

prestige cheer athletics

**WELCOME TO
THE 2025-2026 SEASON!**

**HIP HOP
INFORMATIONAL
PACKET**



PRESTIGECHEERATHLETICS.COM

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WHAT IS ALL-STAR DANCE?

ALL-STAR DANCE IS AN INTENSE COMPETITIVE SPORT THAT CONSISTS OF TRICKS, MOTIONS, AND CHOREOGRAPHY. ROUTINES ARE COMPETED THROUGHOUT THE SEASON AT COMPETITIONS. PCA FOLLOWS THE UNITED STATES ALL-STAR FEDERATION (USASF) AGE AND LEVEL RULES. PREP AND ELITE DIVISION TEAMS PLACE AT COMPETITIONS.



THROUGH ALL-STAR DANCE, PRESTIGE CHEER ATHLETICS STRIVES TO TEACH ATHLETES INVALUABLE LIFE LESSONS SUCH AS:

- **THE VALUE OF WORKING TOGETHER**
- **BUILDING UP OTHERS & DOING YOUR PERSONAL BEST**
- **TIME MANAGEMENT & ORGANIZATIONAL SKILLS**
- **MAKING GOOD FITNESS & HEALTH CHOICES**
- **DISCIPLINE, RESPONSIBILITY, & ACCOUNTABILITY**

THE "PCA" WAY

WELCOME TO PRESTIGE CHEER ATHLETICS! WE ARE EXCITED THAT YOU ARE CONSIDERING BECOMING A PART OF THE PCA FAMILY. AT PRESTIGE CHEER ATHLETICS, WE DEDICATE OURSELVES EACH DAY TO TEACH OUR ATHLETES THAT THROUGH **HARD WORK, DEDICATION, AND COMMITMENT**, THEY CAN ACHIEVE SUCCESS ON AND OFF THE FLOOR AND SERVE AS **ROLE MODELS** TO INSPIRE OTHERS.



ABOUT US

WE PROVIDE A **POSITIVE ATMOSPHERE** WHERE ATHLETES ARE TREATED WITH **COURTESY AND RESPECT** TO CREATE AN ENVIRONMENT WHERE THEY CAN **THRIVE IN SKILLS AND IN CHARACTER**. WE PLACE A **HEAVY EMPHASIS ON TECHNIQUE** FOR **SAFE PROGRESSIONS**.

OUR REPUTATION

OUR DANCE PROGRAM HAS A **REPUTATION IN THE INDUSTRY** FOR **GREAT TECHNIQUE, HIGH SCORING ROUTINES, AND STRONG SPORTSMANSHIP**. OUR COACHES HAVE **MANY YEARS OF EXPERIENCE AND SUCCESS IN THE INDUSTRY**, AND ARE **DEDICATED TO EVOLVING IN THE SPORT**. OUR COACHES, PARENTS, AND ATHLETES ARE HELD TO A **HIGH STANDARD OF SPORTSMANSHIP**.



AT PRESTIGE CHEER ATHLETICS, YOU WILL BE AN **IMPORTANT PART OF OUR GYM FAMILY** WHICH **PRIDES ITSELF ON INTEGRITY AND GOOD SPORTSMANSHIP, INSIDE AND OUTSIDE OUR FACILITY**. COME JOIN THE **PRESTIGE FAMILY** AND LET US **EMPOWER YOUR ATHLETE TO BECOME NOT ONLY A GREAT DANCER, BUT A CONFIDENT AND POSITIVE INDIVIDUAL!**

STAFF

OUR STAFF ARE USASF MEMBERS, ARE HIGHLY TRAINED, MOTIVATED, AND ARE COMMITTED TO THE SPORT OF "ALL-STAR DANCE" AND TO THE SUCCESS OF YOUR ATHLETE(S). OUR COACHING TEAM WORKS HARD TO COACH THE PCA WAY. OUR COACHES FOCUS ON TECHNIQUE, PERFECTION BEFORE PROGRESSION, SPORTSMANSHIP, AND INSTILLING CHARACTER AND LIFE SKILLS IN A POSITIVE, FUN AND FAMILY ATMOSPHERE. OUR COACHES HAVE MANY YEARS OF EXPERIENCE AND SUCCESS IN THE INDUSTRY. OUR SUCCESSFUL HISTORY SHOWS OUR COACHES ARE THE **BEST OF THE BEST!**

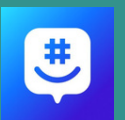


COMMUNICATION

WE PRIDE OURSELVES ON BUILDING STRONG RELATIONSHIPS AND COMMUNICATION WITH OUR FAMILIES.

