

**Oklahoma Sprint Festival
Hosted By: Bison Aquatic
Club**

**April 11th-April 12th, 2025
OKS SANCTION # OK-250187**

**Held under the sanction of: USA-Swimming and Oklahoma Swimming
Inc.**

HOST: Bison Aquatic Club

LOCATION: Edmond Schools Aquatic Center / Mitch Park YMCA
2901 Marilyn Williams Drive
Edmond, OK 73003

MEET DIRECTOR: Kara Riley
(m) 405-414-4357
(e) bisonswimming@gmail.com

MEET REFEREE: Craig Hanson
(m) 918-607-4171
(e) chansonok@outlook.com

MEET ADMIN OFFICIAL: Kate Hanson
(m) 918-671-9910
(e) hansonkk@hendrix.edu

FACILITIES: Edmond Schools Aquatic Center Mitch Park Aquatic Center-8 lanes, 50-meter competition venue with non-turbulent lane lines, controlled temperatures, Colorado Timing System, large scoreboard, spectator seating upstairs and athlete rest areas. Hospitality area for coaches, officials and meet staff working the meet. USA-S Rule 202.4 10.G. The depth of the competition pool when measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.) meters) at the start wall is 13 feet 6 inches and when measured for a distance of 3 feet 3 1/2 inches to 16 feet 5 inches (5.0 meters) at the turn/bulkhead is 7 feet 4 inches. Controlled temperatures. . The course has been certified in accordance with USA-S Rule 104.2.2C (4).

MEET FORMAT: Friday's 50 freestyle events will be swum in bracket tournament format seeded by age/gender. The round of 2 final swimmers of each age group/gender will be swum at the start of the Saturday event session for that age group.

The top 8 swimmers from round 1 will be eligible for round 2 (events 201-210)*

The top 4 swimmers from round 2 will be eligible for round 3 (events 301-310)*

The round of 8, 4, and 2 swimmers will be swum head-to-head in a bracket seeded shootout. Third place will be determined by the fastest time of swimmers not advancing from the round of four.

The top 2 swimmers in events 301-310 will return for the final round (events 401-410)*

The round of 2 will be swum Saturday at the start of the Saturday session for their age group.

The shootout elimination match-ups are*

Round 1-All Swimmers

Round 2-Top 8 swimmers of each age group/gender (beginning of shootout format)

Heat 1--#3 seed vs 6 seed

Heat 2 --#2 seed vs 7 seed

Heat 3--#4 seed vs 5 seed

Heat 4--#1 seed vs 8 seed

Round 3-Top 4 swimmers in each age group/gender

Heat 1—winner of round 3 heat 1 vs winner of round 3 heat 2

Heat 2—winner of round 3 heat 3 vs winner of round 3 heat 4

Round 4-Top 2 swimmers in each age group/gender

Heat 1 (championship heat) will be winner of round 4 heat 1 vs winner of heat 2 to be held

Saturday at the start of the session for their age group.

The top swimmers qualifying for the next round of the 50 free shootout will be provided to coaches and posted at the pool's results site. *Coaches are reminded NOT to enter swimmers in the elimination round events that will be in the event file. Swimmers will be entered in those events by the meet admin once the swimmers have qualified for the elimination rounds.* If necessary, the host team will implement breaks between designated events, in an effort to allow swimmers recovery time between events. This will be determined by the final timeline.

Saturday will be a dual session event, consisting of 12 & Under swimmers in the AM session, and 13 & Over swimmers in the PM session.. Events will be swum mixed age/gender and timed finals. Events will consist of 50's 100's and 200's of each stroke and 200 and 400 Individual Medley. The meet will be pre-seeded. If necessary, the host team will implement breaks between designated events, in an effort to allow swimmers recovery time between events. This will be determined by the final timeline. Age groups will be 10 & Under, 11-12, 13-14, 15-16, 17 & Over

ELIGIBILITY:

The meet is open to all registered USAS Swimming athletes. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. No swimmer will be permitted to compete unless the swimmer is a member as provided by Article 302. Age as of the first day of the meet, April 11, 2025 will determine eligibility for an age group. Registration in USA-S/Oklahoma Swimming will NOT be allowed at this meet. The meet director will initiate a registration recon report to the OKS Registration Chair within 5-6 days prior to the event. The report will list all registration errors for athletes entered in the meet. The Meet Director will notify the attending clubs or unattached athletes of these errors. The notification of error must be corrected or reconciled before the start of the first session in which the athlete(s) are listed to swim or the athlete(s) will not be allowed to swim. The Meet Referee and the Meet Director will work with the cooperation of the Registration Chair to enforce and follow up on the swimmers noted in the registration report.

