

**2024 Summer Stampede  
Hosted By: Bison Aquatic Club**

**June 22, 2024**

**OKS Sanction #: OK-24144**

**OKS Time Trial Sanction #: OK-24144T**

**Held under the sanction of: USA-Swimming and Oklahoma Swimming Inc.**

**Host::** Bison Aquatic Club (BAC)

**Location:** Edmond Public Schools Aquatic Center/Mitch Park YMCA  
2901 Marilyn Williams Drive  
Edmond, OK 73003

**Meet Director:** Kara Riley  
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(e) [bisonswimming@gmail.com](mailto:bisonswimming@gmail.com)

**Meet Referee:** Mitch Parks  
(m) 405-760-9056  
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**Meet Admin Official:** Amy Ermeling  
(m) 405-323-1911  
(e) [alermeling@gmail.com](mailto:alermeling@gmail.com)

**Facilities:** Edmond Schools Aquatic Center Mitch Park Aquatic Center-8 lanes, 50 meter competition venue with non-turbulent lane lines, controlled temperatures, Colorado Timing System, large scoreboard, spectator seating upstairs and athlete rest areas. Hospitality area for coaches, officials and meet staff working the meet. USA-S Rule 202/4 10.G. The depth of the competition pool when measured for a distance of 3 feet 3 ½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) at the start wall is 13 feet 6 inches and when measured for a distance of 3 feet 3 ½ inches to 16 feet 5 inches (5.0 meters) at the turn/bulkhead is 7 feet 4 inches. Controlled temperatures. The course has been certified in accordance with USA-S Rule 104.2.2C(4).

**Meet Format:** This is a timed finals LCM meet.

The format of this meet is designed to limit the time of competition to four (4) hours for athletes twelve (12) and under. If the entry report for the meet indicates that the 4-hour limit will be exceeded, the Meet Director will make any necessary revisions to meet this requirement.

There will be two (2) total sessions:

Session 1 on Saturday (12 & Under in the morning)

Session 2 on Saturday (13 & Over in the afternoon)

**Eligibility:**

\*The meet is open to all registered USAS Swimming athletes.

\*No swimmer will be permitted to compete unless the swimmer is a member as provided by Article 302. Registration in USA-S/Oklahoma Swimming will NOT be allowed at this meet.

\*Age as of the first day of the meet, June 22, 2024 will determine eligibility for an age group.

\*The meet director will initiate a registration recon report to the OKS Registration Chair within 5-6 days prior to the event. The report will list all registration errors for athletes entered in the meet. The meet director will notify the attending clubs or unattached athletes of these errors. The notification of error must be corrected or reconciled before the start of the first session in which the athlete(s) are listed to swim or the athlete(s) will not be allowed to swim. The Meet Referee and the Meet Director will work with the cooperation of the Registration Chair to enforce and follow up on the swimmers noted in the registration report.

\*Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**MAAPP 2.0:** Pursuant to USA-S Rule 202/4/11.M "All applicable adults participating or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP 2.0), and they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0) will govern this meet. If any adult is swimming, they must complete USA Swimming Athlete Prevention.

**Medical Supervision:** This facility offers onsite AED, lifeguards, and a standard First Aid Kit. EMT's and first responders are available as needed, though not stationed at the facility.

**Deck Access:** Access to the pool/deck area will be limited to athletes, coaches, officials, timers and OKS representatives working the meet. Coaches and Officials MUST display their current USA Swimming coach credential to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credentials and/or deny deck access if the coach does not comply or card is no longer valid/current/ A coach certification recon will be applied for prior to the first day of competition. Compliance with USA-S coach certification requirements to be on deck will be enforced. Parents and other non-swimmers not involved in the running of this meet are requested to remain in the designated spectator area. Non-Athlete registration card DO NOT grant parents access to the pool deck at any time. The Meet Director and Meet Referee reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety or the efficient operation of the meet. USAS Rules of Conduct will be strictly enforced.

**Deck Changing:** Deck changes are prohibited

**Code of Conduct:** Any individual who exhibits behavior of a threatening abusive or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective team's parents. Anyone found to be misrepresenting him or herself, as a certified coach will be removed from the deck. The Code of Conduct for USA Swimming as outlined in Article 304.2 and 304.3 will be enforced at the meet USA-S rule 2025 10 H states the "(use) of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms."

**Liability:** In granting this sanction, pursuant to USA-S Rule 202.4.10 (L) it is understood and agreed that USA Swimming shall be free from liability from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. In addition, it is understood and agreed that Oklahoma Swimming Inc. all officials, Bison Aquatic Club, Mitch Park YMCA, and Edmond Public Schools Aquatic Center shall be free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer's club, if attached, to be accountable for repairs.

**Disabilities:** Bison Aquatic Club welcomes athletes with disabilities. Please alert the Meet Director to any accommodation that may be required at the entry deadline.

**Entry Limits:** Individual Entries: 4 individual events per session.

\*Deck entries will be accepted at this meet. Deck entries will be accepted into available lanes. No new heats will be added.

