

## 2017 TYR – OSSC Recap

### EVENT WINNERS

Elise Barbour  
Cameron Graham  
Davynn Miller  
Ava Lachey  
Catherine Cartmell  
Marie Belli  
Riley Huddleston

Grace Butcher  
Martina Peroni  
Spencer Tussing  
Spencer Aurnou-Rhees  
Chase Swearingen  
Colin McDermott



### SWIMMERS OF THE MEET

#### Bronze

- **Suzie Shultz** – Suzie did an amazing job this weekend. She represented the Bronze team all three days, and qualified for finals on both Saturday and Sunday. One of the things I love about having Suzie on the team is how quickly she is able to respond to feedback. Just between prelims and finals, we were able to make adjustments to her breaststroke, and she was able to turn around and bring her 50 breaststroke time to a 42.50, narrowly missing the JO qualifying time of 42.09. She had great time drops throughout the weekend in her other events, and I am very excited for her championship season. Keep up the great work, Suzie!

#### Silver

- **Cami Price** – Cami had an awesome meet! She took off 4 seconds in her 100 fly, and got two more JO cuts. Her hard work and passion for swimming really showed this past weekend. Great job, Cami!
- **Catherine Cartmell** – Wow, what great swims! Catherine not only won the 50 and 100 breast, but achieved zone cuts in both! What a breakthrough! Her focus and attention to detail was very impressive. Congratulations, Catherine!

#### Gold

- **Spencer Aurnou-Rhees** – The TYR meet brought some strong competition and Spencer responded with several best times, including AAAA times in both the 200 and 500 free and also the 50 breaststroke. Determination is important as we near the end of the season and Spencer's strong racing spirit is helping him achieve some very fast results. Great swimming, Spencer! Keep it up!
- **Darden Spychalski** – Darden has been having a fantastic year and in addition to consistently dropping time in all meets previously attended, he again swam all best times in his 8 events at the TYR meet. It's accepted that attitude and effort are important in the sport of swimming and Darden has been taking these attributes to the next level. He achieved AAAA status in the 200 and 400 IM and also the 500 Free – truly remarkable. Way to go, Darden!

#### Platinum

- **Marie Belli** – Marie had an amazing weekend of fast swimming, winning all of her events and swimming to two NASA qualifying times in the 100 breast and the 200 IM. In the 100 breast, she also broke a team record. Congrats on a job well done. Keep up the hard work at practice
- **Ava Lachey** – Over the weekend, Ava broke two Ohio records. The first was in the 100 back, which was already Ava's record. The 2nd was in the 100 free and was a 21-year-old record going back to 1996. Ava also broke a minute in the 100 fly for the first time. Congrats on the state records. Keep up the hard work and focus on your underwater breakouts.
- **Cameron Kuriger** – Cameron swam to all best times and achieved her 2nd NASA qualifying time in the 200 fly. Keep up the hard work at practices. Congrats on the 2nd NASA cut!