

2016 CM Spring Invite – OSSC Recap

EVENT WINNERS

Sydney Boone-McDougall	Bridget Parker	Elise Barbour
Jada Heren	Mia Lachey	Gino Prabhu
Riley Huddleston	Macey Swearingen	Chase Swearingen
Ava Lachey	Grace Butcher	Brady McInerney
Martina Peroni	Miranda Donley	Kalvin Koethke
Hannah Routh	McKayla Moffat	Jason Mathews
Jordan Aurnou-Rhees	Janessa Mathews	

SWIMMERS OF THE MEET

Silver

- **Aidan Miller** – Aidan did a great job racing with big drops across the board. Way to go, Aidan!
- **Sammy Sims** – Sammy had an awesome meet and really pushed herself in all her swims! Great job, Sammy!

Gold

- **Sonia Bowers** – Sonia had a great meet as a new 13 year-old! She dropped time in all of her events and did a great job of pushing through each race to the end. Congratulations, Sonia!
- **Darden Spychalski** – Darden had a phenomenal meet in Cincinnati! He dropped a ton of time in all of his events and achieved JO cuts for long course in everything he swam. Way to go, Darden!

Platinum

- **Andrew Levine** – Andrew had an outstanding meet, earning a newfound respect given the event-schedule he swam. He took on a good workload over the three days and thrived in all events, including a first-time swim in the 200 Fly. Great job in dropping time in all events and also posting a great time in your new specialty! I think the 2-Fly should become Andrew's go-to swim in all future meets. Hoorah!
- **Heath Thomas** – Heath is new to the team this season, coming from another accomplished central-Ohio team. He exceeded expectations this meet by dropping time (or posting great first times) in all the seven events he swam. While I didn't initially identify Heath as a butterfly specialist, his significant time-drop in the 100 Fly proves otherwise. Congratulations on all your great swims!

Senior

- **Grace Skoog** – Grace has made great strides in all her events. She was able to obtain numerous lifetime bests and continues to improve in all 4 strokes. Keep up the great work!

- **Justin Christensen** – Justin is not afraid to try new events. He swam very well in every event. He applied changes made in practice to his swims and was able to obtain lifetime bests in a few events. Great job, Justin.

National Team

- **Spencer Tussing** – At this point in the season, we focus more on race strategy and quality swimming than on times. A meet like this is a great baseline to measure our improvement throughout the summer; however, Spencer still achieved best times in two of his six events throughout the weekend. He also focused on corrections within his races so that he can continue to improve his LC swimming. Great job, Spence!