

2018 Thanks for Giving – OSSC Recap

EVENT WINNERS

Cameron Kuriger
Natalie Sagle
Sasha Slauson
Katelynn Wesley
Ava Lachey
Martina Peroni
Marie Belli
Abby Di-Nardo
Elyse Bergmann
Mia Lachey
Mia Brown
Sarah Cabre
Kate Saczawa

Jordan Aurnou-Rhees
Darden Spychalski
Ben Neff
Liam Miller
Brad King
Brady McInerney
Spencer Aurnou-Rhees
Chase Swearingen
Pearson Spychalski
Mason Peck
Spencer Keane
Rio Hall



SWIMMERS OF THE MEET

Novice

- **Hayden White** – Hayden really stuck out to the coaches this weekend with her drive to race and challenge herself. She placed in the top 20 for all of her events, including a 5th place finish in the 25 butterfly, and a 9th place finish in the 50 free. She swam the 25 butterfly with a great time of 20.60, which was even faster than her 25 freestyle! Great job, Hayden!
- **Luke Thomas** – Luke really stepped up this meet with his events, which included a great 100 freestyle swim for the first time going 1:34.81. He swam an event in every stroke, and placed top 6 in all of them. He was also very enthusiastic about the food drive, and helped his family bring in 700 cans! Keep it up, Luke!

Bronze

- **Raavi Randhawa** – Raavi showed an incredible amount of progress over the weekend. She spent a lot of time prior to the meet working on her starts, her technique has improved, and she showed that she understood how to be competitive in a race. She swam the 100 IM for the very first time, and dropped time in her 50 free, 50 breast, and in her 100 free where she dropped over 23 seconds! Keep up the great work, Raavi!

Silver

- **Rhiannon Root** – Rhiannon had a great meet! Not only did she stay tough through 5 events, she swam the 500 for the second weekend in a row and improved her time by 6 seconds! Way to go, Rhiannon!
- **Daniel Gorobchuk** – Daniel did amazing! Despite nerves, Daniel went for it with each race and came out of the pool with a smile on his face. He created great racing opportunities for himself and stayed tough. Great job, Daniel!

Gold

- **Elise Robinson** – Elise had a fantastic Thanks-for-Giving Meet, achieving all best times in everything she swam. She's always positive and enthusiastic and her competitive spirit is evident as she's always willing to listen and try hard. Her swimming future looks very bright! Great job, Elise!
- **Christopher Lee** – Chris did very well at the Thanks-for-Giving Meet! He earned all best times, and swam lights-out in his new favorite event, the 100 fly. Additionally, he dropped almost 6 seconds in his IM event. He's learned that focusing in practice makes all the difference and he's proven to be very coachable (he listens and he tries!). Keep it up, Chris! Way to go!

Platinum

Senior

- **Spencer Keane** – Spencer has been swimming very well over the last few months. His main focus has been solidifying his technique and pacing in practice which has shown big improvements over the last couple of weeks. Spencer stepped outside his comfort zone and swam some new events this past weekend. In addition, he showed some great speed this weekend and I can't wait to see what he can do at Senior Meet and in February. Keep up the great work, Spencer!
- **Preston Kuriger** – Preston has been on a mission this season to improve in every area of his swimming as he is constantly challenging himself every day in practice. He has been making big changes in his technique and it showed this weekend as he stepped out of the box and swam some off events. Preston was able to drop 10 seconds in his 500 free, 9 seconds in his 100 breast, and 33 seconds in his 400 IM, all for new best times. He is setting himself up for a great Senior Meet and HS Season. Awesome swimming, Preston!

National Team

- **Cameron Kuriger** – Cameron had a particularly strong meet, finishing with new best times in the 500 free and 400 IM, along with four wins and a second-place finish. Cameron has done a great job of focusing on her underwater kick count off every single wall in practice, and the result is that her underwaters – which were already a strength – have already improved this season. This bodes very well for the remainder of her season. Keep it up!
- **Will Elsrod** – Will was primarily focused on water polo through the fall, but that didn't stop him from coming into the Thanks for Giving and setting new best times in three of his four events! His strokes are all visibly stronger and more efficient, which is evident each time he hits the water. This is an exciting start in what should be a breakout season for Will. Great job!
- **Macey Swearingen** – Macey had a very consistent meet, swimming to two second-place finishes and just missing new best times in the 100 fly and 400 IM. Macey has had a strong season of training so far, which has led to more consistent results in her meets. She is setting herself up for a fantastic championship season!