\*Deck entries will close 45 minutes prior to the start of each session.

\*Entries will be limited to the first 300 athletes in each session. Priority will be given to the host team entries received prior to the deadline. All other entries are accepted in the order they are received. However, if a team's entries exceed the meet cap, the team will not be split. Instead, the Meet Director may allow the entire team to register for the meet depending on the impact of the length of the session. Teams whose entries are not accepted because the limit has been reached will be notified via email. The Meet Director may make adjustments to the overall number of athletes allowed at the meet.

**Time Trials:** Time trials will be accepted at the Meet Director's discretion as time allows and will be swam at the end of each session on Saturday. The deadline to request a time trial will be 1 hour after the start of each session. Swimmers requesting a time trial, that are not already entered in the meet, will be subject to the athlete surcharge as specified in the meet book as well as the time trial per event fee.

**Entry Forms:** All entries should be submitted via electronic format. Files compatible with Hy-Tek Meet Manager e.g.CL.2, sd3, hvv format is the preferred procedure. Any handwritten or printed entries must indicate the swimmer's name, sex, age, USAS #, event # and time for each event. Only Long Course Meter entry times will be accepted. Entries with "no times" will be accepted.

All entry files must include the entry chair's name, phone number and email contact information for whom to send meet information updates and warm up assignments. Each entry file will be followed up with an entry report from the Bison Aquatic Club Meet Director. This report is for your review and confirmation of the entries received for the meet. If within 24 hours there has been no response, the entry report furnished by BAC will be automatically incorporated in the meet format, as is.

**Important: Any athlete whose entries are not submitted via electronic format, which will require "hand entry" into the meet, will be charged \$30.00 in addition to the other printed meet entry fees. These fees are non refundable and are due whether the athlete competes or not.**

Send all electronic entry information to:

Kara Riley :(e) [bisonswimming@gmail.com](mailto:bisonswimming@gmail.com)

Each team should submit one check for all entry fees payable to USRPT NO individual checks will be accepted. Entry fees must be received prior to the start of the meet. No mail requiring signature confirmation for delivery will be accepted.

Send Payment to

2024 Summer Stampede-Meet Director

820 W Danforth A50

Edmond OK 73003

**Entry Fees:**

\$21.00 athlete surcharge

\$8.00 per event (\$2.00 to OKS Aquatic Fund)

\$16.00 Deck entry fee per event

Once the registration deadline has passed, refunds will not be issued regardless of the reason for the request.

**Entry Deadline:** Entries must be received no later than 6:00pm Wednesday June 12th, 2024. No late entries will be accepted. Bison Aquatic Club will not be responsible for the acceptance into the meet of any entries delivered to someone other than the meet director.

**Seeding/Scratches:** *This is a pre-seeded meet for all events Saturday June 22, 2024.*

All events will be seeded slowest to fastest.

The distance events, 800 free and 1500 free will be swum fastest to slowest, alternating female and male heats.

Swimmers (or their coach) are the only ones who may scratch a swimmer from an event. Please note that a medical scratch approved by the Meet Referee, counts as an event and is regarded as a DQ with no penalty imposed.

The meet program is not the final detriment of seeding. Corrections or scratches may impact the actual heat and lane assignments. Seeding will be posted as soon as possible after the scratch and/or positive check in period closes.

**Warm Up Procedures:** Oklahoma Swimming warm-up procedures will be enforced.

Only swimmers entered in individual events in each session may participate in that session's warm-up period. All swimmers must be under the direct supervision of a USA swimming registered coach. Any swimmer entered in the meet must be certified by a USA-Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When

unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guarding to ensure compliance with this requirement. (202.4.10D)

### **Warm Up Guidelines: Pre Meet and General Warm Up Sessions**

- \*Control/Supervise Key words for safe warm-ups.
- \* A designated supervisor shall be on deck during the entire warm-up period.
- \* Marshall's should be actively supervising the warm-ups to ensure proper procedures are followed
- \*Swimmers shall enter the water feet first except for starts which are limited to specified lanes
- \*In facilities that have a warm-up/warm down area different from competition pool, meet management shall provide supervision pursuant to the rules at all times.
- \*General warm-up periods with assigned lanes for each team shall remain under the control of the assigned team's coaches at all times
- \*No paddles, buoys or kick boards are allowed unless specified in the meet information document.
- \*No diving in lanes other than those designated for racing starts in unassigned warm up sessions
- \*Starting blocks should be marked to remind swimmers that they should not dive in lanes other than the designated lanes.
- \*The meet announcer may announce lane changes and/or warm-up changes as per general and specific
- \*Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
- \*Marshall's have the authority through the Meet Director/Meet Referee over warm-up.
- \*A swimmer and/or coach may be removed from the deck for interfering with the Marshall.
- \*A team in control of their own lane may practice one way racing starts during their assigned warm up period.\*
- \*When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up sessions should be split to provide a safe and adequate warm-up for all.
- \*The Meet Referee shall have the responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.
- \*There shall be at least one Marshall at each end of the warm up area to ensure the warm-up procedures will be followed.
- \*Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- \*For warm-up guidelines at meets with sessions that have un-assigned lanes please refer to the OKS Warm Up Guideline Document.

