

## 2017 Fall Frenzy – OSSC Recap

### EVENT WINNERS

Cameron Graham  
Maily Price  
Sasha Slauson  
Davyann Miller  
Teagan Price  
Cameron Kuriger  
Spencer Tussing  
Jackson Turnbull  
Mircea Butnariu  
Chase Swearingen  
Ashlyn Morr



### SWIMMERS OF THE MEET

#### Bronze

- **Amira Tadlock** – Amira did an amazing job this weekend. Her form has improved so much over the last few weeks and her times show it. She dropped over 5 seconds in her 100 free and 2 in her 50 back. Keep up the great work!

#### Silver

- **Sasha Slauson** – Sasha had an amazing meet! She dominated her age group and got three new JO cuts, two of those in events she swam for the first time! Her attention to detail and competitive spirit really shined this weekend. Keep it up, Sasha!!!
- **Mario Bondy** – Mario had an awesome weekend! He dropped in every event, including 15 second drops in the 200 free and 200 IM! His time in the IM was the JO cut! Mario has been working so hard in practice and it is really paying off! Congrats, Mario!

#### Gold

- **Lauren Moorhead** – Lauren had a great Fall Frenzy meet, achieving best times in all eight of her events. Her focus and hard work in practice certainly showed especially with her 47 second time drop in her 500 free. Outstanding meet, Lauren! Keep up the good work!
- **Chase Swearingen** – Chase also had a fantastic Fall Frenzy meet, winning first place in all of his events but one. Most impressive were his 200 IM and 500 free swims where he continues to drop time even without side-by-side competition. Keeping focused is his secret as he always strives for perfect races. Great job, Chase!

#### Platinum

- **Mya Khelashvili** – Mya had a great meet. She improved all of her events and continued to work on her strokes and turns. Congrats, Mya. Keep up the hard work!
- **Andy Lu** – Andy had best times in almost all of his events. His hard work at practice is showing. Keep it up! Congrats!

## Senior

- **Justin Christensen** – Justin was on fire all weekend. After starting off with a 30 second drop in his 1650, which resulted in a lifetime best, Justin continued to take down his previous best times. Justin was able to go lifetime bests in the 100 FR, 200IM, 100 FL, 200 BK, 200 FR and 50 FR. He has been working extremely hard and is setting himself up to have a great season. Awesome job, Justin!

## National Team

- **Spencer Tussing** – In what has become an annual event, Spencer is once again a Fall Frenzy Swimmer of the Meet. While Spencer always begins this meet with a strong 1650 – as he did again this year – it was his performance in his other events that was so impressive. Spencer swam to new best times in all six of his other events, dropping around 12 total seconds throughout the weekend. Spence has added quite a bit of speed this season, so his non-distance events have really taken off. Way to go!