

Athlete Schedule - **Team Ohio**

2025 Mid-States 14 & Under All-Star Championships

Indianapolis, Indiana

Pool Address: 901 W. New York Street, Indianapolis, IN 46202

(IU Natatorium at IU Indianapolis)

- **Friday, January 3rd**

- **OPTIONAL** team practice at IU Natatorium (**time: 6:00 PM – 7:15 PM**)
- We will pass out team apparel/items AFTER the practice, and athletes will have a chance to start getting their pictures taken if they would like to. They will also have a chance to do this on Saturday and Sunday.
- We will wear our **BLACK shirts** for the team picture

- **Saturday, January 4th**

- **7:30 AM:** Team Ohio athlete report time to pool
- **8:15 AM:** Team Ohio pictures (individual portraits) followed by team meet & greet with Olympians Katharine Berkhoff
 - For athletes who will not be at the meet on Saturday, pictures can be taken on Sunday up in the photobooth on the concourse level
- **10:00 AM:** General team warm up
- **11:15 AM:** Competition pool closes
- **11:30 AM:** Opening ceremony
- **11:45 AM:** Meet starts
 - A timeline can be viewed [here](#).
- **3:27 PM:** Estimated end time

- **Sunday, January 5th**

- **6:45 AM:** Team Ohio athlete report time to pool

- **7:30:** General team warm up
- **8:30 AM:** Competition pool closes
- **8:40 AM:** Meet begins
- **11:45 AM:** Estimated end time of Sunday session