

## 2014 Penguin Plunge – OSSC Recap

### EVENT WINNERS

Sophie Khelashvili

Liam Miller

Camdyn Price

### SWIMMERS OF THE MEET

Novice

- **Mailyn Price** – Mailyn is my SOTM! She successfully completed her first meet with the OSSC. Her swims were great, even though I had to carry her to the block for one of them. 😊

Bronze

- **Carina Villalona** – Carina had some great time drops in New Albany this weekend. In addition to other drops, she dropped 8 seconds in the 100 Butterfly, and then just minutes later had a great 200 freestyle where she dropped 29 seconds! Keep up the great work, Carina!
- **Camdyn Price** – Camdyn's Butterfly this weekend was incredible! We worked on underwaters this past week and she put them to good use! She dropped 6 seconds in the 100 IM, and dropped her 25 fly time to an 18! Awesome job!
- **Liam Miller** – Liam was a trooper this weekend! He dropped time in all but one of his events, and didn't have much rest in between. His stroke technique was phenomenal in every race, even when he was tired. That was some of the best swimming I've seen him do since I've been his coach. Liam has been working hard at practice and at meets, and it's definitely starting to show! Fantastic job this weekend!