MAAPP 3.0: Pursuant to USA-S Rule 202.4.11.M, “All applicable adults participating or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP 3.0), and they understand that compliance with the MAAPP 3.0 policy is a condition of participation in the conduct of this competition. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 3.0) will govern this meet. If any adult is swimming, they must complete USA Swimming Athlete Protection.

MEDICAL SUPERVISION: This facility offers onsite AED, lifeguards, and a standard First Aid Kit. EMT's and first responders are available as needed; though not stationed at the facility.

DECK ACCESS: Access to the pool/deck area will be limited to athletes, coaches, officials, timers, and OKS representatives working the meet. Coaches and Officials MUST display their current USA Swimming coach credential to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credentials and/or deny deck access if the coach does not comply or card is no longer valid/current. A coach certification recon will be applied for prior to the first day of competition. Compliance with USA-S coach certification requirements to be on deck will be enforced. Parents and other non-swimmers not involved in the running of this meet are requested to remain in the designated spectator area. Non-Athlete Registration cards DO NOT grant parents access to the pool deck at any time. The Meet Director and Meet Referee reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety or the efficient operation of the meet. USAS Rules of Conduct will be strictly enforced.

DECK CHANGING: Deck changes are prohibited.

CODE OF CONDUCT: Any individual who exhibits behavior of a threatening, abusive or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective team's parents. Anyone found to be misrepresenting him or herself, as a certified coach will be removed from the deck. The Code of Conduct for USA Swimming as outlined in Article 304.2 and 304.3 will be enforced at the meet USA-S rule 202.4.10 H states the "(use) of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms."

LIABILITY: In granting this sanction, it is understood and agreed that USA Swimming shall be free from liability from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet". In addition, it is understood and agreed that Oklahoma Swimming Inc., all officials, Bison Aquatic Club, Mitch Park YMCA, and Edmond Public Schools Aquatic Center shall be free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer's club, if attached, to be accountable for repairs.

DISABILITIES: Bison Aquatic Club welcomes athletes with disabilities. Please alert the Meet Director to any accommodations that may be required at the entry deadline.

ENTRY LIMITS:

Individual Entries: Six (6) total individual events per day, a maximum of 4 per session.

Deck Entries will be accepted at this meet, Deck entries will be accepted into available lanes. No additional heats will be added. Deck entries will close 45 minutes prior to the start of each session.

Entries will be limited to the first 300 athletes in each session. Priority will be given to the host team entries received prior to the deadline. All other entries are accepted in the order they are received. A team exceeding the athlete entry limit will be given the opportunity to adjust their athlete count within the entry limit.

Time Trials: Time Trials will not be offered

ENTRY FORMS: All entries should be submitted via electronic format. Files compatible with Hy-Tek Meet Manager e.g. CL2, sd3, hyv format is the preferred procedure. Any handwritten or printed entries must indicate swimmer's name, sex, age, USAS#, event #, and time for each event. Only Long Course Yard entry times will be accepted. Entries with 'no times' will be accepted.

All entry files must include the entry chair's name, phone number and e-mail contact information for whom to send meet information updates and warm up assignments. Each entry file will be followed up

with an entry report from the Bison Aquatic Club Meet Director. This report is for your review and confirmation of the entries received for the meet. If within 24 hours there has been no response, the entry report furnished by BAC will be automatically incorporated into the meet format as is.

IMPORTANT: Any athlete whose entries are not submitted via electronic format, which will require “hand entry” into the meet, will be charged \$30.00 in addition to the other printed meet entry fees. These fees are nonrefundable and are due whether the athlete competes or not.

Send all electronic entry information to:

Kara Riley: (E) bisonswimming@gmail.com

Make Entry Fee payment out to: USRPT for all entry fees. NO individual checks will be accepted.

Entry fees must be received prior to the start of the meet. NO mail requiring signature confirmation for delivery will be accepted.

