2016 Regional Championships – OSSC Recap

EVENT WINNERS

Camdyn Price Ava Fortney Grace Gabriel Sonia Bowers Kaitlyn Sims Sophia Antonetz Eva-Jolie Persall Zoe Wolfe Gabriele Nervez

SWIMMERS OF THE **M**EET

Bronze

- Lola Zimpfer After coming within mere tenths of a JO cut in timed finals, Lola time trialed the 200 free on Sunday and secured her fourth JO qualifying time with a 2:47.69! Way to go, Lola!
- Evan Prabhu Evan did a great job competing this weekend. He swam to numerous best times throughout the weekend, including a 15 second drop in the 100 back. What a great way to end the season!
- Catherine Cartmell Catherine had several best times over the weekend, and narrowly missed picking up the JO cut in the 50 breast by .24. She worked very hard, and I am excited to see what she will be able to accomplish next season. Great work, Catherine!

Silver

- Maggie Matessa Maggie did a really nice job getting up and racing this weekend. She had numerous best times including a 5 second drop in her 50 breast and 5 second drop in her 100 back! Great job, Maggie!
- Gunnar Byas Gunnar rocked it this weekend and had some great time drops across the board. He has
 transitioned well to the OSSC and it will be exciting to see what he accomplishes next season! Way to
 go, Gunnar!

Gold

- Ava Row Ava had an awesome weekend of swimming! Despite the heat & other conditions, Ava was a great competitor and swam to many best times! Congratulations, Ava!
- Gabe Nervez Gabe got his first JO cut in the 50 free! He was also a half second away from 2 other JO cuts in the backstroke events. He had many best times and proved that he can be a racer! Great job, Gabe!

Platinum

- Kaylee Preble After a hard season dealing with an injury, Kaylee finally began getting better and started
 competing again at the Spring and Summer. Kaylee ended up having a great Regional meet, qualifying
 for finals in all of her events and looking like herself again. Her confidence is back, and she is geared up
 for JOs this weekend. Congrats!
- **Will Elsrod** Will got one of the two Platinum JO cuts over the weekend. He dropped 9 secs from his previous best time in the 200 breast, which he just achieved last week at the Peppe-Bruce. Congrats!
- **Heath Thomas** Heath got the other Platinum JO cut over the weekend while racing Will in the 200 breast. He never gave up and held his new breaststroke together throughout the entire race. Keep it up Heath!