

2025 Out West Invitational
Hosted By: Bison Aquatic Club

September 27th, 2025

OKS Sanction #:OK-250214

To be held under the sanction of USA-Swimming and Oklahoma Swimming, Inc.

Host: Bison Aquatic Club (BAC-OK)

Location: Linda Wigginton Aquatic Center

121 N. Park Lane.

Altus, OK. 73521

Meet Director: Kara Riley (m) 405-414-4357 (e) bisonswimming@gmail.com	Meet Referee: Cody Timmons (m) 806-236-2219 (e) jacotimmons@yahoo.com	Meet Admin Official: Terrie Jones (m) 405-551-1782 (e) terriej1@att.net
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Facilities: The Linda Wigginton Aquatic Center's competition pool is a 25 Meter, 6 lane pool with non-turbulent lane lines and controlled temperatures. Colorado Timing System, scoreboard, and spectator seating. At this meet, swimmers will stage outside near the start end of the pool in the adjacent deck area of the facility's outdoor pool. USA-S Rule 202/4 10.g. The depth of the competition pool when measured for a distance of 3 feet 3.5 inches (1meter) to 15 feet 5 inches (5meters) at the start wall is 9.5 feet. At the turn end, the depth when measured for a distance of 3 feet 3.5 inches (1meter) to 15 feet 5 inches (5meters) at the wall is 3.8 feet. This course has been certified in accordance with USA-S Rule 104.2.2C(4).

Meet Format: This is a short course Meters meet with all events being timed final format. Distances of 400 meters and shorter will be offered. This is a one day, two session meet. Athletes age 12 years and younger, will compete in the am, while athletes age 13 years and older, will compete in the pm. This format is designed to limit the time of competition to four (4) hours for athletes age 12 years and younger. If the session report timeline indicates that the 4-hour limit will be exceeded, the Meet Director will make necessary revisions in order to meet this requirement.

Session 1 - Saturday Morning: 12yrs and younger

Session 2 - Saturday Afternoon: 13yrs and older

Eligibility:

*Due to facility size, this meet is open to invited athletes only. Invited athletes will include those who compete unattached and reside in southwest Oklahoma or northwest Texas, as well as athletes who swim for the following clubs; Bison Aquatic Club (BAC-OK), Wichita Falls (WEST-NT), Amarillo Swim Team (AMA-WT), Canyon Swim Team (CST-WT), and Vortex (VORT-OK). If interested in attending this meet, please contact the Meet Director. If space and timeline allow, more teams may be added to this meet.

*All competing athletes must be member athletes in good standing with USA-S. On site registration with USA-Swimming will not be available at this meet.

*Age will be determined by age of the athlete on the first day of the meet (Sept. 27, 2025).

*Meet Director will initiate a registration recon report to the OKS Registration Chair prior to the meet. The Meet Director will notify the attending clubs or unattached athletes of any registration errors. Any registration error must be corrected or reconciled before the start of the first session in which said athlete(s) are entered to swim, or the athlete(s) will not be allowed to compete.

*All competing athletes must be certified by a USA-S member-coach as being proficient in performing a racing start or must start each race from within the water without the use of any backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement.

MAAPP 3.0: Pursuant to USA-S Rule 202/4/11.M "All applicable adults participating or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP 3.0), and they understand that compliance with the MAAPP3.0 policy is a condition of participation in the conduct of this competition. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 3.0 will govern this meet. If any adult is swimming, they must complete the USA Swimming Athlete Prevention course.

Medical Supervision: This facility offers onsite AED, lifeguards, and a standard First Aid Kit. EMT's and first responders are available via 911 as needed though not stationed at the facility.

Deck Access: The deck area and facility at this meet will be divided with parents and spectators accessing the spectator bleachers and one side of the pool deck, lobby and restrooms, while athletes are staged just outside the pool room accessing the other side of the pool and locker rooms through a side door. Areas not specifically marked for spectator access will be limited to athletes, coaches and officials who MUST display their current USA Swimming coach credentials when checking in prior to the meet. Certification requirements will be enforced on deck and any parent or non-swimmer not involved in the running of the meet are requested to remain in the designated spectator area. USA-S Rules of Conduct will be enforced.

Code of Conduct: Any individual who exhibits behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of the respective team's parents. The Code of Conduct for USA Swimming as outlined in Article 304.2.and 304.3 will be enforced at the meet. USA-S rule 202.4.11.H states the "(use) of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. **Deck Changing is Prohibited.**

Liability: In granting this sanction, pursuant to USA-S Rule 202.4.10(L) it is understood and agreed that USA Swimming shall be free from liability from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. In addition, it is understood and agreed that Oklahoma Swimming Inc., all officials, **Bison Aquatic Club**, the Linda Wigginton Aquatic Center, US Race Performance Training (USRPT) and the City of Altus shall be free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proven, will cause the

offending swimmer or swimmers, if unattached or the offending swimmer's club, if attached to be accountable for repairs.

