

## 2017 Triple Crown – OSSC Recap

### EVENT WINNERS

Sophie Khelashvili  
Cameron Graham  
Sydney Boone-McDougall  
Elise Robinson  
Catherine Cartmell  
Zoe Wolfe  
Phoebe Ferguson

Martina Peroni  
Lucia Cherok  
Anna McGrath  
Ava Fortney  
Rylee Kreinbrink  
Gino Prabhu  
Brady McInerney

Gabriele Nervez  
Alejandro Soto  
Chase Swearingen  
Braden Hopkins  
Hudson Williams  
Mason Peck  
Sergio Suarez

### SWIMMERS OF THE MEET

#### Bronze

- **Jackson Turnbull** – Jackson had a great meet, dropping time in all but one of his events. One of the most exciting races of the weekend was Jackson's 50 freestyle, where he became the Bronze team's first Junior Olympic qualifier for the 2016-2017 season, swimming to a personal best of 31.80! Keep up the great work, Jackson!!
- **Suzie Shultz** – I have been consistently impressed with how hard Suzie works at practice, and her efforts paid off in the pool this weekend. Suzie swam to numerous best times, including a 19 second drop in the 200 free, and an 8 second drop in the 100 free. Well done, Suzie!!

#### Silver

- **Grant Trumbull** – Grant had an awesome meet! He had time drops in every single event, including a 13 second time drop in his 100 fly! He made great improvements in his technique and swam each race with purpose. Great job, Grant!
- **Campbell Williams** – Campbell held nothing back this past weekend, and it showed in his races! He implemented race strategy and was aggressive with each swim, resulting in many time drops! Congrats, Campbell!!

#### Gold

- **Karissa Smrecansky** – Karissa had a great meet, swimming personal bests in all she entered. She was focused and determined and her positive outlook certainly helped her to achieve her fantastic results. Congratulations, Karissa!
- **Maya Khelashvili** – Maya had many great swims at the Triple Crown meet. Her newly-developed competitive attitude contributed to her dropping almost 26-seconds collectively over all of her events. Keep up the good work, Maya!

#### Platinum

- **Phoebe Ferguson** – Phoebe had a fantastic meet, dropping time in every single one of her events. Recently, she has been at a bit of a disadvantage having to kick entire practices due to her injury, but that has not affected her dedication to doing well at each and every set in practice. Keep up the good work, Phoebe!
- **Sergio Suarez** – Sergio consistently proves that he is a natural born racer, and this meet was no exception. He had huge time drops in each of his events, specifically the 200 IM where he dropped a total of 10 seconds. Hard work pays off, and Sergio is a prime example of that.