

Athlete Schedule - **Team Ohio**

2025 Mid-States 14 & Under All-Star Championships

Indianapolis, Indiana

Pool Address: 901 W. New York Street, Indianapolis, IN 46202

(IU Natatorium at IU Indianapolis)

- **Friday, January 3rd**
 - TBD: **OPTIONAL team practice at IU Natatorium**

- **Saturday, January 4th**
 - **7:30 AM:** Team Ohio athlete report time to pool
 - **8:15 AM:** Team Ohio pictures (individual portraits) followed by team meet & greet with Olympians Katherine Berkhoff and TBD.
 - For athletes who will not be at the meet on Saturday, pictures can be taken on Sunday.
 - **10:00 AM:** General team warm up
 - **11:15 AM:** Competition pool closes
 - **11:30 AM:** Opening ceremony
 - **11:45 AM:** Meet starts
 - The order of the events can be viewed on page 6
 - **3:28 PM:** Estimated end time prior to distance races
 - **5:17 PM:** Estimated end time of Saturday session

- **Sunday, January 5th**
 - **6:45 AM:** Team Ohio athlete report time to pool
 - **7:30:** General team warm up
 - **8:30 AM:** Competition pool closes
 - **8:40 AM:** Meet begins
 - **2:15 PM:** Estimated end time of Sunday session