

2018 Makos Holiday Spirit Invite – OSSC Recap

EVENT WINNERS

Marie Belli
Elyse Bergmann
Chase Swearingen
Lauren Moorhead
Lola Zimpfer
Emily Schiele
Nadia Slauson
Sasha Slauson
Amira Bzdafka
Sophie Khelashvili



SWIMMERS OF THE MEET

Bronze

- **Lachlan Cowan** – Lachlan had a great weekend in Oxford, where he either dropped or matched his best times in all of his events. His biggest drops included 6 seconds in his 50 fly, and over 8 seconds in his 100 IM. Lachlan also anchored the Boys 11-12 200 medley D relay, where he swam to a personal best on the freestyle leg. Good job, Lachlan!

Silver

- **Sasha Slauson** – Sasha had an amazing weekend! She had many impressive swims, including a sub 2:30 200 IM! Sasha stayed mentally tough throughout the whole meet and wasn't afraid to go after it and race. Congrats, Sasha!
- **Cameron Graham** – Cameron was on fire this weekend! She dropped in almost every event, including a very impressive 100 breast! She stayed focused and had fun along the way. Great job, Cameron!
- **Matthew Sagle** – Matthew went after it this weekend! I had never seen him race so aggressively before! He had many huge time drops and found racing opportunities in each event. Congrats, Matthew!

Gold

- **Lauren Moorhead** – Lauren came to race at this year's Mako Holiday Invite! She has become a true competitor, training not only to improve but training to win. She faced some stiff competition and she challenged all top competitors, and additionally, she achieved all best times with Zone cuts in all of her events! Her hard work is paying off and the rest of her season looks to be very bright. Way to go, Lauren!
- **Mircea Butnariu** – Mircea earned his swimmer-of-the-meet status by challenging all of his competitors at the Mako Holiday Invite! He swam all best times and dropped significantly in his 50 and 100 breaststroke events. Additionally, he bested his 500 free time by over 25 seconds! Awesome job, Mircea! Keep it up!
- **Lola Zimpfer** – Lola had a breakout meet at this year's Holiday Invite! She dropped remarkable time in all of her events and raced a blazing fast 1:13 in her 100 breast, lowering her time by almost 5 seconds. She's learned that her focus at practice makes the difference and she's poised to achieve great swims in meets to come! Great job, Lola!

Platinum

- **Sloane Antonetz** – Sloane had a breakthrough meet this past weekend and achieved some major milestones. She broke 1:00 in the 100 fly to go a 58.5 and also broke the 25 second barrier in the 50 free to go a 24.8. She also earned Sectional cuts in the 50 free, 100 fly, and 100 back. Sloane has shown some great focus, leadership, and effort throughout the season so far and has really set herself up to have a fantastic season. Awesome job.
- **Chase Swearingen** – Chase had a huge meet. While Chase has been consistent in his performance and dropping time through the first couple of meets, this Makos meet was something else. It was as if he was shot out of a cannon from his first event, 400 IM, where he dropped 34 seconds to get his first Sectional cut to his last, 100 back, where he dropped over 2 second to grab his fourth. He broke the 2:00 barrier in both the 200 back and 200 IM, and walked away with event wins in the 100 and 200 back and overall high point. Chase has really been putting in the work and this is shaping up to be a breakthrough season for him. Great job.
- **Andy Lu** – Andy dropped time in every single event, and these were not small increments of time. His lowest time drop was the 100 breast which was still a whopping 2.5 seconds all the way up to over 10 seconds in his 400 IM. Andy just simply put up a stupendous performance this weekend, through and through. In addition, he has really shown great improvements in his technique in all four strokes and racing strategies. Keep up the good work.