

## 2017 Senior Meet – OSSC Recap

### STATE CHAMPIONS

Kate Saczawa  
Logan Lawhorn  
Grace Butcher  
Janessa Mathews  
Jordan Aurnou-Rhees  
Jacob Eismann  
Spencer Tussing  
Ben Kuriger  
Pat Pema  
Jason Mathews  
Pearson Spychalski  
Macey Swearingen  
Bridget Parker  
Mia Lachey  
Max Dreisbach



### SWIMMERS OF THE MEET

#### Senior

- **Carli Frey** – Carli had an amazing meet! She was dominant in every race she swam while focusing on her kick and her underwaters. She broke the minute barrier in her 100 back and swam to lifetime bests in 5 events, dropping a total of 19 seconds throughout the weekend! Awesome swimming, Carli!
- **Tyler Endecott** – Tyler was on fire this weekend! He reached several goals throughout the meet. In the 200 IM he dropped a 1:58.16 in prelims and then came back in finals to beat his goal time with a 1:55.96 achieving a TYR JR cut in the process. Also, he was able to break the 1 minute barrier in the 100 breast which also helped him achieve his 2nd TYR Junior cut for the meet. In addition, he was right at his lifetime bests in his other events throughout the meet! Great job!
- **Heath Thomas** – Heath had an awesome meet! Known as more of a distance specialist, he was automatic in every event he swim. He swam to lifetime bests in all 6 of his events and dropped over 25 seconds total, including 15 in the 400 IM. He is setting himself up to have a great end of the season!

#### National Team

- **Logan Lawhorn** – Logan has made tremendous strides in her non-breaststroke events this season. That specifically showed in her 50 free, where she dropped from a 25.21 to 24.55. She swam to best times in the majority of her events, and won the 50 breast in a blazing 29.21. Great job!
- **Jordan Aurnou-Rhees** – This is a no-brainer. Including her relay leadoff swims, Jordo swam to 7 new best times. She won the 50 fly, 100 fly, and 200 IM, in addition to contributing to several relay wins. These big time drops qualified Jordo for the upcoming Junior Nationals in three events. Jordo has always been a hard-working swimmer, but she has raised her intensity and focus at practice this season to a new level.
- **Spencer Tussing** – After so many new best times at other meets this season, it's amazing that Spencer still managed to swim to 6 new best times at the Senior Meet. Spencer dropped 5 seconds in the 500 free to win the event and qualify for the upcoming National Championships. He also lowered his best time in his signature event, the 1650, and he just missed breaking the 4:00 mark in the 400 IM (he probably would have swam faster at finals, but we scratched to focus on that pesky 1650). Congrats!