

## 2017 Regional Championships Swimmers of the Meet

### Bronze

- **Ella de Mesa** – Ella has improved so much this summer! She has learned how to be competitive and she's no longer afraid to swim fast. She continues to step out of her comfort zone when it comes to racing, and her times reflect her new found eagerness to compete. This weekend, Ella dropped over a second in the 50 breast, close to 3 seconds in the 50 fly, 10 seconds in the 100 breast, a second and a half in the 100 back, and over a half second in the 50 free. The most exciting part of Ella's weekend was when she dropped over three seconds in the 50 back and picked up her first ever JO cut! Keep up the great work, Ella!
- **Joseph Snyder** – Joseph learned a great lesson in perseverance this weekend. After narrowly missing the 50 breast JO cut on Friday, Joseph swam a time trial on Saturday and again added time, missing the cut once more. Discouraged yet still determined, he decided of his own free will that he wanted to time trial one more time on Sunday. He focused on his weak points in his previous two races and swam to a new personal best time, claiming his first ever JO cut! He did not let the fear of failure impact his swim, and he never quit on himself. He proved to everyone at the meet that if you keep pursuing your goals, especially when you are repeatedly met with failure, you can achieve your highest ambitions. Nice job, Joseph!
- **Jack McGrath** – Jack came ready to work this weekend! He dropped time in all but one of his events at Regionals, including a 16 second drop in the 100 back. Jack, much like Joseph, had also come within reaching distance of a JO cut in the 50 breast, but fell short of the qualifying time during the 10 & Under session on Friday. He went on to do a time trial on Saturday, and dropped a second and a half from his time the day before to pick up his first ever individual JO qualifying time. I thought that was going to be the highlight of the weekend, but Jack wasn't finished! On the very same day, during the finals session, Jack set the water on fire when he jumped into the pool for the 100 breast. He dropped over 8 seconds from his best time, earning himself yet another JO cut! The only thing that dropped more than Jack was my jaw hitting the floor. Great job, Jack! Keep it up!

### Silver

- **Aidan Eberhardt** – Wow, what a way to end the season! Aidan finished the meet with all personal bests. He dropped 12 seconds in his favorite event, the 400 free, and surprised himself by dropping 13 seconds in the 100 fly and making it back to finals! Amazing job, Aidan!
- **Chase Peck** – Chase sure knows how to keep everyone on their toes! He got the 200 free JO cut by .01 and the 100 free JO cut by .05! He also added the 200 IM to his JO line up. Way to race! Great job, Chase!

### Gold

- **Brady Farren** – Brady had a wonderful Regional meet, placing in championship finals in 6 events. He achieved almost all best times (in both prelims and finals) and he earned several more JO cuts. Brady can always be counted for his aggressive racing spirit and this meet was no exception. Additionally, he won first place in his 50 fly! Great job, Brady!
- **Blaine Huddleston** – Blaine had a fantastic Regional meet, taking her swimming to a new level! In all events she was keenly competitive, applying all of what she's learned in practice while also adding a newfound aggressive racing spirit. Overall, she showed an amazing transformation to next-level swimming. Hooray, Blaine—thrilling!

## Platinum

- **Anna McGrath** – Anna has a really impressive Regional meet. She swam to several state cuts and several personal best times. Her hard work at practice is paying off. Keep up the hard work and focus going into JOs next week.
- **Chase Bateman** – Chase had his best swim meet ever. He swam to all best times and accumulated the most state cuts ever in his swimming career. He was in the zone throughout the entire weekend at Regionals. Congrats, Chase!

## Senior

- **Cosette Persall** – Cosette swam amazingly well at her last Regional meet! She has been working hard all summer and the results showed. She was able to go lifetime bests in the 100 free, 400 free, 100 back, 100 breast and went 2-lifetime bests in the 50 free. In addition, she helped the 200 free B relay team place in the top 5! Awesome swimming, Cosette!