Send payment to:

Oklahoma Sprint Festival-Meet Director

820 W DanforthA50

Edmond OK 73003

ENTRY FEES:

\$25.00 athlete surcharge

\$15.00 entry fee for the 50 freestyle shootout (\$2.00 per swim to OKS Aquatic Fund)

\$8.00 per event (\$2.00 per swim to OKS Aquatic Fund)

\$16.00 Deck entry fee-(\$2.00 to OKS Aquatic Fund)

Once the registration deadline has passed, refunds will not be issued regardless of the reason for the request.

ENTRY DEADLINE: Entries must be received no later than 6:00pm Monday April 7, 2025. No late entries will be accepted. Bison Aquatic Club will not be responsible for the acceptance into the meet of any entries delivered to someone other than the Meet Director.

SEEDING/SCRATCHES: *This is a pre-seeded meet for all Saturday April 12th events.* All events will be seeded fastest to slowest with male & female athletes swimming together. Friday’s 50 freestyle

events will be seeded according to the information in the “meet format” section.

Swimmers (or their coach) are the only ones who may scratch a swimmer from an event. Please note that a medical scratch approved by the Meet Referee, counts as an event and is regarded as a DQ with no penalty imposed.

The meet program is not the final determinant of seeding. Corrections or scratches may impact the actual heat and lane assignment. Seeding will be posted as soon as possible after the scratch and/or positive check in period closes.

WARM UP PROCEDURES: Oklahoma Swimming warm-up procedures will be enforced. Only swimmers entered in individual events in each session may participate in that session’s warm-up period. All swimmers must be under the direct supervision of a USA swimming registered coach. Any swimmer entered in the meet must be certified by a USA-Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. (202.4.10.D)

WARM UP GUIDELINES: Pre-Meet and General Warm-Up Sessions

*Control/Supervise: Key words for safe warm-ups.

- *A designated supervisor shall be on deck during the entire warm-up period.

- *Marshall's should be actively supervising the warm-ups to ensure proper procedures are followed

- *Swimmers shall enter the water feet first except for starts which are limited to specified lanes.

- * In facilities that have a warm-up/warm down area different from the competition pool, meet management shall provide supervision pursuant to the rules at all times.

- * General warm-up periods with assigned lanes for each team shall remain under the control of the assigned team’s coaches at all times.

- * No paddles, buoys or kick boards are allowed unless specified in the Meet information document.

- * No diving in lanes other than those designated for racing starts in an unassigned warm up session

- *Starting blocks should be marked to remind swimmers that they should not dive in lanes other than the designated lanes.

- *The Meet announcer may announce lane changes and/or warm-up changes as per general and specific

*Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.

* Marshall's have the authority through the Meet Director/Meet Referee over warm-up.

*A swimmer and/or coach may be removed from the deck for interfering with the Marshall.

*A team in control of their own lane may practice one way racing starts during their assigned warm up period.

*When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up sessions should be split to provide a safe and adequate warm-up time for all.

*The Meet Referee shall have the responsibility to establish and enforce rules for safe conduct within the competitive pool area during the duration of the swimming competition.

*There shall be at least one Marshall at each end of the warm up area to ensure the warm-up procedures will be followed.

* Warm-up procedures shall be enforced for any breaks scheduled during the competition.

*For warm-up guidelines at meets with session that have UN-assigned Lanes please refer to the OKS Warm-Up Guideline Document

STARTS AND SPRINTS: Starts and sprints will be conducted at the times as referenced. Starts and sprints will be permitted in all warm up lanes. Please refer to the information regarding starts and sprints listed below. During sprints, swimmers will start from the starting blocks, exit at the bulkhead and walk back to the start area. Warm-up information will be posted at the Clerk of Course area and the athlete bleacher area. A team in control of their own lane may practice one way racing starts during their assigned warm up period.

SCHEDULE:

Day	Warm-Up	Sprints	Meet Starts
Friday	4:30-5:00p 5:00-5:30p	5:30-5:50	06:15 PM
Saturday AM	7:45-7:8:10a 8:10-8:35a	8:35-8:50	9:00 AM
Saturday PM	1:30-2:00p 2:00-2:30p	2:30-2:50	3:00 PM

RULES: Rules contained in the most current USA-S rules and regulations shall govern the meet

SCORING: This meet will not be scored.

