	Friday 12/26	Saturday 12/27
Sea Pups	SW 2:30-3:30 pm		SW 6:15-7:15 pm	OFF	OFF		
Super Squad	SW 2:30-3:30 pm	SW 6:15-7:15 pm		OFF	OFF		
Blue Squad		DL 6-6:30 pm SW 6:30-7:45 pm		OFF	OFF	SW 6-7:15 pm	
Green Squad		DL 6-6:30 pm SW 6:30-8 pm	SW 6:30-8 pm	OFF	OFF	SW 5-7 pm	
Pre-Senior Squad	2:30-4:30 pm	SW 7-8:30 am SW 4:15-6:30 pm DL 6:30-7:30 pm	7-8:30 am See assignment	OFF	OFF	SW 7-8:30 am SW 4-6 pm	
Senior Squad (includes Pre HS)	2:30-4:30 pm	SW 7-8:30 am SW 4:15-6:30 pm DL 6:30-7:30 pm	7-8:30 am See assignment	OFF	OFF	SW 7-8:30 am SW 4-6 pm	
Distance Squad			DL 4:15-5:30 SW 5:30-7 pm				
Stroke Specialty			SW 4-6 pm DL 6-7 pm				

	Sunday 12/28	Monday 12/29	Tuesday 12/30	Wed 12/31	Thursday 1/1	Friday 1/2	Saturday 1/3
Sea Pups	SW 2:30-3:30 pm		SW 6:15-7:15 pm	OFF	OFF		
Super Squad	SW 2:30-3:30 pm	SW 6:15-7:15 pm		OFF	OFF		
Blue Squad		DL 6-6:30 pm SW 6:30-7:45 pm		OFF	OFF	SW 6-7:15 pm	
Green Squad		DL 6-6:30 pm SW 6:30-8 pm	SW 6:30-8 pm	OFF	OFF	SW 5-7 pm	
Pre-Senior Squad	2:30-4:30 pm	SW 7-8:30 am SW 4:15-6:30 pm DL 6:30-7:30 pm	7-8:30 am See assignment	OFF	OFF	SW 7-8:30 am SW 4-6 pm	
Senior Squad (includes Pre HS)	2:30-4:30 pm	SW 7-8:30 am SW 4:15-6:30 pm DL 6:30-7:30 pm	7-8:30 am See assignment	OFF	OFF	SW 7-8:30 am SW 4-6 pm	
Distance Squad			DL 4:15-5:30 SW 5:30-7 pm				
Stroke Specialty			SW 4-6 pm DL 6-7 pm				

	Sunday 1/4	Monday 1/5	Tuesday 1/6	Wed 1/7	Thursday 1/8	Friday 1/9	Saturday 1/10
Sea Pups	SW 2:30-3:30 pm		SW 6:15-7:15 pm	SW 6:15-7:15 pm			
Super Squad	SW 2:30-3:30 pm	SW 6:15-7:15 pm		SW 6:15-7:15 pm			
Blue Squad		DL 6-6:30 pm SW 6:30-7:45 pm		DL 6-6:30 pm SW 6:30-7:45 pm	SW 6:30-7:45 pm	SW 6-7:15 pm	
Green Squad		DL 6-6:30 pm SW 6:30-8 pm	SW 6:30-8 pm	DL 6-6:30 pm SW 6:30-8 pm	DL 6-6:30 pm SW 6:30-8 pm	SW 5-7 pm	
Pre-Senior Squad		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 5:30-7 am SW 5-7 pm	
Senior Squad (includes Pre HS)		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 5:30-7 am SW 4-6 pm	
Distance Squad			DL 4:15-5:30 SW 5:30-7 pm				
Stroke Specialty			SW 4-6 pm DL 6-7 pm				

	Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
Sea Pups	SW 2:30-3:30 pm		SW 6:15-7:15 pm	SW 6:15-7:15 pm			
Super Squad	SW 2:30-3:30 pm	SW 6:15-7:15 pm		SW 6:15-7:15 pm			
Blue Squad		DL 6-6:30 pm SW 6:30-7:45 pm		DL 6-6:30 pm SW 6:30-7:45 pm	SW 6:30-7:45 pm	SW 6-7:15 pm	
Green Squad		DL 6-6:30 pm SW 6:30-8 pm	SW 6:30-8 pm	DL 6-6:30 pm SW 6:30-8 pm	DL 6-6:30 pm SW 6:30-8 pm	SW 5-7 pm	
Pre-Senior Squad		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 5:30-7 am SW 5-7 pm	
Senior Squad (includes Pre HS)		SW 4:15-6:30 pm DL 6:30-7:30 pm	See PM Assignment	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 4:15-6:30 pm DL 6:30-7:30 pm	SW 5:30-7 am SW 4-6 pm	
Distance Squad			DL 4:15-5:30 SW 5:30-7 pm				
Stroke Specialty			SW 4-6 pm DL 6-7 pm				