

## 2018 Spring into Summer Splash – OSSC Recap

### HIGH POINT WINNERS

Sasha Slauson

### EVENT WINNERS

Sasha Slauson  
Ella de Mesa  
Suzie Shultz  
Ashlyn Morr  
Riley Huddleston  
Cameron Kuriger  
Mircea Butnariu  
Chase Swearingen  
Jason Mathews



### SWIMMERS OF THE MEET

#### Novice

- **Samuel Zhu** – Awesome job Samuel swimming an amazing 50 butterfly this weekend! And way to go on your other events. Keep up all the hard work!
- **Elizabeth Wildman** – Great job this weekend Elizabeth and what an awesome 50 breaststroke! Keep up the good work!

#### Bronze

- **Abby Davis** – Abby showed great improvements in her technique and racing ability and her times proved it! She swam to all new personal bests in short course, including a 5 second drop in the 100 free. Keep up the great work!
- **Abi Goodrich** – Abi had a great weekend, qualifying for finals both days. She had several time drops throughout the weekend, and tried the 100 fly for the first time, where she qualified for finals and took 2nd in the consolation final. Great job, Abi!
- **Maily Price** – Maily swam to numerous best times over the weekend, but the highlight of the weekend was when she swam the 100 fly, dropping 15 seconds in her short course swim, and then qualified and won the consolation final, where she claimed the OSSC Girls 8 and Under team record. Amazing job, Maily!
- **Cameron Graham** – Cameron was a trooper this weekend! She qualified for finals both evenings, participated in a swim-off, and also claimed the OSSC Girls 8 and Under 100 breaststroke team record. Well done, Cameron!

#### Silver

- **Hannah Lehr** – Hannah had an amazing weekend! Not only did she drop in almost every event, she went under 6 minutes in the 400 free for the first time! More importantly, she was competitive and raced hard! Congrats, Hannah!

- **Gino Prabhu** – Gino had an awesome meet! He would tell me his goal time for an event, and then go out there and get it! Talk about focus and determination! He capped off the weekend by getting his first zone cut in the 50 fly. Great work, Gino!
- **Kennedy Makel** – Kennedy had a breakthrough meet! I am so proud to say that she achieved her first two J.O. cuts! This was a long time coming and all her hard work and patience is paying off! Amazing job, Kennedy!

#### Gold

- **Lauren Moorhead** – Lauren had an excellent Spring-into-Summer meet. She qualified for finals in all of her events while swimming all best times, and additionally, she earned 3 long-course JO cuts. Lauren is a great competitor and with her hard work and focus she'll continue to have a great long-course season. Great job, Lauren!
- **Jacob Antonelli** – Jacob performed very well at the Spring-into-Summer meet, swimming almost all best times in his events. Especially impressive were his 6-second time-drop in 100 fly and also his newfound ability to swim breaststroke fast (Haha!) Jacob has been training well this season and his time-achievements in this meet show it. Way to go, Jacob!

#### Platinum

- **Brady McInerney** – Brady walked away with eight best times this past weekend including a nine second drop in his 400 IM from a best time that he set just two weeks ago. Not only that, he showed improvements in every stroke and is really starting to prove that he is a great all-around and versatile competitor. He also showed good improvements in stroke technique and having discipline in holding it throughout his races. All of that hard work and focus pays off. Keep it up!
- **Darden Spychalski** – Darden had a great weekend getting six new best times. His focus in improving his freestyle technique is starting to pay off as he got best times in the 50, 100, and 200. He then topped off his weekend with an eleven second drop in his 200 fly. He has been doing great in practice and has had a great start to his long course season as a result. Way to go!

#### Senior

- **Julia St. John** – J\$J had spectacular meet this past weekend. She used the unique SC/LC format to swim to several new lifetime bests, before heading off to Denison University this fall. Julia started off the meet swimming 400 IM for the first time ever and 100 FL leadoff in the 400IM was a best time! She continued to roll the rest of the weekend. Dropping lifetime bests in her 100 BK (SC/LC), 200 FR (breaking the 2 Minute Barrier SC), 200 IM (SC) and was right at her lifetime bests in every other event this weekend. Great job J-Money!
- **Sage Moore** – Sage has been very diligent in practice making the right corrections and improving in all areas. She is starting to dabble in the more in the middle distance events and it showed this weekend. Sage was able to swim to lifetimes bests in the 400 FR, 100 BR, 200 FL, and 400 IM. In all of these events, Sage showed tremendous improvement in her technique and her race strategy throughout the weekend and is setting herself up for a great July!

#### National Team

- **Janessa Mathews** – Janessa had a strong, consistent performance throughout the weekend. She walked away with two new best times in the 400 free and 400 IM, along with other times that we close to her best. Like usual, Janessa excelled in the breaststroke events, with a runner-up finish in the 100 breast and a third-place finish in the 200 breast. These were especially impressive finishes in this meet since there were so many college swimmers competing. Janessa has been working diligently on her technique and body position at practice, and this is a great start for an awesome long course season. Keep it up!