AWARDS: Ribbons will be awarded for 1st-8th place, in each age group for male and for female 10 & Under, 11-12, 13-14 15 & Over. Individual awards to the 50 freestyle champion in each age group.

FINAL RESULTS: Results to SWIMS file will be sent electronically to the OKS SWIMS Chair within 24 hours. OKS direct the complete meet results will be provided to the attending clubs and unattached contacts as well as the OKS Reporting Group within 24 hours of completion of the meet. Complete results in publication format including splits will be given in the meet results. Results for TM, MM BKUP of the meet will be given to each attending club. All pre-meet and post meet reporting requirements to OKS are in effect for this event.

HEAT SHEETS: A list of entrants with their times by event, heat and lane assignment for each day will be on sale for \$5.00/each.

CONCESSIONS: A concession area will be available to swimmers and spectators

HOSPITALITY: there will be a hospitality area available for officials and coaches working the meet.

SAFETY: Activities in the pool area that may result in injury are prohibited. Event Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and the meet and are empowered by the safety rules of OKS to enforce the safety procedures. **Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet.** Access to the pool/deck area will be limited as previously described. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee. Use of audio or visual recording devices, including cell phones is not permitted in changing areas, rest rooms or locker rooms.

DRONE USE: Operation of a drone or any other flying apparatus is prohibited over the venue (pool, athletes/coach areas, spectator area and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

OFFICIALS: All officials and apprentice officials in good standing are welcome. An official's recon report will be run prior to the start of the meet. An application to officiate will be sent via email by the Meet Referee. This application is solely for planning purposes and to get a count on the number of officials in attendance. Walk-ons are welcome. Briefings will be held one hour prior to the start of the meet. Meet attire is white shirt, blue pants, shorts or skirt and white athletic shoes.

LODGING:

Please contact hotels directly for pricing and reservation information.

Holiday Inn Express & Suites-Edmond

3840 E 2nd. Street, Edmond OK 37034

405-844-3700

Fairfield Inn & Suites-Edmond

301 Meline Drive, Edmond OK 73034

405-341-4818

Hilton Garden Inn-Edmond

2833 Conference Drive, Edmond OK 73034

405-285-0900

**Friday April 11th, 2025
Evening Session
Order of Events**

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
1	10 & Under 50 Freestyle-Knockout Round	2
3	11-12 50 Freestyle	4
5	13-14 50 Freestyle	6
7	15-16 50 Freestyle	8
9	17 & Over 50 Freestyle	10
201	10 & Under 50 Freestyle-Elite 8	202
203	11-12 50 Freestyle-Elite 8	204
205	13-14 50 Freestyle-Elite 8	206
207	15-16 50 Freestyle-Elite 8	208
209	17 & Over 50 Freestyle-Elite 8	210
301	10 & Under 50 Freestyle-Final Four	302
303	11-12 50 Freestyle-Final 4	304
305	13-14 50 Freestyle-Final 4	306
307	15-16 50 Freestyle-Final 4	308
309	17 & Over 50 Freestyle-Final 4	310

**Saturday, April 12, 2025
AM Session 12 & Under**

<u>Event #</u>	<u>Event</u>	
401	10 & Under 50 Freestyle-Championship Final	402
403	11-12 50 Freestyle-Final	404
11	12 & Under 50 Back	
12	12 & Under 100 Fly	
13	12 & Under 200 Back	
14	12 & Under 100 Breast	
15	12 & Under 200 Free	
16	12 & Under 100 Back	
17	12 & Under 200 IM	
18	12&Under 200 Fly	
19	12 & Under 50 Fly	
20	12 & Under 50 Breast	
21	12 & Under 200 Breast	
22	12 & Under 100 Free	

Saturday, April 12, 2025

PM Session 13 & Over

<u>Event #</u>	<u>Event</u>	
405	13-14 50 Freestyle-Final	406
407	15-16 50 Freestyle-Final	408
409	17 & Over 50 Freestyle-Final	410
23	13 & Over 50 Back	
24	13 & Over 100 Fly	
25	13 & Over 200 IM	
26	13 & Over 200 Back	
27	13 & Over 100 Breast	
28	13 & Over 200 Free	
29	13 & Over 100 Back	
30	13 & Over 200 Fly	
31	13 & Over 50 Fly	
32	13 & Over 50 Breast	
33	13 & Over 200 Breast	
34	13 & Over 100 Free	