# 2015 Regional Championships – OSSC Recap

## **EVENT WINNERS**

Christian Hosler Lonnie Lawhorn Liz Passias Olivia Jordan

#### **SWIMMERS OF THE MEET**

#### Bronze

- **Sergio Suarez** Sergio's hard work finally paid off this weekend! After narrowly missing cut times during the short course season, Sergio was finally able to claim the 50 free JO cut on Saturday night in a time of 31.15. Congratulations!
- Liam Miller Liam set the water on fire this weekend! He picked up three more JO cuts over the weekend in the 200 free, 200 IM, and 100 Fly. Not only that, he also captured the OSSC team records in the 100 fly and 200 IM. Amazing job!
- **Grace Gabriel** Grace had many time drops over the weekend, and after fighting tooth and nail she narrowly missed several cuts in both freestyle and backstroke events. She was a fierce competitor all weekend and swam very well! Great job, Grace!
- Lucy Farmer Lucy has been dropping time across the board since recently joining the OSSC, and Regionals was no exception! She had phenomenal time drops all weekend, and her stroke technique has improved tremendously! Keep up the great work, Lucy!

# Silver

• **Bizzie Levine** – Bizzie did a great job this weekend with many huge drops, including 20-second drop in her 200 free and a 11-second drop in her 50 fly. Way to go, Biz!

### Gold

- Logan Fields Logan had an awesome Regional meet! She dropped time in every event she swam & competed in finals on each day. Way to go, Logan!
- Chase Bateman Chase had a great weekend in Bowling Green! He dropped time in all of his events and added achieved a few more JO cuts! Congratulations, Chase!

#### Platinum

- Lonnie Lawhorn Lonnie had a great Regional meet. While focusing on new stroke techniques and having a positive attitude going into each race, he achieved all best times and qualified for JOs in 4 more events: 200 & 400 IMs and 100 & 200 flys. Awesome job, Lonnie – keep it up going into this weekend
- Olivia Jordan Olivia had a great meet. She swam to all best times and with hard work over the summer season. She achieved her JO qualifying time in the 100 back. Congrats, Olivia!
- Charlie Ferguson Charlie swam to all best times, had a positive mindset, and remained focused throughout the weekend. On the last day at Regionals, he qualified for JOs in the 200 Fly. Congrats, Charlie!
- **Liz Passias** Liz kicked off Regionals with one of the more exciting races of the entire weekend with her 1500 free. She dropped 48 seconds and crushed the JO qualifying time. Liz also dropped several seconds in the 400 free and 100 fly and had one of her best meets of the season.