

July 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29-Jun	30-Jun	1-Jul	2-Jul	3-Jul	4-Jul	5-Jul
<b>Location Key</b>					<b>NO PRACTICE HAPPY 4TH OF JULY!!</b>	
MEDINA REC	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 8AM		9:30AM - 11:30AM
WESTWOOD FARMS	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 8AM		
BRUNSWICK REC	6AM - 8AM	3 PM - 5 PM				
HIGH POINT						
CSU	3:00PM - 4:30PM		3:00PM - 4:30PM			
6-Jul	7-Jul	8-Jul	9-Jul	10-Jul	11-Jul	12-Jul
	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 8AM	
	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 8AM	
	6AM - 8AM	3 PM - 5 PM		3 PM - 5 PM		
	3:00PM - 4:30PM		3:00PM - 4:30PM			
13-Jul	14-Jul	15-Jul	16-Jul	17-Jul	18-Jul	19-Jul
	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 8AM	
	6AM - 8AM	6AM - 8AM	6AM - 8AM		6AM - 8AM	
	6AM - 8AM	3 PM - 5 PM		3 PM - 5 PM		
	3:00PM - 4:30PM		3:00PM - 4:30PM			
20-Jul	21-Jul	22-Jul	23-Jul	24-Jul	25-Jul	26-Jul
	6AM - 8AM	6AM - 8AM	6AM - 8AM	6AM - 7:15AM or	6AM - 8AM	
	6AM - 8AM	7AM - 9AM	7AM - 9AM	7:15AM - 8:30AM	7:30AM - 9AM	
	7AM - 9AM	3 PM - 5 PM		3 PM - 5 PM		
	3:00PM - 4:30PM		3:00PM - 4:30PM			
27-Jul	28-Jul	29-Jul	30-Jul	31-Jul	1-Aug	
	6:30AM - 8AM	6:30AM - 8AM		7AM - 8AM		
	7:30AM - 9AM	7:30AM - 9AM	8AM - 9AM	8AM - 9AM	8AM - 9AM	
	3:00PM - 4:30PM		3:00PM - 4:30PM			

Practice times subject to change!