

Strongsville High School JV Group Practice Schedule

JANUARY 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1-Jan NEW YEARS DAY NO PRACTICE	2-Jan 4 PM - 5 PM (Girls) 5 PM - 6 PM (Boys)	3-Jan 7 AM - 8 AM
4-Jan ***GREATER CLEVELAND CONFERENCE CHAMPIONSHIP MEET @ CSU BUS LEAVES TBD	5-Jan 4 PM - 5 PM	6-Jan 4 PM - 5 PM	7-Jan ***DUAL MEET AVON ELYRIA OLMSTED FALLS MIDVIEW BE AT REC BY 4:20	8-Jan 4 PM - 5 PM	9-Jan ***DUAL MEET NORDONIA @ MACEDONIA REC BUS LEAVES AT 4:15 PM	10-Jan 7 AM - 8 AM
11-Jan	12-Jan 4 PM - 5 PM	13-Jan 4 PM - 5 PM	14-Jan	15-Jan 4 PM - 5 PM	16-Jan ***DUAL MEET SHAKER HEIGHTS /CLEVELAND HEIGHTS BE AT REC BY 4:20	17-Jan 7 AM - 8 AM
18-Jan 4 PM - 5 PM (Girls) 5 PM - 6 PM (Boys)	19-Jan 4 PM - 5 PM	20-Jan	21-Jan ***DUAL MEET WALSH JESUIT BE AT REC BY 4:20	22-Jan 4 PM - 5 PM	23-Jan 4 PM - 5 PM	24-Jan 7 AM - 8 AM
25-Jan	26-Jan 4 PM - 5 PM	27-Jan	28-Jan	29-Jan 4 PM - 5 PM	30-Jan ***LAKESIDE RELAYS @ SPIRE BUS LEAVES SHS 4:15 PM	31-Jan 7 AM - 8 AM

Practice times subject to change!

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FEBUARY 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Feb	2-Feb	3-Feb 4 PM - 5 PM	4-Feb 4 PM - 5 PM	5-Feb 4 PM - 5 PM	6-Feb 4 PM - 5 PM	7-Feb ***JV CHAMPS @ CANTON BUS LEAVES AT 6:10AM
8-Feb	9-Feb	10-Feb	11-Feb	12-Feb	13-Feb	14-Feb
15-Feb	16-Feb	17-Feb	18-Feb	19-Feb	20-Feb	21-Feb

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