

September Newsletter

Welcome to WAVE

Welcome to the Start of the Season

To our new members, welcome! And to our returning families, it's great to have you back!

This newsletter contains important and helpful information for all families—whether you're new or returning—so please read it carefully.



First Day:

*ALL POOLS ARE **CLOSED** TUESDAY, SEPTEMBER 30TH FOR TRUTH & RECONCILIATION DAY.

FIRST DAY OF PROGRAM:

- WAVE MD: Sept 29th from 4:30-5:30 @Meadowvale Pool
- WAVE Plus HP: October 1st from 6:00-7:00 @Huron park Pool
- WAVE TF: October 1st from 6:30-7:30 @Terry Fox Pool
- WAVE Plus CL: October 1st from 7:30-8:30 @Clarkson Pool
- WAVE HP: October 2nd from 5:30-6:30 Huron Park Pool
- WAVE FM (A): October 2nd from 6:15-7:15 @ BCC Pool
- WAVE FM (B): October 2nd from 7:15-8:15 @BCC Pool
- WAVE EM: October 4th from 7:00-8:00 AM @Erin Meadows Pool
- WAVE Weekend: October 4th from 5:30-6:30 @ Clarkson Pool



Important Information

PLEASE READ CAREFULLY:

Parent Orientation:

Information on the Mississauga Aquatic Club structure and programs will be discussed. Date to be confirmed.

Starts Practices:

We arrange "starts" practices for programs that do not have starting blocks. These are included as part of their total number of practices. These "Starts" practices will take place prior to swim meets.

Sign up for these sessions will be available closer to the date. It is strongly advised that all swimmers in these groups attend these sessions as there will be no make-up dates offered.

Uniform & equipment:

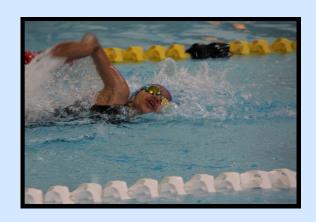
All swimmers will receive a MSSAC Swim Cap and T-shirt - these items are included as part of your registration fees. The cap will be handed out at the first practice by the lead coach. The t-shirt will be distributed later in October.

For WAVE swimmers, the MSSAC **T-shirt,** the MSSAC **swimsuit**, the MSSAC **backpack**, **mesh bag**, **fins**, **pull buoy** and **kick board** are mandatory pieces of team equipment. Swimmers in WAVE / WAVE Plus groups must order the MSSAC Custom Swimsuit and wear it to all practices and meets.

Custom Team Wear is now posted on the MSSAC Portal with Ontario Swim Hub! Follow this: https://ontarioswimhub.com

Click on the TEAMS dropdown menu. Click on Mississauga Aquatic Club. The password is: MSSACTEAM

Place your order as soon as possible. If you do not receive it before your first practice, no worries you can wear whatever you have for the time being





First Day:

New WAVE Head Coach Brian Lindsay will be on deck with all WAVE coaches welcoming the swimmers.

Our new Program Director (Susanne Scamurra) or our new General Manager (Andrea Pittis) will be in the lobby welcoming parents and introducing the program.

Swim Meets:

This season WAVE swimmers have the opportunity to attend five meets.

- November 23rd Scarborough, ON*
- January 31st Etobicoke, ON*
- February 22nd Scarborough, ON*
- April 26th Brampton, ON*

These four meets are included in program fees

• <u>Championship Meet</u> – June 13th and 14th – Whitby, ON This meet will be an **additional** cost/fee for those attending.

Website:

Our website is a great resource for parents. In the WAVE tab you can find program information, the practice schedule, individual group calendars.

WAVE Contacts:

Program Director (Susanne Scamurra) for admin information waveprogramdirector@mississaugaswimming.com

WAVE Head Coach (Brian Lindsay) for practice information waveheadcoach@mississaugaswimming.com

WE LOOK FORWARD TO ANOTHER GREAT YEAR OF SWIMMING!