**Starts and Sprints:** Starts and sprints will be conducted at the times as referenced. Starts and sprints will be permitted in all warm up lanes. Please refer to the information regarding starts and sprints listed below. During sprints, swimmers will start from the starting blocks, exit at the bulkhead and walk back to the start area. Warm-Up information will be posted at the Clerk of Course area and the athlete bleacher area. A team in control of their own lane may practice one way racing starts during their assigned warm up period.

**Session Schedule:**

	Warm Up	Sprints	Meet Starts
<b>Saturday AM</b>			
warm up #1	8:00-8:30a	9:00-9:10a	9:15a
warm up #2	8:30-9:00a	9:00-9:10a	9:15a
<b>Saturday PM</b>			
warm up #1	2:00-2:30p	3:00-3:10p	3:15p
warm up #2	2:30-3:00p	3:00-3:10p	3:15p

**Note:** These times are not final and are subject to change at the discretion of the Meet Director. Any changes to this schedule along with assignments for warm-up lanes(if necessary) will be emailed to teams no later than Wednesday June 19th 2024.

**Rules:** Rules contained in the most current USA-S rules and regulations shall govern the meet.

**Scoring:** This meet will not be scored

**Awards:** Ribbons will be awarded for 1st - 8th place, in each age group for male and for female, 8 & Under, 9-10, 11-12yr.

**Final Results:** Results to SWIMS file will be sent electronically to the OKS SWIMS Chair within 24 hours. OKS directs, the complete meet results will be provided to the attending clubs and unattached contacts as well as the OKS Reporting Group within 24

hours of completion of the meet. Complete results in publication format including splits will be given in the meet results. Results for IM, MM BKUP of the meet will be given to each attending club. All pre-meet and post meet reporting requirements to OKS are in effect for this meet.

**Heat Sheets:** Heat sheets will be available for purchase on site for \$8.00/each.

**Merchandise:** Swim merchandise will be available on site for this event.

**Concessions:** A concession area will be available to the swimmers and spectators

**Hospitality:** There will be a hospitality area available for officials and coaches working the meet.

**Live Streaming:** This meet may be available for remote viewing via live streaming for free. The link will be provided electronically to head coaches prior to the event as well as located on the Bison Aquatic Club team website at [www.bisonswimming.com](http://www.bisonswimming.com)

**Timers:** Each attending team will be asked to provide 2 timers for each session. Long distance swimmers (800 free and 1600 free) must provide their own counter and be prepared to provide two (2) timers.

**Safety:** Activities in the pool area that may result in injury are prohibited. Event Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and during the meet, and are empowered by the safety rules of OKS to enforce the safety procedures. **Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet.** Access to the pool/deck area will be limited as previously described. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee. Use of audio or visual recording devices, including cell phones is not permitted in changing areas, rest rooms or locker rooms.

**Drone Use:** Operation of a drone or any other flying apparatus is prohibited over the venue (pool, athletes/coaches areas, spectator area and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Officials:** All officials and apprentice officials in good standing are welcome. An official's recon report will be run prior to the start of the meet. An application to officiate will be sent via email by the Meet Referee. This application is solely for planning purposes and to get a count on the number of officials in attendance. Walk-Ons are

welcome. Briefings will be held one hour prior to the start of the meet. Meet attire is white shirt, blue pants, shorts or skirt and white athletic shoes.

**Order of Events:**

**Saturday, June 22, 2024**

<b>Girls Event #</b>	<b>AM Session 12 &amp; Under <u>Event</u></b>	<b>Boys Event #</b>
1	12 & Under 50 Free	2
3	12 & Under 50 Back	4
5	12 & Under 100 Fly	6
7	12 & Under 200 Back	8
9	12 & Under 100 Breast	10
11	12 & Under 200 Free	12
13	12 & Under 100 Back	14
15	12 & Under 200 IM	16
17	12 & Under 200 Fly	18
19	12 & Under 50 Fly	20
21	12 & Under 50 Breast	22
23	12 & Under 200 Breast	24
25	12 & Under 100 Free	26

<b>Girls Event #</b>	<b>PM Session 13 &amp; Over <u>Event</u></b>	<b>Boys Event #</b>
27	13 & Over 50 Freestyle	28
29	13 & Over 400 Freestyle	30
31	13 & Over 100 Butterfly	32
33	13 & Over 200 IM	34
35	13 & Over 200 Backstroke	36
37	13 & Over 100 Breaststroke	38
39	13 & Over 200 Freestyle	40
41	13 & Over 100 Backstroke	42
43	13 & Over 200 Butterfly	44
45	13 & Over 400 IM	46
47	13 & Over 200 Breaststroke	48
49	13 & Over 100 Freestyle	50
51	13 & Over 800 Freestyle	52
53	13 & Over 1500 Freestyle	54