

2018 Gunnar Listerman Memorial – OSSC Recap

EVENT WINNERS

Natalie Sagle	Marie Belli	Michael Michael
Sasha Slauson	Martina Peroni	Catherine Cartmell
Ella de Mesa	Ava Lachey	Emily Schiele
Ashlyn Morr	Grace Butcher	Mia Boccio
Lauren Moorhead	Bradley King	Reagan Peck

SWIMMERS OF THE MEET

Bronze

- **Samuel Zhu** – Samuel came ready to race this weekend! He was a participant in the boys 200 freestyle relay, swam the 100 back for the very first time, and then dropped time in all of his other events. Sam dropped over 11 seconds in the 50 fly and 100 free, over 7 seconds in the 50 back and 50 free, 4 seconds in the 50 breast, and to top it all off also dropped a jaw dropping 28.65 seconds in the 100 IM! WOW! Keep up the great work, Samuel!!

Silver

- **Pierre Cruse** – Pierre had a great weekend! He got several best times, and raced smart. What a way to start off the season. Congrats, Pierre!
- **Audrey Strayer** – Audrey did such a great job taking feedback and implementing it into her races! She was aggressive in each race and achieved many best times. Good job, Audrey!

Gold

- **Marco Archibault, Mia Boccio, & Rio Hall** – All three have earned the Gold group Swimmers-of-the-Meet honors for the 2018 Gunnar Listerman Meet. All three are new to the team this season and all swam significant time drops in their first meet with OSSC. They've been eager to learn, they've all focused on their racing details, and their efforts and diligence paid off with significant achievements. Rio, Mia and Marco, congratulations on the many great swims and welcome to the team! Very impressive!

Platinum

- **Calie Demers** – New to the team, Calie had a great first meet with the OSSC. She is already showing some great progress in her technique, especially in butterfly and breaststroke and setting herself up for an awesome season. Keep up the good work.
- **Marcus Schwartz** – Marcus kicked off his season this first meet showing some progress in the details of his technique and in his racing habits. He also had a surprisingly fast 25 underwater kick, which indicates that his hard work is paying off. I am excited to see what this season will bring for him.

Senior

- **Morgan Govekar** – Morgan had an awesome meet this past weekend. He has been very diligent in making stroke corrections in practice to become a more efficient swimmer and it showed this weekend! Morgan swam well across the board and even dropped 17 seconds in the 400 IM for a new lifetime best! Great Job Morgan.

- **Brooke Farren** – Brooke has been a mission since July to not only improve in the pool but improve her training outside of the pool. Her stroke technique has been improving steadily in practice and it was definitely noticeable this past weekend. She raced in every single event and is setting herself up for a great season. Nice job, Brooke!

National Team

- **Grace Butcher** – Grace had a very strong meet, exhibiting good speed in the sprints and having a lot of fun with the unique event schedule. Times aren't very important at this meet, but Grace competed well in all of her events and showed improvement in her speed and turns. She won the 50 and 100 breast, and finished second in the 50 fly. She also beat her sister in an epic 100 free that will surely go down in the history books ... it was Phelpsian! Great start to the season, Grace!