2016 John Bruce Memorial - OSSC Recap

EVENT WINNERS

Gabriella de Mesa Hannah Routh Jackson Turnbull
Sophie Khelashvili Marie Belli Gino Prabhu
Amira Bzdafka Sloane Antonetz JJ Rennie
Lauren Arledge Grace Butcher Chase Swearingen

Sydney Boone-McDougall Ava Fortney Brady McInerney
Catherine Cartmell Leah Stamm Spencer Aurnou-Rhees

Riley Huddleston Kaitlyn Sims Andrew Levine Martina Peroni Rylee Kreinbrink Mason Peck

SWIMMERS OF THE MEET

Bronze

- **Ish Chakroborty** Ish had a great meet, dropping time in all of his events. His technique in butterfly has come a long way since last season, and he dropped 6 seconds in the 50 Fly. I'm very excited to see what else he can do this season. Keep up the great work, Ish!
- **Davynn Miller** Davynn had a great meet this weekend, dropping time in three of her events, including a 5th place finish in the 50 Breast, after dropping over 10 seconds. Awesome job, Davynn!
- **Ryder Horan** Ryder was on a mission this weekend! He dropped over a second in the 25 fly and 25 back, over 3 seconds in the 100 IM, and over 4 seconds in the 50 free. Well done, Ryder!

Silver

• Ellen Staton – Ellen had a great John Bruce Memorial meet! She had huge time drops in all her events, including her first JO cut in the 50 back! Her hard work and focus showed in her results, a great sign for the rest of the season! Congratulations, Ellen!

Gold

- Emma Boder Emma has truly embraced the ideals of training and her recent dedication was evident by her outstanding time drops at the John Bruce Meet. With a combination of improved technique and an effort towards cardiovascular training, she swam a challenging series of events and posted improvements in all she swam. Especially impressive were her time drops in the 100 Breast, which Emma would consider her worst stroke, and the 500 Free, where she dropped almost 30 seconds! Fantastic job. Emma!
- Aidan Miller Also notable this meet was Gold athlete Aidan Miller. Aidan has shown a true willingness to improve, shying away from no challenge at practice. He's been giving maximum effort with both technique and fitness and his efforts are paying off, event by event. His 9-second improvement in the 200 I.M. was fantastic as well as his 10-plus-second time drop in the 200 Back. Keep up the good work, Aidan!

Platinum

 Alexandra Butnariu – Alexandra had a great meet this past Saturday. She swam 5 events in a single session at the Worthington Swim Meet and achieved 5 personal best times. All of her hard work and focus to making her strokes faster and more efficient was great to see in all four strokes. Keep up the hard work!

Senior

• **Leah Stamm** – Leah was a lone wolf for the Senior Group at the John Bruce Meet. She was able to knock out most of her IMX events and get some valuable racing in at the same time. She placed in the top 3 in every event! Great job, Leah.