Disabilities: Bison Aquatic Club welcomes athletes with disabilities. Please alert the Meet Director to any accommodation that may be required at the entry deadline.

Entry Limits: 4 Individual Events per athlete 150 total athletes per session.

In case of a total athlete cap limit at the entry deadline, priority will be given to the host team's entries and all others will be accepted in the order in which they are received. In such case, the Meet Director will work with teams to make adjustments to their entries or adjustments to the overall number allowed.

Entry Deadline: Wednesday September 17th at 6pm

Deck Entry will be allowed when open pre-seeded lanes are available and at the discretion of the Meet Director and Meet Referee. Deck entry will require proof of USA-S membership on site prior to entry. *Deck Entry will close 45 minutes prior to the start of each session.*

Send To: bisonswimming@gmail.com

Entry Fees: Standard Entry (up to four events) - \$52 Deck Entry (new swimmer to meet) - \$75 Deck Entry (In meet-Adding Event Only) - \$5	<i>-Oklahoma Swimming Inc. to receive \$2 per splash from entry fees. -After entry deadline, entries are final and refunds will not be issued regardless of reason or whether the athlete competes or not.</i>
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Entry Forms: All entries should be submitted via electronic format. Files compatible with Hy-Tek Meet Manager e.g. CL.2, sd3, hyv format is the preferred procedure. Any handwritten or printed entries must indicate the swimmer's name, sex, age, USAS#, event# and time for each event. All Entry files must include the entry chair's name, phone number and email contact information for whom to send the meet information updates and warm up assignments. Each entry file will be followed up with an entry report from the Meet Director. This report is for your review and confirmation of the entries received for the meet. If within 24 hours, there has been no response, the entry report furnished by BAC will be automatically incorporated in the meet format as is.

Important: *Any athlete whose entries are not submitted via electronic format, which will require "hand entry" into the meet, will be charged \$30 in addition to the other printed meet entry fees. These and all entry fees are non refundable and are due whether the athlete competes or not.*

SEND ENTRIES TO: Kara Riley bisonswimming@gmail.com	SEND PAYMENT TO: USRPT 820 W. Danforth Rd. A50 Edmond, OK 73003
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Each team should submit one check for all entry fees payable to USRPT. No individual checks will be accepted. Entry fees must be received prior to the start of the meet. No mail requiring signature confirmation for delivery will be accepted.

Seeding and Scratches:

- Events of 200 meters and shorter will be pre-seeded after the entry deadline.
- All events will be seeded fastest to slowest.
- The 400 freestyle and 400 individual medley events will be positive check-in events and will be seeded once the check-in deadline has passed.
- Positive Check-In and Deck Entry deadline is 45 minutes prior to each session's start time.
- Corrections or scratches may impact the actual heat and lane assignments.

Warm Up Procedures: Oklahoma Swimming warm-up procedures will be enforced. Only swimmers entered in individual events in each session may participate in that session's warm up period. All swimmers must be under the direct supervision of a USA swimming registered coach. Any swimmer entered in the meet must be certified by a USA-Swimming member-coach as being proficient in performing a racing start or must start each race from within the water, without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.4.10D)

Warm Up Guidelines: Pre-Meet and General Warm Up Sessions

- *Control/Supervise Key words for safe warm ups
- *A designated supervisor shall be on deck during the entire warm up period.
- *Marshall's should be actively supervising the warm ups to ensure proper procedures are followed.
- *Swimmers shall enter the water feet first except for starts which are limited to specified lanes.
- *In facilities that have a war-up/warm-down area different from competition pool, meet management shall provide supervision pursuant to the rules at all times.
- *No paddles, buoys or kick boards are allowed unless specified in the meet information document.
- *No dividing in lanes other than those designated for racing starts in unassigned warm up sessions.
- *Starting blocks should be marked to remind swimmers that they should not dive in lanes other than the designated lanes.
- *The meet announcer may announce lane changes and/or warm up changes as per general and specific.
- *Coaches should understand the responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
- *Marshall's have the authority through the Meet Director/Meet Referee over warm-up.
- *A swimmer and/or coach may be removed from the deck for interfering with the Marshall.

*A team in control of their own lane may practice one way racing starts during their assigned warm up period.

*When the number of participants for a meet session cannot be safely accommodated during the same warm up period, warm up session should be split to provide a safe and adequate warm up for all.