STAFF HOURS & COMMUNICATION:

OUR COACHES WORK OUTSIDE THE GYM DURING THE DAY. HOURS VARY BY COACH, BUT THE MAJORITY OF OUR STAFF HAVE EVENING AND SUNDAY (WEEKEND) HOURS. GROUPME IS THE PRIMARY AND PREFERRED METHOD OF COMMUNICATION.



STAFF RESPONSE RATE:

PLEASE ALLOW UP TO 48 HOURS FOR STAFF TO RESPOND DURING WORKING HOURS.

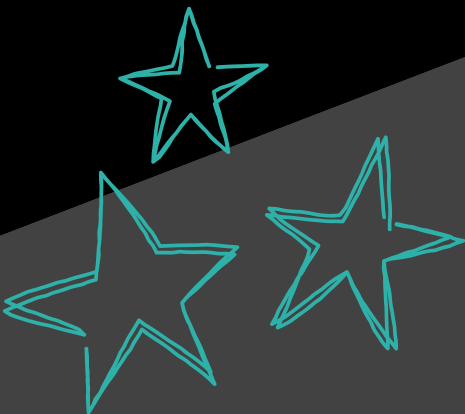
TEAMS

TEAMS ARE CREATED **NEW** EACH SEASON. THERE ARE A VARIETY OF AGE, SKILL LEVELS, AND DIVISIONS FOR TEAMS TO COMPETE IN. THE SAME TEAMS MAY OR MAY NOT BE OFFERED EACH SEASON, AS PCA CREATES TEAMS BASED ON THE AGE AND SKILL LEVEL OF THE ATHLETES FOR THE CURRENT SEASON.



WHAT DOES PCA TAKE INTO CONSIDERATION FOR AUDITIONS?

- ☆ CHOREOGRAPHY ABILITY
- ☆ SCORESHEET REQUIREMENTS
- ☆ COMMITMENT LEVEL & ATTENDANCE
- ☆ ATTITUDE, WORK ETHIC, & TEAM MENTALITY



AUDITIONS

OUR AUDITION PROCESS ALLOWS US TO GET TO KNOW YOUR ATHLETE - GIVING THEM MORE OPPORTUNITY TO SHOW US THEIR VERY BEST AND TO ENSURE WE CREATE THE MOST COMPETITIVE TEAMS FOR THE 2025-2026 SEASON. WE WILL OFFER TEAMS FOR AGES AND LEVELS BASED ON USASF REQUIREMENTS. ATHLETES WILL BE PLACED ON A TEAM ACCORDING TO THE COACH'S DECISION. PCA STRATEGICALLY CREATES TEAMS THAT SET YOUR ATHLETE UP FOR SUCCESS - BOTH PHYSICALLY AND MENTALLY. ALL PLACEMENT DECISIONS ARE FINAL. TRUST THE PROCESS!

ALL ATHLETES MUST BE REGISTERED ONLINE PRIOR TO ATTENDING AUDITIONS. SEE DETAILS BELOW.



WHEN ARE AUDITIONS?

BIRTH YEARS (PER USASF GUIDELINES)	DATE
2020, 2019, 2018, 2017, 2016, 2015, 2014, 2013, 2012, 2011, 2010, 2009, 2008	SUNDAY, JULY 27 @12:00-1:30PM

TEAMS ARE NOT GUARANTEED AT EACH AGE DIVISION
AND ARE SUBJECT TO COACH DISCRETION.

AUDITION PROCESS



BEFORE AUDITION DAY:

1

REGISTER FOR AUDITIONS

VISIT [PRESTIGEHEERATHLETICS.COM](https://prestigecheerathletics.com) TO REGISTER ON SPORTSENGINE. ALL ATHLETES MUST BE REGISTERED IN SPORTSENGINE PRIOR TO AUDITION DAY. THERE IS NO FEE TO REGISTER AND ATTEND AUDITIONS.

