

2016 Senior Meet – OSSC Recap

STATE CHAMPIONS

Miranda Donley	Hudson McDaniel
Kate Saczawa	Jason Mathews
Rachel Peroni	Antonio Ramirez
Logan Lawhorn	Max Dreisbach
Janessa Mathews	Mia Lachey
Bridget Parker	Macey Swearingen
Hans Kabelka	Jordan Aurnou-Rhees
Ben Kuriger	Pearson Spychalski
Spencer Tussing	Mia Brown
Colin McDermott	

SWIMMERS OF THE MEET

Senior

- **Grace Cherryhomes** – Grace had an amazing meet! She swam to lifetime bests in the 200 IM, 200 Free, 100 Free, 50 Free and she made it back to finals on several occasions; while doing so, she obtained her Sectional cut in the 100 FL and is very close to her Dolfin Jr Cut in that event. Awesome job, Grace!
- **Jonathan Liu** – J Liu was on a mission this weekend! He had a great meet as he finally broke the 2 minute barrier in the 200 IM and 1 minute barrier in the 100 Breast. In both of these events he obtained his Dolfin Jr Cut which is a great achievement and sets him up to be a contender in late February!
- **Alli McFarland** – What can we say about Alli? She has been working hard since the beginning of the season and it showed, as she swam to lifetime bests in prelims which helped her make it to finals in every event. While at finals, Alli then dropped lifetime bests in all 6 individual events! She obtained her Dolfin Jr Cut (NASA) in the 200 IM and 100 Breast. In addition she obtained her Sectional Cuts in the 200 Breast and 100 Fly. Great job, Alli!
- **Josh Bowers** – Josh had amazing meet. With a new found passion for the sport, Josh has been on a mission in practice to swim his fastest at every meet. Josh swam to lifetime bests in the 200 IM, 200 FL, 200 Free and 100 Fly. His hard work and determination are paying off and he is setting himself up to have a great end to the season!
- **Angela Lu** – Angela is the silent worker in practice. Her hard work showed this weekend. Angela started off the meet by dropping 11 sec's in her 500 Free and continued to swim all lifetime bests in all her events. Great job, Angela!

National Team

- **Major Belli** – Major swam to 100% lifetime bests over the weekend. He swam a variety of events, and gave tremendous effort at all times. He qualified for finals in all of his events, and made the big boy heat in four of his events. Major has improved in every meet so far. I'm excited to see where he'll be in February and March!
- **Ben Kuriger** – Ben was simply unstoppable this weekend! His confidence was soaring, and it showed. Ben won three events (200 FL, 200 FR & 100 BA) and participated on all five of our men's winning relays. He's excited for Junior Nationals in a few weeks.
- **Janessa Mathews** – Janessa continues to expand her non-breaststroke repertoire. She exhibited a lot of confidence in the IM and other events in which she didn't place a lot of focus in the past. She swam to a new meet record in the 200 breaststroke, and is currently ranked third in the country in her age group for both of the breaststroke events. Janessa has big plans for this season, and her performance this weekend gets her one step closer to those goals.

- **Jason Mathews** – Jason put on a tremendous performance over the weekend! He swam to 100% best times, including dominating performances in his signature breaststroke events. He is currently nationally ranked second in the 200 BR and third in the 100 BR in his age group. Jason is ready for some even faster swimming at Junior Nationals in a few weeks!
- **Rachel Peroni** – It's fun to watch Rachel swim when she's confident and goal-driven. She's very tough to beat! Rachel won three individual events and helped four of our relays to wins throughout the weekend. The strides she has made in backstroke are incredible. Keep it up!
- **Macey Swearingen** – As one of the youngest swimmers on the NT, Macey has made a nice transition into our group. Despite some challenges with her foot which have kept her from being able to practice the way she wants sometimes, she has an incredible will to win which was evident this weekend. Macey swam to several best times, and her backstroke was amazing. Great job!