*The Meet Referee shall have the responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.

*There shall be at least one Marshall at each end of the warm up area to ensure the warm up procedure will be followed.

*Warm Up procedures shall be enforced for any breaks scheduled during the competition.

*For warm up guidelines at meets with sessions that have unassigned lanes please refer to the OKS Warm Up Guideline Document.

Starts and Sprints: Starts and sprints will be conducted at the times as referenced. Starts and sprints will be permitted in all warm up lanes. Please refer to the information regarding starts and sprints listed below. During sprints, swimmers will start from the starting blocks exit at the bulkhead and walk back to the start area. Warm Up information will be posted at the Clerk of Course area. A team in control of their own lane may practice one way racing starts during their assigned warm up period.

Session Schedule:

Day/Session	Warm Up 1	Warm Up 2	Sprints	Meet Start Time
Saturday AM	10:00am	10:25am	10:45am	11:00am
Saturday PM	3:00pm	3:25pm	3:45pm	4:00pm

Note: These times are not final and are subject to change at the discretion of the Meet Director. It will be our intention to adjust the afternoon warm up time to 1 hour earlier depending on the morning session timeline. An email will be sent to all attending coaches for approval once the session timeline is available. Any changes to this schedule along with the assignments for warm up lanes (if necessary) will be emailed to teams no later than Wednesday September 24, 2025.

Rules: Rules contained in the most current USA-S rules and regulations shall govern the meet.

Scoring: This meet will not be scored.

Awards: This meet will not have ribbons

Final Results: Results to SWIMS file will be sent electronically to the OKS Swims Chair within 24 hours. OKS directs, the complete meet results will be provided to the attending clubs and unattached contacts as well as the OKS Reporting Group within 24 hours of completion of the meet. Compete results in publication format including splits will be given in the meet results. Results for IM, MM BKUP of the meet will be given to each attending club. All pre-meet and post meet reporting requirements to OKS are in effect for this meet.

Heat Sheets: Heat sheets will be available for purchase on site for \$5.00/each

Merchandise: There will not be merchandise or swim equipment available to purchase

Concessions: There will not be a concession available.

Hospitality: There will be a hospitality area available for officials and coaches working the meet.

Timers: Host facility will provide volunteer timers. If all positions are not filled, parents will be asked to fill these spots.

Safety: Activities in the pool area that may result in injury are prohibited. Event Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and during the meet, and are empowered by the safety rules of OKS to enforce the safety procedures. Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet. Access to the pool/deck area will be limited as previously described. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee. Use of audio or visual recording devices, including cell phones is not permitted in changing areas, rest rooms or locker rooms. ‘

Drone Use: Operation of a drone or any other flying apparatus is prohibited over the venue (pool athletes/coaches areas, spectator and open ceiling lockers rooms) any time athletes, coaches, officials, and/or spectators are present.

Officials: All officials and apprentice officials in good standing are welcome. An official's recon report will be run prior to the start of the meet. An application to officiate will be sent via email by the Meet Referee. This application is solely for planning purposes and to get a count on the number of officials in attendance. Walk-Ons are welcome. Briefings will be held one hour prior to the start of the meet. Meet attire is white shirt, blue pants, shorts or skirt and white athletic shoes.

AM Session		
Girls		Boys
Event #		Event #
1	12 & Under 50 Freestyle	2
3	12 & Under 50 Backstroke	4
5	12 & Under 100 Butterfly	6
7	12 & Under 200 Backstroke	8
9	12 & Under 100 Breaststroke	10
11	12 & Under 200 Freestyle	12
13	12 & Under 100 Backstroke	14
15	12 & Under 200 IM	16
17	12 & Under 200 Butterfly	18
19	12 & Under 50 Butterfly	20
21	12 & Under 50 Breaststroke	22
23	12 & Under 200 Breaststroke	24
25	12 & Under 100 Freestyle	26
101	200 12 & Under Freestyle Relay	102

Girls	PM Session	Boys
Event #		Event #
27	13 & Over 50 Freestyle	28
29	13 & Over 400 Free	30
31	13 & Over 50 Backstroke	32
33	13 & Over 100 Butterfly	34
35	13 & Over 200 Backstroke	36
37	13 & Over 100 Breaststroke	38
39	13 & Over 200 Freestyle	40
41	13 & Over 100 Backstroke	42
43	13 & Over 200 IM	44
45	13 & Over 200 Butterfly	46
47	13 & Over 400 IM	48
49	13 & Over 50 Butterfly	50
51	13 & Over 50 Breaststroke	52
53	13 & Over 200 Breaststroke	54
55	13 & Over 100 Freestyle	56

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**13 & Over 200 Freestyle
Relay**

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