# 2016 Penguin Plunge - OSSC Recap

### **EVENT WINNERS**

Amira Bzdafka Sophie Khelashvili Jackson Turnbull

## **SWIMMERS OF THE MEET**

## **Novice**

- **Zoey Starner** She did a great job racing at Penguin Plunge! She received new personal bests and went out to compete!
- Cale McNamara He did awesome racing as well! He also received new personal bests! Way to go Novice!

### Bronze

- Mario Bondy Mario had a great meet! He dropped 2 seconds in the 50 free, and 3 seconds in the 50 back. Mario also for the first time swam in the 100 IM, and had a second place finish! Nice job, Mario!
- **Sophie Khelashvili** Sophie did an awesome job at the Penguin Plunge! I demanded a lot from her by asking her to swim both the 100 free and 100 IM, and she rose to the occasion! Sophie dropped 2 seconds in the 100 free, almost a full second in the 25 breast, and half a second in the 100 IM. Not only that but she also won all three of her events. Keep up the great work, Sophie!