*PLEASE MAKE SURE THE ATHLETE'S LEGAL FULL NAME, DATE OF BIRTH, AND PARENT EMAIL ADDRESS ARE CORRECT IN SPORTSENGINE. THIS INFORMATION WILL BE USED FOR AUDITIONS AND COMPETITION REGISTRATION THROUGHOUT THE SEASON.



WHAT DO I WEAR AND BRING?

ATHLETIC WEAR

CLEAN GYM SHOES

HAIR UP

NO JEWELRY

WATER BOTTLE



WHAT WILL I BE ASKED TO SHOW?

YOU WILL LEARN DANCE CHOREOGRAPHY, SHOW TUMBLING, JUMPS, AND OTHER DANCE SKILLS, INCLUDING FLEXIBILITY. ALL TUMBLING SKILLS WILL NEED TO BE PERFORMED SAFELY ON A SPRING FLOOR WITH NO ADDITIONAL MATS OR COACH SPOTS. TECHNIQUE IS ALWAYS MOST IMPORTANT!

DURING AUDITION DAY:

1

PLACEMENT EMAIL

YOU WILL RECEIVE A PLACEMENT EMAIL ANNOUNCEMENT WITH YOUR TEAM PLACEMENT AND PRACTICE DETAILS BY MONDAY, JULY 28TH BY 5PM.

AFTER AUDITION DAY:

2

REGISTRATION PAPERWORK/FEE'S

ALL COMPLETED REGISTRATION PAPERWORK, REGISTRATION FEE, & FIRST INSTALLMENT WILL BE DUE PRIOR TO THE FIRST PRACTICE.

6



PRACTICES

TEAMS WILL BEGIN PRACTICES THE WEEK OF JULY 30TH. TEAMS PRACTICE 1X/WEEK FOR TWO HOURS. FURTHER 2025-2026 PRACTICE SCHEDULE DETAILS WILL BE INCLUDED IN THE TEAM PLACEMENT EMAIL FOLLOWING AUDITIONS.



ATTENDANCE/COMMITMENT

THE SPORT OF ALL-STAR DANCE TAKES SIGNIFICANT COMMITMENT. EACH ATHLETE HAS A SPECIFIC POSITION AND JOB ON THE TEAM. ALL ASPECTS OF THE ROUTINE ARE TEAM ORIENTED. ATHLETES ARE EXPECTED TO ATTEND PRACTICES AND COMPETITIONS ACCORDING TO PCA POLICY. ATTENDANCE AT ALL CHOREOGRAPHY CAMP DATES IS MANDATORY. DURING THE COMPETITION SEASON, ATHLETES ARE ALLOWED 5 ABSENCES (AUGUST-APRIL). ATHLETES WHO PARTICIPATE IN SCHOOL CHEER OR DANCE MUST FOLLOW THE ATTENDANCE POLICIES FOR SUMMER/COMPETITION SEASON ABSENCES.

BLACKOUT PRACTICE DATES:

THE 2 PRACTICES LEADING UP TO COMPETITIONS ARE MANDATORY FOR ALL ATHLETES. FAILURE TO FOLLOW THROUGH WITH THIS COMMITMENT COULD RESULT IN AN ATHLETE'S ROLE ON THE TEAM BEING ADJUSTED/FILLED BY AN ALTERNATE.

CHOREOGRAPHY CAMP:

CHOREOGRAPHY CAMP IS MANDATORY!
DATES: AUGUST 9, AUGUST, 23, & SEPTEMBER 6
TIMES DEPENDENT ON TEAMS.

COMPETITION SCHEDULE

COMPETITION SCHEDULES WILL BE
PROVIDED WITH YOUR TEAM PLACEMENT
EMAIL FOLLOWING AUDITIONS.



FULL SEASON HIP HOP TEAMS:

- PERFORM IN OUR PCA SHOWCASE
- COMPETE AT 5 REGULAR SEASON COMPETITIONS
- LOCAL & LIMITED TRAVEL COMPETITIONS
- COMPETITION SEASON NOVEMBER-APRIL
- END OF SEASON COMPETITION (FLORIDA) IN APRIL/MAY



REGISTRATION TEAM FEES

THE ANNUAL REGISTRATION FEE IS DUE BEFORE YOUR ATHLETE'S FIRST PRACTICE. MEMBERSHIP IS PER ATHLETE.



