

2017 Unified Senior Meet – OSSC Recap

SWIMMERS OF THE MEET

Senior

- **Julia St. John** – Julia had a great meet. She applied everything she has been working on in practice to the meet and even made stroke corrections during the meet which helped her swim faster. She was very close to her lifetime bests in every single event and even dropped a best time in her 200 breast.

National Team

- **Bridget Parker** – Bridget was very competitive and surprisingly fast for this point in the season. She had a strong 200 IM, then was very aggressive in the 100 free before swimming to best times in both the 200 back and 200 fly. Bridget always works hard and pushes herself at practice, so I'm happy to see that attitude and effort paying dividends already. Keep it up!