

## 2016 Regional Championships – OSSC Recap

### EVENT WINNERS

Peyton Graham	Annie Volker	Sarah Anderson
Camdyn Price	Emma Thompson	Elyse Bergmann
Lauren Arledge	Emma Rennie	Amelia Purdum
Ava Fortney	Pierce Bateman	Holly Gabriel
Teagan Price	Sam Elsrod	Lindsey Keaton
Julianne Aslaner	Mason Peck	Greta Tew
Ava Row	Andrei Proca	Lola Zimpfer
Logan Fields	Preston Kuriger	Blaine Huddleston
Phoebe Saunders	Thomas Lennox	Teagan Price
Anna McGrath	Grace Butcher	Jayci Kacsandi
Sophia Antonetz	Rylee Kreinbrink	Karissa Smrecansky

### SWIMMERS OF THE MEET

#### Bronze

- **Alayna Butler** – Alayna had a fantastic meet this weekend. She dropped time in all of her events, and narrowly missed her JO qualifying time in the 50 backstroke after a time trial. She gave maximum effort the entire weekend and her times showed it! Great job, Alayna!
- **Pierce Bateman** – Pierce punched his ticket to JOs this weekend, getting qualifying times in the 50 and 100 backstroke. He dropped a ton of time and he's heading to Barbara Kay next weekend to drop more! Keep up the great work, Pierce!
- **Jacob Antonelli** – Jacob has been doing an amazing job since joining our team. He had quite a few drops, including a 16 second drop in the 100 back. Awesome performance, Jacob!

#### Silver

- **Lauren Arledge** – Lauren really broke through this weekend with 6 new JO cuts, including a Zone cut in her 100 fly. It will be fun to watch Lauren continue to grow with this new confidence!
- **Andy Little** – Andy had some huge time drops this weekend, including a 5 second drop in his 50 back! I enjoyed watching Andy get up and race this weekend!
- **Lauren Muffley** – Lauren blew it out of the water with all best times, including a 9 second drop in the 50 fly and 10 second drop in the 100 IM. Who knows, maybe she will become a butterfly? 😊
- **Sofia Sivilotti** – Sofia was all smiles this weekend! She had all best times including big drops in her free events, 7 seconds in the 100 and 15 in the 200. Way to go, Sofia!

#### Gold

- **CJ Arledge** – CJ had a fantastic meet! She had best times in all 7 events. Despite missing her JO cut, CJ was positive and kept swimming her best. She cheered for her teammates and set an exceptional example for the rest of our group in what it means to be a hard worker & to persevere. Congratulations CJ on an awesome season!
- **Anna McGrath** – Anna swam awesome at the Regional meet! She achieved 6 more JO cuts while swimming best times in all 7 of her events. Anna has worked hard all season long & her hard work certainly showed this past weekend. Way to go, Anna!

## Platinum

- **Ema Rennie** – Ema had an incredible Regional meet. She swam to all best times and added four more state qualifying times to her list. Keep up the hard work, and continue improving your turns and breakouts going into states in two weeks.
- **Thomas Lennox** – Thomas had his best swim meet as an OSSC swimmer. He dropped tons of time in every single one of his events at Regionals over the weekend and added three more state qualifying times to his Junior Olympics line up in two weeks. Keep up the hard work and focus going into States.
- **Carson Cross** – Carson's goal all season was to achieve his very first JO cut in one of the two breaststroke events. He worked very hard all season and focused on improving his technique in all four of his strokes. In doing so, he had his best swim meet of the season. Carson swam to best times in all of his events with big time drops, and he finally achieved his goal by getting his 1st state qualifying time in the 200 breaststroke. It was one of the most memorable races of my coaching career. Congrats Carson on a job well done!

## Senior

- **Jared Davis** – Coming off the high school season where he obtained his 200 IM JO cut, Jared swam to numerous lifetime bests and obtained JO Cuts in the 100 free and the 100 back! Great job, Jared.
- **Jason Orr** – Coming off the high school season where he swam to lifetime bests, Jason achieved numerous lifetime bests at Regionals. Awesome work, Jason!