

## 2016 LC Junior Olympics Championships – OSSC Recap

### STATE CHAMPIONS

Jada Heren  
Riley Huddleston\*\*  
Ava Lachey\*\*  
Martina Peroni\*\*  
Hannah Routh\*\*  
Kate Saczawa\*  
Chase Swearingen\*  
Logan Lawhorn\*  
Mia Brown\*

Mia Lachey\*  
Sydney Boone-McDougall  
Peyton Graham  
Lauren Arledge  
Cameron Kuriger  
JJ Rennie  
Brady Farren  
Liam Miller  
Jordan Aurnou-Rhees\*

**\*New State Record-Holder**

**\*\*New State & National (NAG) Record-Holder**

### SWIMMERS OF THE MEET

#### Silver

- **Brady Farren** – Brady had an amazing meet with multiple best times, many of which placed him in the Top 16! He also helped the 10&U boys win both relays. Way to go, Brady!
- **Jada Heren** – Jada had a stellar meet and ended up capturing the high point winner for the 10&U girls! Jada's hard work will help her transition smoothly into the 11-12 group. Great job, Jada!

#### Gold

- **Ava Lachey, Hannah Routh, Martina Peroni & Riley Huddleston** – These 4 ladies combined to set 3 NAG records at JOs! They also set all 4 state records in the relays and many state records in individual events. Great job, girls!

#### Platinum

- **Olivia Bergmann** – Olivia had a great meet. All of her hard work and focus this spring and summer paid off. She swam to almost all best times and got her 2nd NASA cut in the 100 Fly while finishing 6th in the state. Olivia also helped her relay teammates finish 3rd in the state in the 200 & 400 free relays and in the 200 & 400 medley relays. She swam with confidence all weekend. Congrats on a great swim meet.
- **Grace Butcher** – Grace swam to all best times this weekend. She finished 2nd in the state in the 100 breaststroke and qualified for Winter Junior Nationals. In the 200 breast, she finished 4th in the state with a large drop. Grace also helped her relay finish 2nd in the state in the 400 medley and 3rd in the 200 medley. Congrats, Grace!

- **Lonnie Lawhorn** – Lonnie also swam to all best times, dropping tons of time across the board while placing Top 15 in the state in all of his events. He also helped his relay teammates score many team points. In his final event of the meet, Lonnie dropped 10 seconds in the 200 fly. Congrats Lonnie! Great job!

#### National Team

- **Jordan Aurnou-Rhees, Mia Brown, Mia Lachey, Logan Lawhorn, Kate Saczawa** – I often tease my coaches for trying to include too many people in their Swimmer of the Meet recaps, but in this case, I'll take a note from Coach Megan and name all of my new record-holders as my SOTM. These five girls are some of the best swimmers that I have ever coached, not only in their aquatic achievements, but in their hard work and dedication to themselves, their teammates, and the OSSC. All five of these swimmers have impacted our team in so many positive ways; it's great to see all of them compete in their last LC Junior Olympics together while setting new state relay records and being ranked #1 in the country in the 200 free relay and 200 medley relay. Way to go, ladies!