

2019 Penguin Plunge – OSSC Recap

EVENT WINNERS

Hayden White

Peighton Smith

SWIMMERS OF THE MEET

Novice

- **Rafael Gonzalez Diaz** – Rafa had a tough start to the meet after missing his 25 fly, but I believe this only pushed him to have a fantastic rest of the meet. He dropped 7.50 seconds in his 25 free for a 16th place finish, and 5.12 seconds in his 25 back! He has great practice attendance and always shows up ready to learn and improve. Keep it up, Rafa!

Bronze

- **Hayden White** – Hayden got all personal bests at the Penguin Plunge and was unstoppable! She took nearly a second off all her previously fast times. Her swims resulted in 2 first place finishes and one 3rd place finish. She has been putting in a lot of effort at practice and it shows! Great job, Hayden!
- **Peighton Smith** – Peighton also achieved personal best times in all the events she swam at the Penguin Plunge. She also placed in the top 3 of all her events! She is such a fierce competitor and she enjoys being around all of her teammates. Keep it up, Peighton!