\$50/YEAR PER ATHLETE
★ **YEARLY GYM REGISTRATION**



TEAM FEES

AT PCA, FEES ARE BILLED THROUGHOUT THE SEASON IN 9 MONTHLY INSTALLMENTS (AUGUST-APRIL). IF YOU ACCEPT A POSITION ON A PCA TEAM OR TEAM(S), YOU ARE PURCHASING A FULL SEASON OF COMPETITIVE DANCE. MONTHLY TEAM COSTS FOR THE 2025-2026 SEASON WILL DEPEND ON WHAT TEAM AN ATHLETE IS PLACED.

ONE-TIME FEES NOT INCLUDED IN THE MONTHLY INSTALLMENTS:

- USASF MEMBERSHIP FEE (REQUIRED TO COMPETE-\$49 PER ATHLETE)
- YEARLY REGISTRATION- \$50-BLACK MEMBERSHIP)
- CHOREOGRAPHY CAMP-COST VARIES PER TEAM, PER SEASON
- COSTUME PACKAGE
- ANY ADDITIONAL PCA T-SHIRTS OR APPAREL
- TRAVEL EXPENSES AND THE COSTS FOR ANY SEASON EXTENSIONS

PAYMENT SCHEDULE

DUE DATE	ITEM	FULL SEASON ELITE TEAMS (TINY, MINI, YOUTH, JUNIOR, SENIOR)
PRIOR TO 1ST PRACTICE	MEMBERSHIP (BLACK)	\$50
WEEK OF JULY 30TH	INSTALLMENT #1 OR PAID IN FULL (PAY IN FULL AMOUNT AVAILABLE UPON REQUEST)	\$180 \$90 (FULL SEASON CHEER CROSSOVERS)
AUGUST 15TH	CHOREOGRAPHY CAMP FEE	\$200 (ALL TEAMS)
1ST OF THE MONTH AUGUST-APRIL	MONTHLY INSTALLMENTS (INSTALLMENTS #2 - #9)	\$180 \$90 (FULL SEASON CHEER CROSSOVERS)
AUGUST 1ST	75% NEW COSTUME	\$150
SEPTEMBER 1ST	25% NEW COSTUME	\$50
8 WEEKS PRIOR TO EVENT	END OF SEASON FINALS FEES	\$550-\$650 ESTIMATE (DEPENDENT ON BID)

DISCOUNTS

FAMILIES WITH MULTIPLE ATHLETES PARTICIPATING IN OUR PROGRAM WILL RECEIVE 10% OFF (TUITION ONLY) FOR ADDITIONAL ATHLETES.

RETURNING ATHLETES TO THE PCA PROGRAM WILL RECEIVE 10% OFF (TUITION ONLY).

DISCOUNTS WILL BE CAPPED AT 20%.

ATHLETES WHO RECEIVE A TUITION AWARD FROM THE 24-25 SEASON WILL NOT BE ELIGIBLE FOR ADDITIONAL DISCOUNTS FOR 25-26 SEASON TUITION.

IMPORTANT DATES & HOLIDAY GYM CLOSURES

****ADDITIONAL DATES WILL BE LISTED IN IMPORTANT DATES DOCUMENT.
DATES ARE SUBJECT TO CHANGE.**

TEAM AUDITIONS	JULY 27
FIRST TEAM PRACTICE	WEEK OF JULY 30
CHOREOGRAPHY CAMP	AUGUST 9 AUGUST 23 SEPTEMBER 6
HIP HOP SHOWCASE	NOVEMBER 8
PICTURE DAY	TBD
LAST TEAM PRACTICE	WEEK OF APRIL 27 *DEPENDS ON ONE FINALS
END OF SEASON BANQUET	TBD

JULY 4 4TH OF JULY HOLIDAY
AUGUST 31 - SEPTEMBER 1 LABOR DAY
OCTOBER 31 HALLOWEEN
NOVEMBER 26 - 29 THANKSGIVING
DECEMBER 22 - JANUARY 2 HOLIDAY BREAK
MARCH 23 - MARCH 27 SPRING BREAK